

# Lee Public Library

## Growing and Preserving Your Own Food Resources

The library has several titles in the adult and youth collections about growing and preserving your own food resources including:

### Vegetable, Fruit and Herb Gardening

<b>Title</b>	<b>Author</b>	<b>Call Number</b>
The 20-minute Gardener: New Hope for the Horticulturally Challenged	Thomas Christopher	635 CHR
100 Heirloom Tomatoes for the American Garden	Carolyn Male	635 MAL
All About Pruning	Charles Deaton	631.5 DEA
All New Square Foot Gardening: Grow More in Less Space!	Mel Bartholomew	635 BAR
American Horticultural Society Pruning and Training	Christopher Brickell	635.9 AME
The Apple Grower: A Guide for the Organic Orchardist	Michael Philips	634 PHI
The Backyard Berry Book	Stella Otto	634.7 OTT
The Backyard Orchardist Book	Stella Otto	634 OTT
The Berry Growers Companion	Barbara L. Bowling	634 BOW
The Big Book of Gardening Skills	Garden Way Publishing	635 GAR
Carrots Love Tomatoes	Louise Riotte	635 RIO
The Children's Kitchen Garden: A Book of Gardening, Cooking and Learning	Georgeanne Brennan	JUVE 372.3 BRE
Crockett's Victory Garden	James Underwood Crockett	635 CRO
The Essential Gardener	Derek Fell	635.9 FEL
Fresh Food from Small Spaces	R.J. Ruppenthal	635 RUP
Garden Herbs	DK Publishing	635 BOW
Garden Way's Joy of Gardening	Dick Raymond	635 RAY
Growing 101 Herbs that Heal	Tammi Hartung	635 HAR
Growing and Using Herbs Successfully	Betty E. M. Jacobs	635 JAC
The Harrowsmith Illustrated Book of Herbs	Patrick Lima	635.7 LIM
The Herb Garden	Malcolm Hillier	635 HIL
Herbal Remedy Garden	Dorie Byers	615 BYE
Herbs: Their Cultivation and Usage	John Hemphill	635 HEM
How to Grow more Vegetables ...	John Jeavons	635 JEA
Kidsgardening: A Kid's Guide to Messing Around in the Dirt	Kevin Raftery	JUVE 635 RAF
Lasagna Gardening	Patricia Lanza	635 LAN
The Moosewood Restaurant Kitchen Garden	David P. Hirsch	635 HIR
New Encyclopedia of Gardening Techniques	David Ellis	635 NEW
The New Gardener	Pippa Greenwood	635 GRE
The New Northern Gardener	Jennifer Bennett	635.0971 BEN
The Old-Fashioned Gardener	Nigel Colborn	635 COL
Organic Gardening: The Natural, No-Dig Way	Charles Dowding	635.0484 DOW
Rodale's Illustrated Encyclopedia of Herbs	Rodale Press	635 ROD
Roses Love Garlic	Louise Riotte	635 RIO
Sugar Snaps & Strawberries: Simple Solutions for Creating your Own Small-Space Edible Garden	Andrea Bellamy	635 BEL
Summer Vegetables	Time-Life	625 SUM
Thoughtful Gardening	Robin Lane Fox	635 LAN

The Truth about Organic Gardening	Jeff Gilman	635 GIL
Wisdom from a Shaker Garden	Kathleen Mahoney	635 MAH

## Canning and Preserving

Title	Author	Call Number
Clearly Delicious: An Illustrated Guide to Preserving, Pickling and Bottling	Elisabeth Lambert Ortiz	641.4 ORT
Keeping the Harvest: Preserving your Fruits, Vegetables and Herbs	Nancy Chioffi	641.4 CHI
Preserving with a Microwave: Bottling Fruits, Jams, Jellies, Pickles & Sauces	Isabel Webb	641.4 WEB
Root Cellaring	Mike Bubel	641.4 BUB

## Composting

Title	Author	Call Number
Home Composting: Turning Your Spoils to Soil	NH Governors Recycling Program	OV 631.8 HOM
Let it Rot! The Gardener's Guide to Composting	Stu Campbell	631.8 CAM
Secrets to Great Soil: Creating Healthy, Fertile Soil for your Garden and Lawn	Elizabeth Stell	635 STE
The Worm Book: the Complete Guide to Worms in your Garden	Loren Nancarrow	639 NAN

## Pest & Disease Control

Title	Author	Call Number
Controlling Pests and Diseases	Patricia S. Michalak	635.049 MIC
The Encyclopedia of Natural Insect and Disease Control	Roger B. Yepsen	635 ENC
The Organic Gardener's Handbook Of Natural Insect And Disease Control	Barbara Ellis , Editor	635.049 ORG
Pests and Diseases	Pippa Greenwood	635 GRE
Rodale's Color Handbook of Garden Insects	Anna Carr	635 CAR

## Animals & Livestock

Title	Author	Call Number
Barnyard in your Backyard	Edited by Gail Damerow	636 BAR
Beekeeping: A Practical Guide for the Novice Beekeeper	Werner Melzer	638 MEL
Beekeeping for Dummies	Howland Blackiston	638 BLA
Chicken Coops: 45 Building Plans for Housing your Flock	Judy Pangman	636.5 PAN
How to Build Animal Housing	Carol Ekarius	636.08 EKA
Poultry as a Hobby	Michael Baumeister	636.5 BAU
Small-Scale Livestock Farming	Carol Ekarius	636 EKA
Storey's Guide to Raising Cattle Beef	Heather Smith Thomas	636.2 THO
Storey's Guide to Raising Poultry	Leonard S. Mercia	636.5 MER
Storey's Guide to Raising Sheep	Carol Ekarius	636.3 SIM
Your Chickens: A Kid's Guide to Raising and Showing	Gail Damerow	JUVE 636.5 DAM

## Local Food Movement

<b>Title</b>	<b>Author</b>	<b>Call Number</b>
Animal, Vegetable, Miracle: A Year of Food Life	Barbara Kingsolver	641.0973 KIN
Coming Home to Eat: the Pleasures and Politics of Local Foods	Gary Nabhan	641 NAB
The Farm to Table Cookbook: The Art of Eating Locally	Ivy Manning	641.5 MAN
Holy Cows and Hog Heaven: The Food Buyer's Guide to Farm Friendly Food	Joel Salatin	641.3 SAL
In Defense of Food	Michael Pollan	613 POL
Just Food: Where Locavores Get It Wrong And How We Can Truly Eat Responsibly	James McWilliams	394.1 MCW
The Omnivore's Dilemma	Michael Pollan	394.1 POL
The Organic Food Shopper's Guide	Jeff Cox	641.4 COX
Plenty: Eating Locally on the 100-mile Diet	Alisa Smith	651.5 SMI
Seasons on Henry's Farm: A Year of Food and Life on a Sustainable Farm	Terra Brockman	635 BRO
The Town that Food Saved	Ben Hewitt	338.1 HEW
The Way We Eat: Why our Food Choices Matter	Peter Singer	178 SIN

## Cookbooks

<b>Title</b>	<b>Author</b>	<b>Call Number</b>
The Farm to Table Cookbook: The Art of Eating Locally	Ivy Manning	641.5 MAN
Fresh & Honest : Food From The Farms Of New England And The Kitchen Of Henrietta's Table	Peter Davis	641.5 DAV
The Garden-Fresh Vegetable Cookbook	Andrea Chesman	641.6 CHE
Homegrown Pure and Simple: Great Healthy Food from Garden to Table	Michel Nischan	641.5 NIS
Local Flavors: Cooking and Eating from America's Farmers' Markets	Deborah Madison	641.5973 MAD
The Moosewood Restaurant Kitchen Garden	David Hirsch	635 HIR
New Hampshire: From Farm to Kitchen	Helen Brody	641.59742 BRO
Pickles and Relishes: 150 Recipes from Apples to Zucchini	Andrea Chesman	641.46 CHE
Vegetable Harvest	Patricia Wells	641.6 WEL

## Other

<b>Title</b>	<b>Author</b>	<b>Call Number</b>
Country Life: A Handbook for Realists and Dreamers	Paul Heiney	630 HEI
The Encyclopedia of Country Living	Carla Emery	640 EME
Food Rules: An Eater's Manual	Michael Pollan	613.2 POL
Forgotten Household Crafts	John Seymour	640.9 SEY
The "Have-More" Plan	Edward North Robinson	630.1 ROB
Homesteading	Abigail Gehring (editor)	640 HOM
Lost Arts	Lynn Alley	630.6 ALL
You Can Farm	Joel Salatin	630 SAL

## **Magazines**

*Back Home: Your Hands-On Guide to Sustainable Living*

*Herb Companion*

*Horticulture*

*Mother Earth News*

*Organic Gardening*

*Vegetarian Times*

## **Websites:**

Alternative Farming Systems Information Center

[www.nal.usda.gov/afsic](http://www.nal.usda.gov/afsic)

American Pastured Poultry Producers Association

[www.apppa.org](http://www.apppa.org)

Backyard Chickens

[www.backyardchickens.com](http://www.backyardchickens.com)

Eat Wild

[www.eatwild.com](http://www.eatwild.com)

Northeast Organic Farming Association – NH Chapter

[www.nofanh.org](http://www.nofanh.org)

Seacoast Growers Association

[www.seacoastgrowers.org](http://www.seacoastgrowers.org)

Slow Food USA

[www.slowfoodusa.org](http://www.slowfoodusa.org)

Sustainable Agriculture Research and Education (SARE)

[www.sare.org](http://www.sare.org)

UNH Cooperative Extension

<http://extension.unh.edu/>

## **Other**

### **Lee Farmer's Market**

Thursdays 3-6

Held at the Old Lee Fire Station (Route 155, Mast Road)

Starts in early June and runs through Labor Day