

## RESOURCES FOR LEE HUMAN SERVICE APPLICANTS

### FOOD/NUTRITION

#### **Lee Congregational Church Food Pantry 659-2861**

17 Mast Road  
Lee, NH 03824

**Open the 1st and 3rd Monday of each month from 6 pm - 7 pm.** Also by "immediate need" appointment please call 659-2861.

#### **St. Thomas Moore Food Pantry 868-2666**

6 Madbury Road  
Durham, NH 03824

**Thursday 4:00 - 6:00 PM**

#### **St. Joseph's Church Food Pantry 742-4837**

150 Central Avenue  
Dover, NH 03820 (no refrigeration)

**Monday - Tuesday - Wednesday 9:00 AM - Noon**

#### **First Parish Church 742-5664**

218 Central Avenue 742-5655  
Dover, NH 03820

**Thursday 9:00 Am - Noon**

### FOOD STAMP PROGRAM

150 Wakefield Street, Suite 22, Rochester, NH Phone: 1-800-862-5300 or **332-9120**  
Provides an opportunity for low income persons and families to increase their purchasing power through the use of food stamps. For more information on the application process, call NH Div. of Human Services at above number.

### NH DEPT. OF HEALTH AND HUMAN SERVICES

150 Wakefield Street, Rochester, NH Phone: 332-9120 Open Mon - Fri 8 am - 4:30 pm

**Child Support Service and Division of Family Assistance:** Responsible for administering programs to provide financial and medical assistance to people in NH who are in need and meet eligibility requirements. Financial Assistance Programs: Old Age Assistance, Aid to Needy, Aid to the Blind, Aid to Permanently and Totally Disabled, Temporary Aid for Needy Families. Medical Assistance: Medicaid is designed to help persons with limited income obtain medical services.

### STRAFFORD COUNTY COMMUNITY ACTION-Administrative Office: 435-2500

**PROGRAMS: Low Income Home Energy Assistance** Provides income-eligible households with help in paying energy bills during the winter heating season. Payments may be made to gas, electric, oil, or wood vendors. **The Fuel Assistance Program** can also pay a portion of rent, if heat is included. Program eligibility and benefit level are determined by household income, family size, and fuel usage. **New Hampshire Electric Assistance Program** provides discounts on monthly electric bills to income eligible households in an effort to make electric bills more affordable. **Security Deposit Guarantee Loan Program** is to provide a guarantee fund for security deposits. **Self-Sufficiency Case Management Program** provides a Case Manager to work with low-income families to address key issues and provide supportive services to overcome barriers to self-sufficiency.

### HOMELESS

1. My Friend's Place 368 Washington St Dover NH 03820-3655 603-749-3017
2. Cross Roads House, Inc. 600 Lafayette Road Portsmouth, NH 03801 (603) 436-2218
3. A Safe Place, 6 Greenleaf Woods Unit 101 Portsmouth, NH 03801 (603) 436-4619