

7 Mast Road Lee, NH 03861

More info at: leetowncenter.org



TOWN OFFICES CLOSED MONDAY, FEBRUARY 17, 2020 IN OBSERVANCE OF PRESIDENTS' DAY

## FEBRUARY SELECT BOARD MEETINGS

Mondays Starting at 6:30 pm – Feb 24<sup>th</sup> <u>CLICK HERE</u> for FY21 Proposed Budget <u>CLICK HERE</u> for 2020 Ballot Questions

Meetings can now be seen on YOU Tube at CLICK HERE



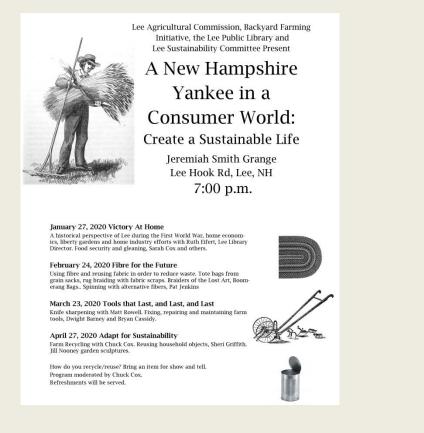
## TOWN CENTER VISION COMMITTEE PRESENTS PLANS FOR NEW MUNICIPAL BUILDING AND TOWN HALL RENOVATION

**CLICK HERE** for 2020 Deliberative Session Presentation

Go to leetowncenter.org for more information

## BACKYARD FARMING INITIATIVE NEXT PRESENTATION FEBRUARY 24<sup>TH</sup> 7PM AT THE GRANGE FIBRE FOR THE FUTURE By Pat Jenkins

Using fibre and reusing fabric in order to reduce waste. Tote bags from grain sacks, rug braiding with fabric scraps. Braiders of the Lost Art, Boom-erang Bags... Spinning with alternative fibers. Sponsored by the Lee Agricultural Commission, Backyard Farming Initiative, the Lee Public Library and the Lee Sustainability Committee.



The Town Elections will be held on Tuesday, March 10, 2020 at the Lee Public Safety Complex. Polling hours will be 7am-7pm. Below are the local positions that will be on the ballot.

Selectman – 3 year position – Scott Bugbee Town Clerk / Tax Collector – 3 year position – Linda Reinhold Moderator – 2 year position – Don Quigley Supervisor of the Checklist – 6 year position – Bambi Miller Trustee of the Trust Funds – 3 year position – John Tappan Library Trustees – 3 year position – Deborah Schanda 3 year position – Open Cemetery Trustees – 3 yr position – Donna Eisenhard Advisory Budget Committee – 3 year position – Patrick Hotaling 3 year position – Cord Blomquist





## **One Bin at a Time – What's Left?** Talking trash with Jen Messeder, LSC member

Okay, that's the Transfer Station. I'm recycling, composting and Swap Shopping everything I can and I've gone from tossing one 13 gallon "landfill" bag every week to one bag every other week – a 50% reduction! Not bad. Now what?

Let's play "What's in Your Trash Can?" Here are some questions I've asked myself each time I was ready to reduce my non-recyclable trash some more.

#### Is there a less-wasteful or re-useable option?

My biggest trash bag filler was facial tissue. I opted to use TP instead (toss it into the toilet and it goes out the next time someone flushes). Maybe someday I'll switch to cloth handkerchiefs. Maybe I'll even make my own from worn-out flannel sheets (bonus waste reduction!).

#### Is there an option that has less non-recyclable packaging?

Produce is an example. I try to focus on items I can buy loose so I can use my re-useable produce bags. When I need to use a plastic produce bag, I wash and reuse it.

#### Is it something I can make or grow myself?

This takes a bit more investment of time. So far, I've developed a pretty good homemade hummus recipe and made a habit of picking blueberries from the bushes in our woods. I also follow a few "Zero Waste" groups on Facebook, where folks are happy to share their DIY tips.

#### Is this item a need or a want?

We started this series with the old adage, "waste not, want not." In this saying, the word "want" is not used in the sense of "I want pizza tonight," but more in the sense of, "I'll want for nothing" or "the freedom from want." It's used more in the sense of "need." Waste not, want not. If I don't waste what I have, I'll have all I need. But what is a need vs a want?

My own working definition of a "need" is "something required to maintain life, health or safety." Anything that's not a need is a want. It can be trickier than it sounds. Nutritious food as a whole is a need, but any specific food by itself is not. I need to eat, but I don't NEED to eat store-bought baked goods, for example. When a mere want is contributing a lot to my trash (like those baked goods do), I have a heart-to-heart with myself, which leads me to this last question...

#### How do I feel about reducing - or even eliminating - that item?

Habits are hard to change, but when I decide I'm ready, I take the baby steps needed to change to something better.

For example, as I reduced my non-recyclable plastic packaging, I found I was eating less meat (which often comes in non-recyclable plastic packaging). I'm also eating less ice cream and other treats. I doubt I'll ever be a vegetarian or completely give up treats, but reducing these items (among others) has me down to one 13 gallon bag ... wait for it ... every eight weeks!

There's more work to do, but I remind myself that this is a journey and am patient with myself.

Refuse • Reduce • Reuse • Repair • Repurpose • Recycle • Rot • Lee NH Sustainability Committee • Low Carbon Diet - Seacoast NH • "Zero Waste" groups

## FOOD WASTE COMPOSTING PROGRAM IS A SUCCESS! BE PART OF THE PROGRESS AND HELP THE TOWN SAVE MONEY ON MSW!

Interested residents should e-mail the Public Works Manager Steve Bullek at <u>sbullek@leenh.org</u>, call him at 603-659-6515 or sign up at the Transfer Station. <u>CLICK HERE</u> for Flyer! The Town will provide special compostable bags to bring the food waste to the Transfer Station.

# LEE FIRE & RESCUE DEPARTMENT



Scott M. Nemet

Fire Chief

20 George Bennett Road Lee, New Hampshire 03861 (P): 603.659.5411 (F): 603.659.9611



Jeffery S. Liporto Deputy Chief



# LEE FIRE RESCUE DEPARTMENT SEEKING CALL FIREFIGHTERS AND EMTS

**<u>CLICK HERE</u>** for more information

**<u>CLICK HERE</u>** for the January Safety Educator

**<u>CLICK HERE</u>** for the January ONE STOP Educator

## **BACKYARD BURNING QUICK GUIDE**

**DIVISION OF FORESTS AND LANDS FIRE PERMIT BROCHURE** 

Please <u>CLICK HERE</u> for the Fire Department Fee Schedule

Please CLICK HERE for the Permitting Checklist and Reference Guide

# BURN PERMIT CLICK HERE FOR NH BURN PERMIT RULES AND REGULATONS

## WHEN SECONDS COUNT...



Can the Police, Fire, or Ambulance find your home when you need them for assistance with an emergency? Can they find it at night? Can they find it during a snowstorm?

Having your name and number on a mailbox is just not enough. Some mailboxes are clustered together. The numbers are small and the location may not mark the entrance to your driveway.

The Lee Firemen's Association, in a joint effort with the Lee Fire Department, has a program to install reflective house number signs at driveway entrances to assist all

emergency responders in locating your home in a time of need. The cost for each sign with a post is \$30.00 and it will be installed by the Lee Firemen's Association.

**Please take the time NOW to SAVE TIME in an EMERGENCY. CLICK HERE** for Reflective House Number Sign Request form.

## **McGregor EMS Volunteers Needed**

McGregor EMS is currently seeking both Medical and Non-Medical Volunteers. Those interested may email <u>membership@mcgregorems.org</u>. To learn more about this great service <u>CLICK HERE</u>!



**READY RIDES** offer free rides to medical appointments for residents 55+ and those who are disabled and unable to drive. They serve Lee, Barrington, Durham, Madbury, Newmarket, Northwood, Nottingham and Strafford. Please call Meri Schmalz at 224-8719 or email info@readyrides.org with questions or go to https://readyrides.org/ for details. Volunteers from Lee are needed!

## WILKINSON FOOD PANTRY Lee Church Congregational, 17 Mast Rd

The food pantry is open to **any family** in the towns of Lee, Durham, Newmarket and Nottingham. The pantry is open the 1<sup>st</sup> & 3<sup>rd</sup> Monday of each month from 6 - 7:00 pm. If there is an emergency please call the Church office at 659-2861. All visits to the pantry are strictly confidential.

## LEE TOWN COMMITTEE AND COMMISSION VACANCIES

The Planning Board, Energy, and Sustainability Committees have immediate openings to be filled. If you are interested contact the Town Secretary Denise Duval at 603-659-5414 or email <u>dduval@leenh.org</u>. <u>CLICK HERE</u> for Application.







All levels welcome.



#### OYSTER RIVER COMMUNITY READ

For more details about this program and future events, go to <u>www.ORCread.org</u>.



## A NEW HAMPSHIRE YANKEE IN A CONSUMER WORLD – CREAT A SUSTAINABLE LIFE Monday, February 24<sup>th</sup> 7:00 pm Fiber for the Future

This program includes using fiber and reusing fabric in order to reduce waste, creating tote bags from grain sacks, rug braiding with fabric scraps, Braiders of the Lost Art, Boomerang Bags and spinning with alternative fibers presented by Pat Jenkins.

Sponsored by the Lee Agricultural Commission, Backyard Farming Initiative, the Lee Public Library and the Lee Sustainability Committee.

## **CHILDREN'S PROGRAMS**



FEBRUARY VACATION ENTERTAINMENT – THE TOE JAM PUPPET BAND Thursday, February 27<sup>th</sup> 10:30 am Durham Public Library Sponsored by the Friends of the Lee Library



STORY TIME Thursdays & Fridays 10:30 - 11:30am

These fun 45-60 minute programs include stories, songs, finger plays, flannel board and a craft. **Registration is not required.** This year we will be working our way through the alphabet (with a few breaks to celebrate the changing seasons).



Children will be introduced to a variety of authors and award-winning books. A snack, games and a craft will also be included. There will be NO Storytrekkers during school vacation week.



LEGO CLUB Thursday Afternoons 3:30 – 4:30 pm

This session ENDS Thursday, Feb. 20<sup>th</sup>. Please call 659-2626 to register your child for the next session of Lego Club which runs March 5<sup>th</sup> - April 23<sup>rd</sup>.

FRIDAY CRAFTING 2<sup>ND</sup> & 4<sup>TH</sup> Friday of the Month 3:30 – 4:30 pm

This fun time for crafting is geared toward YOUTH GRADE 3 AND UP. Please call 659-2626 to register as bus space is limited to 15.



SENSORY TIME 2<sup>ND</sup> & 4<sup>TH</sup> Wednesday of each month February 12<sup>th</sup> & 26<sup>th</sup> 12:15 – 1:15 pm

We will begin each session with a fun story and have 3-4 sensory bins or manipulatives available for the children to play in/with.



STEM STORY TIME Last Tuesday of each Month 1:00 – 2:00 pm

We will be offering a story time where we integrate stem activities.



#### FOSTER HOMES NEEDED IN STRAFFORD COUNTY

Foster children come from your town, your neighborhood, and your school. They are friends of your child, members of your church, and kids on your little league team. They are babies, toddlers, school-aged kids, and teenagers. They are brothers and sisters who need to stay together. Due to a situation beyond their control, they have to be displaced from their homes and put into a temporary home. They need support, guidance and love. They need a safe place to call home while their family works to put itself back together. Are you able to make a difference in a child's life? Are you able to open your home to a child from your community – enabling them to remain in a familiar school, with familiar friends?

There is a real need for foster homes in the Merrimack and Strafford County areas <u>for Children</u> <u>of all ages & sibling groups</u>. If you've ever thought about becoming a foster parent, now is the time to call. You decide what you can handle.

If you'd like to learn more about the foster care program, please contact Dawn Ghiorzi, Recruitment and Licensing Specialist, with Ascentria Care Alliance at 603-931-9582 or at dghiorzi@ascentria.org. For more information on how you may help foster children in the Lee community please call Sally Cedarholm at the Lee Church 603-659-2861 or email her at leechurchucc@comcast.net.

## NHDOT'S BUNKER CREEK BRIDGE REPLACEMENT PROJECT ON US ROUTE 4 WEEKLY TRAFFIC SCHEDULE

One lane alternating traffic schedule: Monday - Thursday – 7:00 AM – 3:00 PM Friday – 7:00 AM – 2:00 PM For project history or background information you can also visit the NHDOT's Webpage at https://www.nh.gov/dot/projects/durham16236/index.htm



## **<u>CLICK HERE</u>** FOR LAMPREY RIVER ADVISORY COMMITTEE WINTER NEWSLETTER

STRAFFORD COUNTY COMMISSIONERS PROPOSED 2020 BUDGET & NOTICES <u>CLICK HERE</u> FOR BUDGET <u>CLICK HERE</u> FOR HEARING NOTICES

#### **GOVERNOR & EXECUTIVE COUNCIL MEETING WEDNESDAY, FEB. 5, 2020**

CLICK HERE for the 2/5/2020 Minutes Next Governor & Executive Council Meeting Wednesday, February 19, 2020 10:00 a.m. at the State House in Concord, NH

## **OYSTER RIVER COOPERATIVE SCHOOL BOARD NEWS**

The annual Deliberative Session was held Tuesday, February 4. After a community supper and concert, voters had the opportunity to learn, ask questions, and potentially change the items that will be voted on again on March 10. No changes were made to the items for the proposed middle school building, 2020-2021 operating budget, or teachers' guild contract. All of these will be on the ballot for final votes at the March 10 local election.

Jesse Morrell was recognized as school district volunteer of the year for tireless support of many programs and particularly athletics! Thank you and congratulations, Jesse!

Instead of Candidates' Night (originally scheduled for Feb 18), school board candidates will record videos to be posted online before the March 10 election. You can suggest questions or topics to be addressed to the Superintendent: <u>jmorse@orcsd.org</u>.

A survey on middle school grading practices including competency-based grading is being developed in cooperation with the UNH Survey Center. We expect it to be conducted in mid/late March.

## **<u>CLICK HERE</u>** for Coronavirus Letter from Superintendent Morse

## If you are a Lee Resident in need of assistance with a Veteran's issue the Lee Memorial VFW Post 10676 may be able to help.

This post serves the communities of Lee, Durham, Madbury and Newmarket and has Service Officers who can help folks with just about any Veteran's related issue. At the State level they have a seat on the SVAC (State Veterans Advisory Committee) and are linked with tens of other non-profit Veterans organizations that provide a host of services. Please contact Andy Corrow, Commander, VFW Post 10676, at 603-397-9267 or <u>vfwpost10676@yahoo.com</u> for assistance.

## **NHES Operation VET Connect**

Operation VETS Connect is a challenge to connect those who served and those who are serving and their spouses to employment, training and services they need to return to employment or into training to assist them with obtaining employment. Additional goals are to build an employer's awareness of the benefits to hiring those who served along with the awareness for those who served of the skills they have or need to build on to return to employment.

Employers are asked to register for the challenge by completing the registration form on the website under Job Fairs. (<u>http://www.nhes.nh.gov/media/job-fairs/index.htm</u>) The information from their registration form will be entered into a spreadsheet by Operations staff and made available to the offices. The employer name, industry, and town/city will also be listed on the website weekly. ESRs and LVERs should verify that the employer is registered in JMS and if appropriate, contact the employer to advise of the services available to them, including RTW and OJT.

Veterans, those currently serving and their spouses are also asked to complete a registration form on the website under Job Fairs. (<u>http://www.nhes.nh.gov/media/job-fairs/index.htm</u>) Their information will be entered into a separate spreadsheet and distributed to the office nearest their homes. <u>CLICK HERE</u> for the Operation VET Connect Flyer

## **ATTENTION!**

## To receive the E-CRIER via email every week go to <u>www.leenh.org</u>, click on the <u>Subscribe</u> button under the Town Resource Center section & follow the directions to subscribe.

If you do not have the internet please come to Town Hall for a **printed copy** or go to the Library to view it there. If you cannot leave your home please call Town Secretay Denise Duval at 659-5414 to have it mailed!