

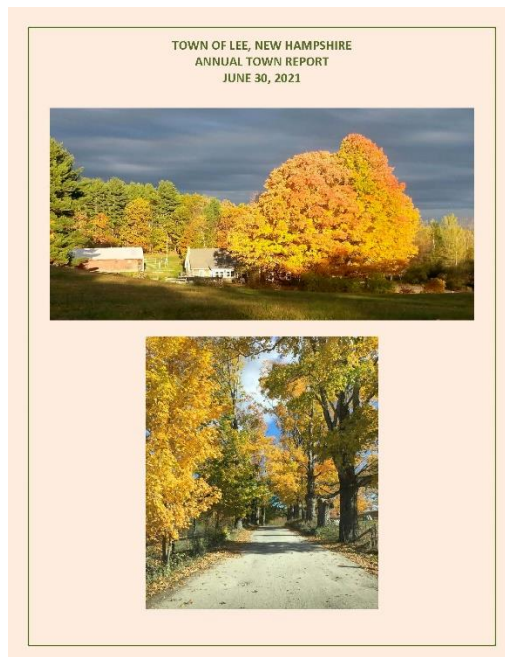
**TOWN OF LEE, NEW HAMPSHIRE
249 Calef Highway
Lee, New Hampshire 03861
(603) 659-5414**

**Lee News & Upcoming
Events
March 11, 2022**



2022 TOWN OF LEE ELECTION RESULTS - [CLICK HERE](#)

**DON'T FORGET TO MOVE THOSE CLOCKS AHEAD 1 HOUR
BEFORE GOING TO BED SATURDAY NIGHT!
DAYLIGHT SAVING TIME BEGINS SUNDAY, MARCH 13TH AT 2AM**



**[CLICK HERE](#) for Town of Lee 2021 Annual Report
Cover Photo by Denise Duval**

SELECT BOARD MEETINGS

March 21st Select Board Meeting 6:00pm
Public Safety Complex, 20 George Bennett Road
Subject to change, please check the website meeting calendar

Meetings can be seen on  at [CLICK HERE](#)

LEE TOWN COMMITTEE AND COMMISSION VACANCIES

Various Committees have openings that need filling! Such as a newly created IT Committee. If you are interested, contact the Assistant Town Administrator Denise Duval at 603-659-5414 or email dduval@leenh.org. [CLICK HERE](#) for Application.

ICE SKATING RINK AT TOWN FIELD

GUIDELINES WHEN USING NEW ICE RINK

1. DAWN TO 8pm
2. PARKING OUT FRONT, AT MAST WAY OR AT HWY DEPT
3. HOCKEY MAY BE PLAYED IF NO ONE ELSE IS SKATING
4. HOCKEY ONLY HOURS: SAT & SUN 8-10am WED 6-8pm

LEE HERITAGE COMMISSION 2022 CALENDARS ARE STILL AVAILABLE!

Calendars may be purchased in person at the Lee Library. They are \$10 each, payable by cash or check made out to the Town of Lee. If you would like to order copies online and have them shipped go to <https://www.ebay.com/itm/133965658009>.

STUMPOLOGY, PART 9

Regeneration: Stump-spouted Deciduous Trees

By Catherine Fisher

Take a walk in just about any New England woodland, and you'll find hardwood trees with multiple trunks. Some rise from a single trunk and then split into two or more stems about three or four feet up the trunk. Others have three or more trunks springing up from ground level. Some of these multiple-trunk trees are the result of injuries sustained early in the tree's life, perhaps by disease, browsing or insect damage, but many of the multi-stemmed trees found in our forests are stump sprouts, and they are most often evidence of past logging. Producing new stems from a stump is called "coppice regeneration" and it is a survival strategy that hardwoods use when confronted with catastrophic events such as severe weather, fire, and clear-cutting.



Coppiced shoots grow more than twice as fast as wood in an uncut tree. With mycorrhizal partners already present in the stump's mature root system, the shoots are well supplied with water and stored nutrients, gaining height and diameter quickly. There's almost an urgency to the sprouts' rate of growth; the worst thing that could happen to a tree has happened - it has lost its crown and hence its ability to make food. If the roots are to continue to grow and store energy, they need leaves, and creating many shoots results in many leaves. In woodlands that have been leveled by natural events or human activities, this race to put out photosynthesizing structures has a transformative effect: sprout-ringed stumps rapidly create a brushy, successional habitat, which provides food and shelter to wildlife.

Stump sprouts can emerge from the stump's top (stool shoots), or its side (lateral sprouts), or its base (basal sprouts); in some cases shoots will arise from the stump's roots. The "septibirch" pictured here has seven stems that appear to have grown laterally from their stump. As they aged and their diameter increased, the stems gradually grew over their stump and joined together. Over time, some of the stems have become dominant, taking up more space and growing thicker and straighter. In an attempt to garner more light, the smaller, lankier stems are growing at more of an angle away from the base of the tree where the stump once stood.



The coppiced red maple pictured grows along one of the town forest trails and is an example of stems that grew as basal stump sprouts. A favorite destination for children walking the trails, this maple is affectionately known as "the jail tree" - its slender, coppiced stems have just enough space between them for a child to squeeze through and then be surrounded by wooden "bars".

With the exception of oak species, the ability to produce stump sprouts declines as a hardwood tree matures. Studies have shown that most hardwood trees under six inches in diameter easily produce stump sprouts, but there is a sharp drop off in sprout production in stumps of trees with a diameter of more than ten to twelve inches. The reasons for this have yet to be understood. Oaks, as noted, never seem to lose their stump-sprouting ability.



Some hardwood species are truly prolific stump-sprouters. One study recorded the number of sprouts produced on more than a thousand stumps of 19 different hardwood species that had been cut in five tree stands. The maximum and minimum number of sprouts per stump were recorded, and some of the results were impressive, with one beech producing 155 sprouts and a red maple sporting 128.

An excellent place to see stump sprouting in its infancy is along power line right of way corridors. To prevent trees, vines, and tall shrubs from growing into or falling on power lines, utility companies periodically trim and mow to maintain a low vegetation profile. This keeps the land beneath and along these corridors in a state of permanent early succession. Tree seeds fall in these corridors, grow to six or seven feet tall and then are cut when the corridor is mowed. These are trees that are coppiced and then coppiced again and again, sending up many new stems around the small trunk of each coppiced stem, resulting in very shrubby-looking trees. The gray birch pictured is one such tree that has been coppiced multiple times; the small, coppiced stumps are evident in the close-up photo. Another example of a twice-coppiced tree is found further along the power line trail where slender shoots spring up from a red oak that was cut down when the trail was created. In the picture, you can see the outline of the original stump on the left and the much smaller coppiced stumps on the lower left and on the right. The coppiced stumps are surrounded by 17 stump sprouts, several of which have been browsed by deer.



SWAP SHOP NEWS – WINTER 2021/2022

Hours: The Swap Shop will be closed on Tuesdays until April.
We will be open on Thursdays and Saturdays 8 am – 5 pm.

The Swap Shop is open, if the garage door is open. **Please do not drop off anything if the Swap Shop garage door is closed.**

The Swap Shop will close due to high winds, rain or snow; schools closing due to weather; temperatures below 10°F wind chill or if a volunteer is not available.

Bulky Items: Large bulky items are not accepted at the Swap Shop during the winter months.

Thank you for your understanding and we look forward to returning to normal hours in the spring when the weather improves.

LETTER TO THE EDITOR

March 1, 2022

To the Town of Lee:

Hello, I'm writing to say thanks so much to the Lee Public Library. As we approach the second anniversary of the pandemic, I am grateful to our library and the librarians who have diligently kept books, DVDs, books on tape, magazines and newspapers, children's programs, and artwork available to us.

In talking with the librarians, it's apparent that they've cleaned each book, magazine, etc., for the next person interested in borrowing. The amount of their extra care has resulted in our being comfortable continuing to visit the library throughout this time. The women who are managing the building and the ongoing variety of materials available to all of us have been cheerful, informative, helpful, and have responded to our many requests for television/movie series, certain titles, inter-library loans, while keeping us safe.

I've received phone calls letting me know when my request has become available. I've loved the decorations for holidays, the flowers that often can be found at the front desk, the interesting and happy material for the ongoing children's programs, and the general sense of offering our community the means to enjoy ourselves despite weather, politics, pandemic holdups, and supply chain issues.

We so appreciate not only being able to access new titles, but in doing so, finding optimism, consideration, and often laughter through the great staff. We take all of that home with us. Thank you!

Best wishes! Gratefully, John and Erika Hunter

Strafford County Farm Bureau Fundraiser Breakfast



Co-Sponsored by Lee & Durham Agricultural Commissions

9th Annual Farm Style Breakfast

Sunday, April 3rd, 2022

7:30am to 12:00pm

Jeremiah Smith Grange Hall, Lee, NH

Adults \$12 / Children 14 and under \$8

Purchase tickets at the door



**To benefit the SCFB "Youth in Agriculture Grant Program" and
other agricultural outreach initiatives**

For more information contact:

Ruth Scruton 781-5247 or Laura Gund 659-2044 or Erick Sawtelle 659-8106

RECENT COVID-RELATED INFORMATION

[NH COVID-19 WEBSITE](#)

NH DHHS

[COVID-19 PANDEMIC UPDATES](#)

WILKINSON FOOD PANTRY - Lee Church Congregational, 17 Mast Rd

The food pantry is open to any household in Lee, Durham, Madbury, Newmarket, and Nottingham. Delivery is through a walk-up window service to minimize contact during this time. The pantry is open the 1st & 3rd Monday of each month from **5:30pm - 7:00pm**. If you have an emergency need for food outside of the normal hours, please call the Church office at 659-2861 or email at leechurchucc@comcast.net. All visits to the pantry are strictly confidential.

COMMITTEE, COMMISSION & BOARD [MEETING CALENDAR](#)

[NEW LIBRARY WEBSITE](#)

READY RIDES

Ready Rides provides transportation at no charge for the elderly & disabled residents living in: **Barrington, Durham, Lee, Madury, Newfields, Newmarket, Northwood, Nottingham and Strafford** NH. Rides are provided by volunteer drivers using their own vehicles. **Accessible rides available.** To request information about registering as a rider or becoming a volunteer driver, please email info@readyrides.org or call (603) 244-8719. You can find an [Application](#) for riders and a [Volunteer Application](#) on this website. Email or mail it to Ready Rides P.O. Box 272 Northwood, NH 03261. For other transportation options available in the region, please visit ACT's [Community Transportation Directory](#).

WHEN SECONDS COUNT... Please take the time NOW to SAVE TIME in an EMERGENCY.



Can the Police, Fire, or Ambulance find your home when you need them for assistance with an emergency? Can they find it at night? Can they find it during a snowstorm?

Having your name and number on a mailbox is just not enough. The Lee Firemen's Association, in a joint effort with the Lee Fire Department, has a program to install reflective house number signs at driveway entrances to assist all emergency responders in locating your home in a time of need. The cost for each sign with a post is \$50.00 and it will be installed by the Lee Firemen's Association. [CLICK HERE](#) for Reflective House Number Sign Request Form

Lee Public Library

LIBRARY HOURS

Monday – Wednesday 11:00 am – 7:00 pm

Thursday & Friday 10:00 am – 5:00 pm

Saturday 9:00 am – 12:00 pm

FOR THE ADULTS

Lee Library Mask Update

As of March 10, 2022 the Lee Public Library no longer requires patrons to wear masks while in the building, although they continue to be recommended. Children and teens attending programming are still required to wear masks throughout the duration of the program. This will be reassessed at the end of March.

March 17th - Happy St. Patrick's Day from the Lee Public Library!

Book Donation Celebration!

Are you looking to do something special for someone important in your life? Then celebrate with a book! Buy a book, donate it to the Library and we will add a note of honor to the recipient of your special gift... they will be the first to check it out and your donation will remain in the library for years to come!

Adult Book Group- Meets on the 2nd Monday of the Month

March 14, 2022 6:00pm - Discussion: *The Book Woman of Troublesome Creek* by Kim Michelle Richardson

Knitters Meet Here

Wednesday, March 16, 10:00am – Knitters: Meet on the 1ST AND 3RD Wednesday morning of the month. Bring along your knitting and enjoy some friendly company. All skill levels invited, and there is instruction!



Wednesday, March 23rd – 2pm – 4pm – Open Adult Game Time!

Join us for board games, card games, chess, or bring a game of your choosing! No sign up necessary, just come on over!



Crafty Creations, Monthly Adult Crafting Group



Join us on the 4th Monday of every month (via zoom or in person) as we create wonderful decorations for your home or garden. Pick up your supply program kit from the library and tune in to zoom or come in to the library and create in person! Please call or email to sign up.

Upcoming Library Meetings

Tuesday April 5, 5:30pm – 6:30pm – **Library Friends Meeting**

Wednesday April 13, 5:30pm – 6:30pm – **Library Trustee Meeting**

[Digging into Native History in NH, Virtual Program with the Lee Historical Society](#)

Wednesday, April 6, 7:00pm – 8:00pm – Virtual Presentation by Robert Goodby “Digging into Native History in NH”: A monthly series of programs from the New Hampshire Humanities Council held on the 1st Wednesday of the month at 7pm through May 4, 2022. Sponsored by the Lee Public Library, the Lee Historical Society and the New Hampshire Humanities. Please call or email the library for your zoom link!

FOR THE CHILDREN

[Grab and Go crafts](#)

Make sure to like the *Lee Public Library (NH)* Facebook page to see our weekly updates, and watch for info on this month's grab and go crafts. The next kits will go out on March 15th.

[Preschool Story-Times](#)

Thursdays from 10:30am – 11:30am. Stop by for our traditional story time. We will read, sing, wiggle and craft.

[Sensory/Station Story time](#)

Fridays from 10:30am – 11:30am. This is our activity based program. We will listen to a story or two, get out our rhythm sticks/maracas/boomwhackers or scarves and then have fun with assorted stations including sensory, fine/gross motor, puzzles...

[March Themes:](#)

17th – **Springtime**

24th – **Trains**

31st – **Laughing**

[Afterschool Offerings – Tuesday & Thursday](#)

Call the library at 603-659-2626 for information on registering for our next 8 week sessions.

[After School story time](#) - Tuesdays from bus drop off until 4:45.

[After School Craft Club](#) - Thursdays from bus drop off until 4:45.

[Middle School Book Club – Tuesday, March 22nd, 6pm](#)

Our middle school book club meets via ZOOM on the 4th Tuesday of each month from 6-6:45 pm. Contact the library at 603-659-2626 if you are in grades 5-8 and would like to join us. We have a supply of the books available at the Library.

[Middle School Legos, March 25th, 3:45pm – 4:45pm](#)

Join us on the 2nd and 4th Fridays of the month for this **NEW CLUB!** Participants can choose from several Lego challenges, or just create on their own. Call the library at 659-2626 for more information.

[Middle School Crafters, March 18th, 3:45pm – 4:45pm](#)

This fun group meets on the 1st and 3rd Friday of each month from 3:45 – 4:45pm. Our crafts supplies will include items and ideas to create winter dream catchers and gods eye wall art. Call the library at 603-659-2626 for more information.



Regional & State News & Events

**PITCH IN FOR
UKRAINE**

DOVER'S DONATIONS CAN HELP

DROP OFF AT THESE CITY OF DOVER LOCATIONS THROUGH MARCH 13:
CITY HALL, PUBLIC LIBRARY, ICE ARENA

WHAT'S NEEDED?

•BACKPACKS	•THERMAL BLANKETS	•MEDICAL GLOVES
•CRUTCHES AND CANES	•THERMAL CLOTHING	•MEDICAL SCISSORS
•DIAPERS	•WHEELCHAIRS	•MULTI-TRAUMA DRESSING
•FEMININE PADS	•ACETAMINOPHEN (TYLENOL)	•PEPTO BISMOL
•HYGIENE ITEMS AND KITS	•ANTISEPTICS	•TRAUMA KITS
•SANITARY PADS	•BANDAGES	•NEEDLE AND THREAD STORED IN ALCOHOL
•SLEEPING BAGS	•BED RAILS	•PLASTIC CLING WRAP, 2" WIDE ROLL
•SOLAR CHARGERS AND LAMPS	•IBUPROFEN	•PORTABLE VENTILATORS
•TENTS	•EYE WASH	•WHITE PETROLEUM JELLY



DONATIONS WILL BE COLLECTED AND DISTRIBUTED BY NUDAY (WWW.NUDAYSYRIA.ORG) AND ARE TAX DEDUCTIBLE.

City of Dover provides collection points for needed Ukraine supplies

The City of Dover is providing collection points for those seeking to donate supplies to displaced people in Ukraine. The donated items will be collected and shipped overseas by NuDay, a New Hampshire-based, non-profit organization. All donations are tax-deductible.

The drop locations are City Hall, Dover Public Library and Dover Ice Arena. Items will be collected through Sunday, March 13. The items will then be shipped overseas by NuDay. Monetary donations are also accepted online at www.nudaysyria.org or via mail at PO Box 4521, Windham, N.H. 03087. Information about the non-profit, including financial statements, is also available on the website.

According to NuDay, the items most in need now are food, diapers, hygiene items and emergency medical supplies, listed below. NuDay requests items to be new, unexpired and not glass. No glass items can be sent. NuDay also has a list of its most needed items on Amazon.com. The list is at <https://a.co/7TPKvHb>.

Food and nutrition items include:

- Baby milk and infant formula
- Granola and protein bars
- Protein drinks
- Canned tuna

Humanitarian items include:

- Backpacks,
- Crutches, canes
- Diapers
- Feminine pads
- Generators
- Hygiene items and kits
- Sanitary pads
- Sleeping bags
- Solar charges and lamps
- Tents
- Thermal blankets, Thermal clothing
- Wheelchairs

Medical supplies include:

- Pain relievers (acetaminophen, aspirin, ibuprofen)
- CPR masks
- Eyewash
- Antibiotic creams, ointments
- Antiseptic wipes
- Bandages, Gauze pads
- Beds for children with special needs
- Bed rails
- Bismuth subsalicylate (Pepto-Bismol)
- Emergency blanket
- Medical gloves
- Medical scissors
- Medical adhesive tape rolls
- First aid kits, Trauma kits
- Burn aid (water gel burn dressing)
- Butterfly strips
- Abdominal pad
- Caffeine pills
- Central venous catheter kits
- Elastic wrap / ACE Bandage (4 inches by 5 yards)
- Intravenous fluids (NaCl 0.9%, Lactated Ringer's solution)
- Gels, foams, hydrocolloids, alginates, hydrogels, polysaccharide pastes, sutures
- Hydrocortisone cream (1%)
- Intravenous catheters
- Laryngeal tube
- Loperamide (Imodium A-D)
- Nasopharyngeal airway
- Needle and thread stored in isopropyl alcohol
- Plastic cling wrap, 2-inch wide roll
- Plastic films
- Portable ventilators
- White petroleum jelly / Vaseline in small containers

UNH MACFARLANE RESEARCH GREENHOUSE OPEN HOUSE EVENT

Saturday, April 2nd 9am – 3pm

NH Agricultural Experiment Station, 13 Botanical Lane, Durham, NH

[CLICK HERE](#) for more information and to register for a tour

SCHOOL BOARD NEWS – MARCH 2, 2022

Board Members **Tom Newkirk** and **Al Howland** were recognized for 10 years of School Board service. This was their last meeting on the school board. School Board members, administrators, and community speakers commended the leadership and dedication to students, taxpayers, staff, and families and their roles in improving Oyster River Schools.

The new Oyster River Middle School building opened for classes on February 28th, on time and on budget, less than 2 years after approved by voters in March 2020. Staff have spent many extra hours preparing the new building and moving out of the old middle school building, and excitement among students and staff is high! A formal opening ceremony and ribbon cutting will be planned in August after the old building is removed and additional playing fields, parking lot, and landscaping are completed.

Based on recent changes in guidance from CDC, NH DHHS, and NH Department of Education, masks are now optional in all Oyster River school buildings and busses.

GOVERNOR & EXECUTIVE COUNCIL MEETING

Wednesday, March 9, 2022

[CLICK HERE](#) for the 3/9/2022 Minutes

Next Governor & Executive Council Meeting

Wednesday, March 23, 2022 10:00 am in Concord, NH



[CLICK HERE](#) for the Winter Lamprey River Wild & Scenic Newsletter

BEWARE OF SMISHING CAMPAIGN

Please [CLICK HERE](#) for the New Hampshire Information & Analysis Center (NHIAC) bulletin regarding a COVID-19 themed smishing campaign being distributed to NH citizens. Smishing is the fraudulent practice of sending text messages purporting to be from a reputable company in order to induce individuals to reveal personal information. If you receive a text message like this one, please delete it immediately. If you click on the link, you will be redirected to a fraudulent website that collects personal information



The Seacoast Village Project (a nonprofit)

Helping seniors age in their homes and community!

Educational Programs, Social Activities, Home Services, Resources, Friendships

Membership Information

<https://www.seacoastvillageproject.org/>

(603)-373-8429

Grief, Healing, and Resilience: A Structured Program of Support for Adults Who Have Lost Children/Grandchildren, Nieces/Nephews, Spouses/Partners, or Siblings

Mondays; April 4, 11th, 18th and 25th 5-6:30pm

Chapel, Community Church of Durham, NH

At some point, most humans suffer grief, often defined as the process by which someone experiences loss. But losing a child/grandchild, niece/nephew, spouse/partner, or a sibling is an especially devastating form of seismic trauma. While grieving is very specific—based on the individual griever, the nature of the loss, and the relationship with the one who has been lost—there are many common elements to the journey. These include an emotional roller coaster at times triggered by passing comments such as “Oh, you’ll get over it” or “You’ll have another child,” or “Don’t be in denial,” or “She’s in a better place.” This program of four 90-minute meetings is NOT clinical therapy, but it is designed to offer information and some tools for engaging with grief and healing. While spiritual in orientation, the program is non-sectarian and non-denominational. Discussion is most welcome, but no one need participate if not comfortable doing so.

Facilitator: Steve Hardy earned a graduate-level Grief Support Specialist Certificate from the University of Wisconsin in 2017. More important, he has personal experience in grief—shared with his wife Donna—through the loss of two sons. He retired in 2014 as Professor of Kinesiology and Affiliate Professor of History at the University of New Hampshire, where he won awards for teaching excellence. This is the third time he has offered the structured program. Since 2018, he has also facilitated informal grief support groups. And he has written blogs on resilience at: <https://onesummit.org/what-we-do/profiles-in-resilience/>

Enrollment: This program is for grieving adults who have lost a child/grandchild, niece/nephew, spouse/partner, or a sibling. BYO writing material— tablet (paper or digital), pencil, pen. There is no cost, but enrollment is limited to 20 people. For information or registration please contact Steve Hardy at: stephen.hardy@unh.edu or 603-781-7194.

Comments from past participants:

A spouse: “It is really hard to express one’s true feelings, but Steve made it comfortable to do. Some really helpful suggestions to help one get through the tough times.”

A parent: “The Grief Workshop provided me with information, insights and a safe and supportive environment to understand and deal with the grieving process. Steve’s knowledge, personal experience and caring created a healing circle for the participants.”

If you are a Lee Resident in need of assistance with a Veteran's issue the Lee Memorial VFW Post 10676 may be able to help.

This post serves the communities of Lee, Durham, Madbury and Newmarket and has Service Officers who can help folks with just about any Veteran's related issue. At the State level they have a seat on the SVAC (State Veterans Advisory Committee) and are linked with tens of other non-profit Veterans organizations that provide a host of services. Please contact **Scott Moreau**, Commander, VFW Post 10676, at vfwpost10676@yahoo.com for assistance.

ATTENTION!

To receive the E-CRIER via email every week go to www.leenh.org, click on the **Subscribe button under the Town Resource Center section & follow the directions to subscribe.**

If you do not have the internet please come to the Town Offices for a **printed copy** or go to the Library to view it there. If you cannot leave your home please call the Assistant Town Administrator Denise Duval at 659-5414 x301 to have it mailed!