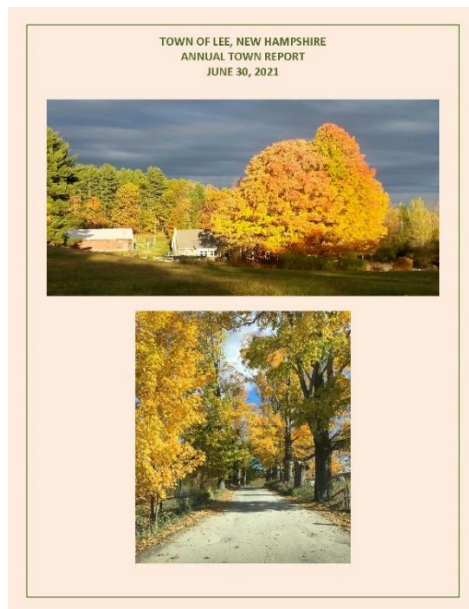


TOWN OF LEE, NEW HAMPSHIRE
249 Calef Highway
Lee, New Hampshire 03861
(603) 659-5414

Lee News & Upcoming
Events
March 18, 2022



[CLICK HERE](#) for Town of Lee 2021 Annual Report

SELECT BOARD MEETINGS

March 21st Select Board Meeting 6:00pm
Public Safety Complex, 20 George Bennett Road
Subject to change, please check the website meeting calendar

Meetings can be seen on **You Tube** at [CLICK HERE](#)

Strafford County Farm Bureau Fundraiser Breakfast



**Strafford County
Farm Bureau**

Co-Sponsored by Lee & Durham Agricultural Commissions

9th Annual Farm Style Breakfast

Sunday, April 3rd, 2022

7:30am to 12:00pm

Jeremiah Smith Grange Hall, Lee, NH

Adults \$12 / Children 14 and under \$8

Purchase tickets at the door



To benefit the SCFB "Youth in Agriculture Grant Program" and
other agricultural outreach initiatives

For more information contact:

Ruth Scruton 781-5247 or Laura Gund 659-2044 or Erick Sawtelle 659-8106



TOWN OF LEE EGG HUNT

LEE TOWN FIELD (next to Mast Way School)

SATURDAY, APRIL 16th 9:00am SHARP



PIC BY FRAZER ROBERTSON

TOWN FISHING DERBY

STEVENS FARM (28 TUTTLE ROAD)

SATURDAY, MAY 7th 9:00am – 12:00pm

FISH FRY TO FOLLOW AT THE TOWN FIELD (next to Mast Way School) UNTIL 2pm

THE FOREST CHISELER: PILEATED WOODPECKER EXCAVATIONS

By Catherine Fisher

Take a walk in any New England woodland, and you're likely to come across excavations made by pileated woodpeckers. Those pictured here were made sometime before January 29th's blizzard, and have been worked on ever since. The foraging holes, their square and rectangular shapes typical of the cavities made by pileated woodpeckers, cut deep into the hollow heart of this white pine, exposing the carpenter ant galleries hidden within. The larger excavation is an impressive 12 inches long, five inches wide and four and a half inches deep.

Studies indicate that pileated woodpeckers eat a diet that varies with the seasons. In the spring, wood-boring beetle larvae are favored; a wide variety of insects are consumed in summer; and fruit and mast are added to the diet in autumn. Throughout the year, but most especially in winter, carpenter ants are this species' preferred food.

Carpenter ants don't eat wood, nor do they cause the sort of inner decay exhibited in our white pine. They merely take advantage of the opportunity presented by a tree that has heart rot. The soft wood of an afflicted tree is easily cut by the workers' mandibles to create the galleries that house the colony, which may contain as many as 15,000 workers. Carpenter ants are omnivores, and their diet runs the gamut from fruits, flowers, honeydew produced by aphids, and invertebrates. In winter, the workers stop foraging and hibernate, protected by the insulating wood surrounding their galleries. Safely sealed within their tree, colony members pass the winter, living off the fat stored in their bodies. It takes a lot of work for a woodpecker to crack into a living pine, but uncovering thousands of sluggish, fat-filled ants more than compensates for the energy expended.

How does a woodpecker locate a colony hidden deep within a tree? It taps and listens. If the tree's wood is sound all the way through, tapping will not resonate; if the woodpecker doesn't hear that telltale, hollow sound, it will not expend the considerable energy required to crack into the trunk. If, however, tapping produces a nice, resonant, hollow sound, well, let the chiseling begin.

Contrary to methods used by cartoon woodpeckers, the pileated woodpecker doesn't use its beak to jackhammer excavations. Jack-hammering, or drumming, is reserved for the breeding season, and is used to attract a mate and to establish a territory. Instead, the pileated utilizes its strong beak, to make swift, glancing blows at the trunk to chip away bark and wood. The woodpecker uses its whole body to accomplish this task - pulling its long, powerful neck far back from the trunk, thus increasing the driving force of the blow; using its feet to pull and its stiff tail to brace itself against the trunk; and using its strong, chisel-shaped beak to produce sharp, quick, angled strikes. Long chips of bark and sapwood soon begin to pile up on the ground below. Finally the dark, rotten heartwood is uncovered and the colony is revealed. With its long, barbed, pointed tongue and sticky saliva, the woodpecker begins feasting on hundreds of ants.



The creation of a large excavation such as the one pictured likely took several days. Working an hour or two, the woodpecker will excavate a section of a colony and feed, then return later in the day, or on a subsequent day, working down from the lower edge of the excavation and enlarging it to reveal more ant galleries. If the colony is a large one, the woodpecker will forage on the same tree for days or weeks, moving up the trunk and opening up new access points. When ants are particularly bountiful, excavation holes may extend far up the trunk. The excavations are attractive to foraging downy and hairy woodpeckers, carolina wrens, nuthatches, brown creepers, chickadees and titmice.

Not all excavations are rectangular. Tree species such as sugar maple, cherry, cedar, and white pine have straight-grained wood, and when these species are excavated by a foraging pileated, the chips tend to be long and straight and the excavation itself tends to have square corners. Excavations into other tree species whose wood is less straight-grained, may result in more oval foraging holes. When excavating a nesting cavity, a chore shared by both the male and female, pileated woodpeckers produce an entrance that is an almost perfect oval - no matter what species of tree has been selected as the nesting site.



2022 TOWN OF LEE ELECTION RESULTS - [CLICK HERE](#)

LEE TOWN COMMITTEE AND COMMISSION VACANCIES

Various Committees have openings that need filling! Such as a newly created IT Committee. If you are interested, contact the Assistant Town Administrator Denise Duval at 603-659-5414 or email dduval@leenh.org. [CLICK HERE](#) for Application.

COMMITTEE, COMMISSION & BOARD [MEETING CALENDAR](#) [NEW LIBRARY WEBSITE](#)

LEE HERITAGE COMMISSION 2022 CALENDARS ARE STILL AVAILABLE!

Caleendars may be purchased in person at the Lee Library. They are \$10 each, payable by cash or check made out to the Town of Lee. If you would like to order copies online and have them shipped go to <https://www.ebay.com/itm/133965658009>.

SWAP SHOP NEWS – WINTER 2021/2022

Hours: The Swap Shop will be closed on Tuesdays until April.
We will be open on Thursdays and Saturdays 8 am – 5 pm.

The Swap Shop is open, if the garage door is open. **Please do not drop off anything if the Swap Shop garage door is closed.**

The Swap Shop will close due to high winds, rain or snow; schools closing due to weather; temperatures below 10°F wind chill or if a volunteer is not available.

Bulky Items: Large bulky items are not accepted at the Swap Shop during the winter months.

Thank you for your understanding and we look forward to returning to normal hours in the spring when the weather improves.

RECENT COVID-RELATED INFORMATION [NH COVID-19 WEBSITE](#)

NH DHHS [COVID-19 PANDEMIC UPDATES](#)

WILKINSON FOOD PANTRY - Lee Church Congregational, 17 Mast Rd

The food pantry is open to any household in Lee, Durham, Madbury, Newmarket, and Nottingham. Delivery is through a walk-up window service to minimize contact during this time. The pantry is open the 1st & 3rd Monday of each month from **5:30pm - 7:00pm**. If you have an emergency need for food outside of the normal hours, please call the Church office at 659-2861 or email at leechurchucc@comcast.net. All visits to the pantry are strictly confidential.

READY RIDES

Ready Rides provides transportation at no charge for the elderly & disabled residents living in: **Barrington, Durham, Lee, Madury, Newfields, Newmarket, Northwood, Nottingham and Strafford** NH. Rides are provided by volunteer drivers using their own vehicles. **Accessible rides available.** To request information about registering as a rider or becoming a volunteer driver, please email info@readyrides.org or call (603) 244-8719. You can find an [Application](#) for riders and a [Volunteer Application](#) on this website. Email or mail it to Ready Rides P.O. Box 272 Northwood, NH 03261. For other transportation options available in the region, please visit ACT's [Community Transportation Directory](#).

WHEN SECONDS COUNT... Please take the time NOW to SAVE TIME in an EMERGENCY.



Can the Police, Fire, or Ambulance find your home when you need them for assistance with an emergency? Can they find it at night? Can they find it during a snowstorm?

Having your name and number on a mailbox is just not enough. The Lee Firemen's Association, in a joint effort with the Lee Fire Department, has a program to install reflective house number signs at driveway entrances to assist all emergency responders in locating your home in a time of need. The cost for each sign with a post is \$50.00 and it will be installed by the Lee Firemen's Association. [CLICK HERE for Reflective House Number Sign Request Form](#)



LIBRARY HOURS

Monday – Wednesday 11:00 am – 7:00 pm

Thursday & Friday 10:00 am – 5:00 pm

Saturday 9:00 am – 12:00 pm

FOR THE ADULTS

Lee Library Mask Update

As of March 10, 2022 the Lee Public Library no longer requires patrons to wear masks while in the building, although they continue to be recommended. Children and teens attending programming are still required to wear masks throughout the duration of the program. This will be reassessed at the end of March.

Book Donation Celebration!

Are you looking to do something special for someone important in your life? Then celebrate with a book! Buy a book, donate it to the Library and we will add a note of honor to the recipient of your special gift... they will be the first to check it out and your donation will remain in the library for years to come!

Adult Book Group- Meets on the 2nd Monday of the Month

April 6, 2022 6:00pm - *Braiding Sweetgrass* by Kim Michelle Richardson. Stop by for your copy!

Knitters Meet Here

Wednesday, April 6th and 20th at 10:00am – Knitters: Meet on the 1ST AND 3RD Wednesday morning of the month. Bring along your knitting and enjoy some friendly company. All skill levels invited, and there is instruction!



Wednesday, March 23rd – 2pm – 4pm – Open Adult Game Time!

Join us for board games, card games, chess, or bring a game of your choosing! No sign up necessary, just come on over!



Crafty Creations, Monthly Adult Crafting Group – Monday, March 28th 6:00 pm



Join us on the 4th Monday of every month (via zoom or in person) as we create wonderful decorations for your home or garden. Pick up your supply program kit from the library and tune in to zoom or come in to the library and create in person! Please call or email to sign up.

Upcoming Library Meetings

Tuesday April 5, 5:30pm – 6:30pm – **Library Friends Meeting**

Wednesday April 13, 5:30pm – 6:30pm – **Library Trustee Meeting**

Digging into Native History in NH, Virtual Program with the Lee Historical Society

Wednesday, April 6, 7:00pm – 8:00pm – Virtual Presentation by Robert Goodby “Digging into Native History in NH”: A monthly series of programs from the New Hampshire Humanities Council held on the 1st Wednesday of the month at 7pm through May 4, 2022. Sponsored by the Lee Public Library, the Lee Historical Society and the New Hampshire Humanities. Please call or email the library for your zoom link!

FOR THE CHILDREN

Grab and Go crafts

Make sure to like the *Lee Public Library (NH)* Facebook page to see our weekly updates, and watch for info on this month's grab and go crafts. The next kits will go out on April 5th and 19th.

Preschool Story-Times

Thursdays from 10:30am – 11:30am. Stop by for our traditional story time. We will read, sing, wiggle and craft.

Sensory/Station Story time

Fridays from 10:30am – 11:30am. This is our activity based program. We will listen to a story or two, get out our rhythm sticks/maracas/boomwhackers or scarves and then have fun with assorted stations including sensory, fine/gross motor, puzzles...

March Themes:

24th – **Trains**

31st – **Laughing**

Afterschool Offerings – Tuesday & Thursday

Call the library at 603-659-2626 for information on registering for our next 8 week sessions.



After School story time - Tuesdays from bus drop off until 4:45.

After School Craft Club - Thursdays from bus drop off until 4:45.

Middle School Book Club – Tuesday, March 22nd, 6pm

Our middle school book club meets via ZOOM on the 4th Tuesday of each month from 6-6:45 pm. Contact the library at 603-659-2626 if you are in grades 5-8 and would like to join us. We have a supply of the books available at the Library.

Middle School Crafters, March 18th, 3:45pm – 4:45pm

This fun group meets on the 1st and 3rd Friday of each month from 3:45 – 4:45pm. Our crafts supplies will include items and ideas to create winter dream catchers and gods eye wall art. Call the library at 603-659-2626 for more information.

Turtles of NH: Joint programming with Lee, Durham & Madbury Libraries

Saturday April 2, 10:30am – Turtles of NH: Please take time to register for our April zoom program “Turtles of NH” which will be presented by Squam Lakes Science Center. **To register go to Durhampubliclibrary.org**

Monday April 4, 11, 18 & 25, 11:00am – 12:30pm – Making the American Civil War Come Alive, Homeschool group:

Homeschoolers aged 10 and up are invited to join. We will be using and making History Pockets to learn about the war, how it changed the landscape of our country and to bring an understanding of the inner workings of North vs South.

The group will meet at the Lee Public Library from 11-12:30 with a short snack break. There is **no cost** for the program. Each family will be required to print off a packet that will be emailed to them. Class size is limited to 12 students on a first come, first served basis. **Call Sheri to register, 603-842-9303!**



Regional & State News & Events

UNH MACFARLANE RESEARCH GREENHOUSE OPEN HOUSE EVENT

Saturday, April 2nd 9am – 3pm

NH Agricultural Experiment Station, 13 Botanical Lane, Durham, NH

[CLICK HERE](#) for more information and to register for a tour

CITY OF DOVER PROVIDES COLLECTION POINTS FOR NEEDED UKRAINE SUPPLIES

The City of Dover is providing collection points for those seeking to donate supplies to displaced people in Ukraine. The donated items will be collected and shipped overseas by NuDay, a New Hampshire-based, non-profit organization. All donations are tax-deductible.

The drop locations are City Hall, Dover Public Library and Dover Ice Arena. Items will be collected through Sunday, March 13. The items will then be shipped overseas by NuDay. Monetary donations are also accepted online at www.nudaysyria.org or via mail at PO Box 4521, Windham, N.H. 03087. Information about the non-profit, including financial statements, is also available on the website.

According to NuDay, the items most in need now are food, diapers, hygiene items and emergency medical supplies, listed below. NuDay requests items to be new, unexpired and not glass. No glass items can be sent. NuDay also has a list of its most needed items on Amazon.com. The list is at <https://a.co/7TPKvHb>.

PITCH IN FOR UKRAINE

DOVER'S DONATIONS CAN HELP

DROP OFF AT THESE CITY OF DOVER LOCATIONS THROUGH MARCH 13:

CITY HALL, PUBLIC LIBRARY, ICE ARENA

WHAT'S NEEDED?

- BACKPACKS
- CRUTCHES AND CANES
- DIAPERS
- FEMININE PADS
- HYGIENE ITEMS AND KITS
- SANITARY PADS
- SLEEPING BAGS
- SOLAR CHARGERS AND LAMPS
- TENTS

- THERMAL BLANKETS
- THERMAL CLOTHING
- WHEELCHAIRS
- ACETAMINOPHEN (TYLENOL)
- ANTISEPTICS
- BANDAGES
- BED RAILS
- IBUPROFEN
- EYE WASH

- MEDICAL GLOVES
- MEDICAL SCISSORS
- MULTI-TRAUMA DRESSING
- PEPTO BISMOL
- TRAUMA KITS
- NEEDLE AND THREAD STORED IN ALCOHOL
- PLASTIC CLING WRAP, 2" WIDE ROLL
- PORTABLE VENTILATORS
- WHITE PETROLEUM JELLY



DONATIONS WILL BE COLLECTED AND DISTRIBUTED BY NUDAY (WWW.NUDAYSYRIA.ORG) AND ARE TAX DEDUCTIBLE.

Food and nutrition items include:

- Baby milk and infant formula
- Granola and protein bars
- Protein drinks
- Canned tuna

Humanitarian items include:

- Backpacks,
- Crutches, canes
- Diapers
- Feminine pads
- Generators
- Hygiene items and kits
- Sanitary pads
- Sleeping bags
- Solar charges and lamps
- Tents
- Thermal blankets, Thermal clothing
- Wheelchairs

Medical supplies include:

- Pain relievers (acetaminophen, aspirin, ibuprofen)
- CPR masks
- Eyewash
- Antibiotic creams, ointments
- Antiseptic wipes
- Bandages, Gauze pads
- Beds for children with special needs
- Bed rails
- Bismuth subsalicylate (Pepto-Bismol)
- Emergency blanket

- Medical gloves
 - Medical scissors
 - Medical adhesive tape rolls
 - First aid kits, Trauma kits
 - Burn aid (water gel burn dressing)
 - Butterfly strips
 - Abdominal pad
 - Caffeine pills
 - Central venous catheter kits
 - Elastic wrap / ACE Bandage (4 inches by 5 yards)
 - Intravenous fluids (NaCl 0.9%, Lactated Ringer's solution)
 - Gels, foams, hydrocolloids, alginates, hydrogels, polysaccharide pastes, sutures
 - Hydrocortisone cream (1%)
 - Intravenous catheters
 - Laryngeal tube
 - Loperamide (Imodium A-D)
 - Nasopharyngeal airway
 - Needle and thread stored in isopropyl alcohol
 - Plastic cling wrap, 2-inch wide roll
 - Plastic films
 - Portable ventilators
 - White petroleum jelly / Vaseline in small containers
-

SCHOOL BOARD NEWS – MARCH 16, 2022

The Oyster River School Board welcomed new members Matthew Bacon and Heather Smith, elected to 3-year, at-large positions in the March 8, 2022 school district election. Voters also approved the school district operating budget for 2022-2023, contracts with ORESPA (custodians and office personnel) and ORPASS (paraeducators, school aids, school nutrition workers) unions, and adding to a reserve fund for eventual purchase of the ORMS solar array.

With the new Oyster River Middle School building open, planning is nearly complete for playground and fields to be installed this summer. Playground equipment will be on the backside of the school, basketball and foursquare area near the solar canopy, and the playing field in front of the school. Playground and field will be installed this summer. The hillside along Dennison will be regraded to provide spectator space for the field.

Removal of the old ORMS building will begin April 4 and is expected to be completed by the end of April. Bricks from the original 1935 building will be available for a donation to the middle school. Details are still being finalized.

The school board approved contracts for replacing air handlers at Moharimet School and for construction of new tennis courts where the current ORHS athletic field parking is. These projects are expected to be completed over the summer.

ORMS is sending THREE teams to the VEX Robotics world championships. ORHS indoor track athletes just returned from competing at the New Balance Nationals and seven ORMS students are headed to the New Hampshire State MathCounts competition. Congratulations and Go Bobcats!

GOVERNOR & EXECUTIVE COUNCIL MEETING

Wednesday, March 9, 2022

[CLICK HERE](#) for the 3/9/2022 Minutes

Next Governor & Executive Council Meeting

Wednesday, March 23, 2022 10:00 am in Concord, NH



[CLICK HERE](#) for the Winter Lamprey River Wild & Scenic Newsletter

Grief, Healing, and Resilience: A Structured Program of Support for Adults Who Have Lost Children/Grandchildren, Nieces/Nephews, Spouses/Partners, or Siblings

Mondays; April 4, 11th, 18th and 25th 5-6:30pm

Chapel, Community Church of Durham, NH

At some point, most humans suffer grief, often defined as the process by which someone experiences loss. But losing a child/grandchild, niece/nephew, spouse/partner, or a sibling is an especially devastating form of seismic trauma. While grieving is very specific—based on the individual griever, the nature of the loss, and the relationship with the one who has been lost—there are many common elements to the journey. These include an emotional roller coaster at times triggered by passing comments such as “Oh, you’ll get over it” or “You’ll have another child,” or “Don’t be in denial,” or “She’s in a better place.” This program of four 90-minute meetings is NOT clinical therapy, but it is designed to offer information and some tools for engaging with grief and healing. While spiritual in orientation, the program is non-sectarian and non-denominational. Discussion is most welcome, but no one need participate if not comfortable doing so.

Facilitator: Steve Hardy earned a graduate-level Grief Support Specialist Certificate from the University of Wisconsin in 2017. More important, he has personal experience in grief—shared with his wife Donna—through the loss of two sons. He retired in 2014 as Professor of Kinesiology and Affiliate Professor of History at the University of New Hampshire, where he won awards for teaching excellence. This is the third time he has offered the structured program. Since 2018, he has also facilitated informal grief support groups. And he has written blogs on resilience at: <https://onesummit.org/what-we-do/profiles-in-resilience/>

Enrollment: This program is for grieving adults who have lost a child/grandchild, niece/nephew, spouse/partner, or a sibling. BYO writing material—tablet (paper or digital), pencil, pen. There is no cost, but enrollment is limited to 20 people. For information or registration please contact Steve Hardy at: stephen.hardy@unh.edu or 603-781-7194.

Comments from past participants:

A spouse: “It is really hard to express one’s true feelings, but Steve made it comfortable to do. Some really helpful suggestions to help one get through the tough times.”

A parent: “The Grief Workshop provided me with information, insights and a safe and supportive environment to understand and deal with the grieving process. Steve’s knowledge, personal experience and caring created a healing circle for the participants.”

BEWARE OF SMISHING CAMPAIGN

Please [CLICK HERE](#) for the New Hampshire Information & Analysis Center (NHIAC) bulletin regarding a COVID-19 themed smishing campaign being distributed to NH citizens. Smishing is the fraudulent practice of sending text messages purporting to be from a reputable company in order to induce individuals to reveal personal information. If you receive a text message like this one, please delete it immediately. If you click on the link, you will be redirected to a fraudulent website that collects personal information



The Seacoast Village Project (a nonprofit)

Helping seniors age in their homes and community!

Educational Programs, Social Activities, Home Services, Resources, Friendships

Membership Information

<https://www.seacoastvillageproject.org/>

(603)-373-8429

If you are a Lee Resident in need of assistance with a Veteran's issue the Lee Memorial VFW Post 10676 may be able to help.

This post serves the communities of Lee, Durham, Madbury and Newmarket and has Service Officers who can help folks with just about any Veteran's related issue. At the State level they have a seat on the SVAC (State Veterans Advisory Committee) and are linked with tens of other non-profit Veterans organizations that provide a host of services. Please contact **Scott Moreau**, Commander, VFW Post 10676, at vfwpost10676@yahoo.com for assistance.

ATTENTION!

To receive the E-CRIER via email every week go to www.leenh.org, click on the Subscribe button under the Town Resource Center section & follow the directions to subscribe.

If you do not have the internet please come to the Town Offices for a **printed copy** or go to the Library to view it there. If you cannot leave your home please call the Assistant Town Administrator Denise Duval at 659-5414 x301 to have it mailed!