

TOWN OF LEE, NEW HAMPSHIRE  
249 Calef Highway  
Lee, New Hampshire 03861  
(603) 659-5414

Lee News & Upcoming  
Events  
March 25, 2022

## **Strafford County Farm Bureau Fundraiser Breakfast**



Co-Sponsored by Lee & Durham Agricultural Commissions

### **9<sup>th</sup> Annual Farm Style Breakfast**

*Sunday, April 3rd, 2022  
7:30am to 12:00pm  
Jeremiah Smith Grange Hall, Lee, NH  
Adults \$12 / Children 14 and under \$8  
Purchase tickets at the door*



To benefit the SCFB "Youth in Agriculture Grant Program" and  
other agricultural outreach initiatives

For more information contact:  
Ruth Scruton 781-5247 or Laura Gund 659-2044 or Erick Sawtelle 659-8106

### **Join Us Saturday, April 16<sup>th</sup> for our Annual Bunny Breakfast ~ Serving from 7:30-9 AM at Lee Church**



Menu: Pancakes, Ham, Fruit

Salad & Beverages. \$9/Adults ~ \$6/kids under 12 years ~ \$30/ Family of 4

Lee Church Youth Group/Service Trip participants will be hosting the event as  
a fundraiser for their July 2022 community & church youth service trips in  
Pennsylvania.

The Easter Bunny will be there for pictures.

Thank you for your support.

Town of Lee Egg Hunt begins promptly at 9 AM next door at Mast Way School.

Questions: Contact Lee Church Congregational [leechurchucc@comcast.net](mailto:leechurchucc@comcast.net) or  
603.659.2861 17 Mast Road, Lee



**TOWN OF LEE EGG HUNT**  
**LEE TOWN FIELD (next to Mast Way School)**  
**SATURDAY, APRIL 16<sup>th</sup> 9:00am SHARP**



PIC BY FRAZER ROBERTSON

**TOWN FISHING DERBY**  
**STEVENS FARM (28 TUTTLE ROAD)**  
**SATURDAY, MAY 7<sup>th</sup> 9:00am – 12:00pm**  
**FISH FRY TO FOLLOW AT STEVENS FIELD**  
**(next to the Public Safety Complex) UNTIL 2pm**

### **SELECT BOARD MEETINGS**

**April 4<sup>th</sup> & 18<sup>th</sup> Select Board Meeting 6:00pm**  
**Public Safety Complex, 20 George Bennett Road**  
**Subject to change, please check the website meeting calendar**

Meetings can be seen on **YouTube** at [CLICK HERE](#)

### **SPRING TRAIL WORK DAYS ANNOUNCED!**

The Trails Committee is planning two spring trail work days: April 30<sup>th</sup> at Maud Jones and Little River Park and May 14<sup>th</sup> in the Town Forest. Both work days will run from 10am - 1pm. Last year we had over 30 volunteers re-blazing and re-routing trails, clearing brush, and making trails more user friendly. This year we will spruce up the trails to make them ready for spring and summer users.

Mark the dates on your calendar! If you are interested in helping out with either work day, email Deb Sugerman, Chair of the Trails Committee at [debsugerman@gmail.com](mailto:debsugerman@gmail.com). Our motto is "Work hard and have fun!" - so join us for a great time!





## AWAKENINGS – TREE BARK’S TOUGH LITTLE ORGANISMS

By Catherine Fisher, Conservation Commission

Spring can arrive earlier in some habitats than in others, and tree bark, exposed to long periods of sunlight, is a place where some of the first dormant plants awaken and begin to photosynthesize. The bark of the yellow birch pictured is home to several species of lichens, a moss species and a liverwort species. All spent much of the winter dormant, waiting for the milder temperatures that change precipitation from water in the form of snow and ice, which they can't use, to rain, which they need in order to function.

A lichen is two organisms - a fungus and an alga or/and a cyanobacterium living in a mutually beneficial symbiotic relationship in which the alga or/and cyanobacterium photosynthesize sugars which are shared with the fungus; the fungus provides shelter, and its filaments shunt water and minerals to the alga.



Mosses and liverworts are bryophytes - non-vascular plants that lack tissues to transport water. A moss or a liverwort absorbs water (and minerals dissolved in water) directly through the surface of the plant. Mosses are well known and loved, but liverworts are less familiar. The ones growing on this yellow birch are a species of the genus *Frullania*, and resemble the branches of fan corals.

All these bark-dwellers are small, tough organisms. They have to be - life on the surface of a tree can be punishing. Organisms for whom a tree's bark is home are exposed to temperature extreme, drying winds, and the harsh rays of the sun. Yet the lichens, liverworts and mosses growing on this and countless other trees don't just survive, they thrive.

They can do so because they are poikilohydric - organisms whose water content is dependent upon the moisture of their environment. During wet weather, when rain streams down the tree trunk and drenches the bark, resident lichens, mosses and liverworts soak up the water. These wet



periods are boom times, when these poikilohydric organisms are able to carry out photosynthesis, grow, and reproduce. When water is unavailable due to drought or freezing winter weather, lichens, mosses and liverworts dry out completely and go dormant. During long, waterless periods they can appear almost dead, but with the return of wet weather they rehydrate and resume making sugars and growing. In her wonderful book *Gathering Moss*, Robin Wall Kimmerer writes about the wonder of this ability, and though the following passage describes mosses, her description holds true for all poikilohydric organisms: *"The process allows these beings to hover at the boundary between life and death, and is still a profound mystery that is continually played out in the mosses beneath our feet."*

The 2 close-up photos, taken on different days, are of the same location on the yellow birch. They show the organisms first in a dormant state and then rehydrated and photosynthesizing. The 1<sup>st</sup> photo, taken after a spell of freezing, sunny weather shows lichens, mosses and liverworts all dormant. Note the paleness of the dust lichen and the species of foliose lichen; the liverwort branches are thin and dark; and the leafy shoots of moss are dull olive and curled tight. The 2<sup>nd</sup> photo, taken on a mild, misting day shows these organisms rehydrated and transformed; the lichens a bright green, the tiny liverwort leaves swollen and ruddier, and the moss leaves open and feathery. Warmed on their sun-filled habitat and watered by recent rains, their growing season has begun.





## TREE IDENTIFICATION WALK AT LITTLE RIVER PARK

By Catherine Fisher, Conservation Commission

Last Saturday morning (March 19) fifteen hardy women braved a stormy last-day-of-winter to attend a Tree Identification walk at Little River Park sponsored by the UNH Cooperative Extension and the Lee Conservation Commission. Led by extension natural resource field specialists, Rebecca DiGirolomo and Wendy Scribner and Conservation Commission members Catherine Fisher and Anne Tappan, participants learned about some of the different native tree species growing in the park's varied habitats.

Hands-on learning was encouraged throughout the morning. With the rain coming down steadily, lessons began under the shelter of the pavilion. Using pine, fir, and spruce specimens on display at the pavilion, Wendy Scribner showed participants how to use needle characteristics - length, shape, color, and placement - as an aid in identifying these evergreen trees.



Though it rained for most of the morning, by the time the group had finished learning about conifers, things had tapered off enough to venture out and into the woods. All along the River Trail specimens of different deciduous species had been flagged. As an aid to identification, the participants learned about "the three B's" - branch placement, buds, and bark. Flagged examples of related trees, such as red and sugar maples, found growing adjacent to each other gave the tree ID group the opportunity to compare similarities and differences. Different tree species studied along the trail-included beech, hemlock and hickory as well as various species of ash, maple, birch, pine and oak. From time to time along the trail, "quiz trees" that had already been discussed were

flagged, giving the participants the opportunity to use what they'd learned to make the identification on their own.



Besides learning about how to recognize native trees, participants learned about some of the different habitats encountered along the trail, a paper birch study being conducted in the Mills Reserve adjacent to the park, and some of the work being done by the Conservation Commission to maintain the park's early succession habitat and to remove non-native invasive species.

Though the event was scheduled to end after two hours, and the rain never really let up, most of the participants opted to stay longer and explore the floodplain area of the trail. Throughout the morning this walk was remarkable for the participants' camaraderie, degree of interest, and sense of fun.

For more information about Women in the Woods, visit: [extension.unh.edu/womeninthewoods](http://extension.unh.edu/womeninthewoods).

## 2022 TOWN OF LEE ELECTION RESULTS - [CLICK HERE](#)

---

### LEE TOWN COMMITTEE AND COMMISSION VACANCIES

Various Committees have openings that need filling! Such as a newly created IT Committee. If you are interested, contact the Assistant Town Administrator Denise Duval at 603-659-5414 or email [dduval@leenh.org](mailto:dduval@leenh.org). [CLICK HERE](#) for Application.

---

### COMMITTEE, COMMISSION & BOARD [MEETING CALENDAR](#) [NEW LIBRARY WEBSITE](#)

---

### LEE HERITAGE COMMISSION 2022 CALENDARS ARE STILL AVAILABLE!

Caleendars may be purchased in person at the Lee Library. They are \$10 each, payable by cash or check made out to the Town of Lee. If you would like to order copies online and have them shipped go to <https://www.ebay.com/itm/133965658009>.

---

### SWAP SHOP NEWS – WINTER 2021/2022

**Hours:** The Swap Shop will be closed on Tuesdays until April.  
We will be open on Thursdays and Saturdays 8 am – 5 pm.

The Swap Shop is open, if the garage door is open. **Please do not drop off anything if the Swap Shop garage door is closed.**

The Swap Shop will close due to high winds, rain or snow; schools closing due to weather; temperatures below 10°F wind chill or if a volunteer is not available.

**Bulky Items:** Large bulky items are not accepted at the Swap Shop during the winter months.

*Thank you for your understanding and we look forward to returning to normal hours in the spring when the weather improves.*

---

### RECENT COVID-RELATED INFORMATION [NH COVID-19 WEBSITE](#)

### NH DHHS [COVID-19 PANDEMIC UPDATES](#)

---

### WILKINSON FOOD PANTRY - Lee Church Congregational, 17 Mast Rd

The food pantry is open to any household in Lee, Durham, Madbury, Newmarket, and Nottingham. Delivery is through a walk-up window service to minimize contact during this time. The pantry is open the 1<sup>st</sup> & 3<sup>rd</sup> Monday of each month from **5:30pm - 7:00pm**. If you have an emergency need for food outside of the normal hours, please call the Church office at 659-2861 or email at [leechurchucc@comcast.net](mailto:leechurchucc@comcast.net). All visits to the pantry are strictly confidential.

---

## READY RIDES

Ready Rides provides transportation at no charge for the elderly & disabled residents living in: **Barrington, Durham, Lee, Madury, Newfields, Newmarket, Northwood, Nottingham and Strafford** NH. Rides are provided by volunteer drivers using their own vehicles. **Accessible rides available.** To request information about registering as a rider or becoming a volunteer driver, please email [info@readyrides.org](mailto:info@readyrides.org) or call (603) 244-8719. You can find an [Application](#) for riders and a [Volunteer Application](#) on this website. Email or mail it to Ready Rides P.O. Box 272 Northwood, NH 03261. For other transportation options available in the region, please visit ACT's [Community Transportation Directory](#).

---

**WHEN SECONDS COUNT... Please take the time NOW to SAVE TIME in an EMERGENCY.**



Can the Police, Fire, or Ambulance find your home when you need them for assistance with an emergency? Can they find it at night? Can they find it during a snowstorm?

Having your name and number on a mailbox is just not enough. The Lee Firemen's Association, in a joint effort with the Lee Fire Department, has a program to install reflective house number signs at driveway entrances to assist all emergency responders in locating your home in a time of need. The cost for each sign with a post is \$50.00 and it will be installed by the Lee Firemen's Association. [CLICK HERE for Reflective House Number Sign Request Form](#)

---

## Lee Public Library

### LIBRARY HOURS

Monday – Wednesday 11:00 am – 7:00 pm

Thursday & Friday 10:00 am – 5:00 pm

Saturday 9:00 am – 12:00 pm

### FOR THE ADULTS

#### Saturday April 9th from 9-11am Spring Flower Bar:

Join us on **Saturday April 9th from 9-11am** for the Friends of Lee Library Spring Flower Bar! Tina Sawtelle of Pinewoods Yankee Farm will bring her wonderful flowers to our spring tables, so come on over and make your bouquet! Donations greatly appreciated for our Library Programs.

#### National Library Week, April 3— 9 Let's Celebrate!

It's time to celebrate our nation's libraries, library workers, contributors and promote library use and support! How can you show your support? That's easy! Visit your Lee Library, connect with us on social media, attend a program, or send a note to our team... If you love your library, say it loud and proud!

#### Upcoming Library Meetings

Tuesday April 5, 5:30pm – 6:30pm – **Library Friends Meeting**

Wednesday April 13, 5:30pm – 6:30pm – **Library Trustee Meeting**

### Crafty Creations, Monthly Adult Crafting Group – Monday, March 28<sup>th</sup> 6:00 pm



Join us on the 4<sup>th</sup> Monday of every month (via zoom or in person) as we create wonderful decorations for your home or garden. Pick up your supply program kit from the library and tune in to zoom or come in to the library and create in person! Please call or email to sign up.

### Digging into Native History in NH, Virtual Program with the Lee Historical Society

**Wednesday, April 6, 7:00pm – 8:00pm – Virtual Presentation by Robert Goodby “Digging into Native History in NH”:** A monthly series of programs from the New Hampshire Humanities Council held on the 1<sup>st</sup> Wednesday of the month at 7pm through May 4, 2022. Sponsored by the Lee Public Library, the Lee Historical Society and the New Hampshire Humanities. Please call or email the library for your zoom link!

### Knitters Meet Here

Wednesday, April 6<sup>th</sup> and 20<sup>th</sup> at 10:00am – Knitters: Meet on the 1<sup>ST</sup> AND 3<sup>RD</sup> Wednesday morning of the month. Bring along your knitting and enjoy some friendly company. All skill levels invited, and there is instruction!

### Adult Book Group- Meets on the 2<sup>nd</sup> Monday of the Month

**April 11, 2022 6:00pm - Braiding Sweetgrass by Kim Michelle Richardson.** Stop by for your copy!



### Wednesday April 27, 6 – 7:30pm - The Backyard Farming Initiative is Back!

Join us every 4<sup>th</sup> Wednesday until August for Backyard Farming Fun! This month, on **Wednesday April 27, from 6:00pm—7:30pm**, we will visit Lee resident, Bambi Miller. Bambi will be talking about her own backyard farming habits, fruit trees, livestock, and we'll take a walk down the river trail! Refreshments will be provided by the Friends of the Lee Public Library and the Lee Agricultural Commission. Call or email Lee Public Library for further details, program location and to sign up!

## FOR THE CHILDREN

### Grab and Go crafts

Make sure to like the *Lee Public Library (NH)* Facebook page to see our weekly updates, and watch for info on this month's grab and go crafts. **The next kits will go out on April 5<sup>th</sup> and 19<sup>th</sup>.**

### Preschool Story-Times

Thursdays from 10:30am – 11:30am. Stop by for our traditional story time. We will read, sing, wiggle and craft.

### Sensory/Station Story time

Fridays from 10:30am – 11:30am. This is our activity based program. We will listen to a story or two, get out our rhythm sticks/maracas/boomwhackers or scarves and then have fun with assorted stations including sensory, fine/gross motor, puzzles...

### March Themes:

31st – Laughing

### Afterschool Offerings – Tuesday & Thursday

Call the library at 603-659-2626 for information on registering for our next 8 week sessions.

After School story time - Tuesdays from bus drop off until 4:45.

After School Craft Club - Thursdays from bus drop off until 4:45.





### Turtles of NH: Joint programming with Lee, Durham & Madbury Libraries

**Saturday, April 2<sup>nd</sup>, 10:30am – Turtles of NH:** Please take time to register for our April zoom program “Turtles of NH” which will be presented by Squam Lakes Science Center. **To register go to [Durhampubliclibrary.org](http://Durhampubliclibrary.org)**

### Monday, April 4, 11, 18 & 25, 11:00am – 12:30pm – Making the American Civil War Come Alive, Homeschool group:

Homeschoolers aged 10 and up are invited to join. We will be using and making History Pockets to learn about the war, how it changed the landscape of our country and to bring an understanding of the inner workings of North vs South.

The group will meet at the Lee Public Library from 11-12:30 with a short snack break. There is **no cost** for the program. Each family will be required to print off a packet that will be emailed to them. Class size is limited to 12 students on a first come, first served basis. **Call Sheri to register, 603-842-9303!**



### **WOULD YOU LIKE A MEMENTO FROM THE OLD OYSTER RIVER MIDDLE SCHOOL (1935-2022)?**

With the demolition and removal of the building, ORMS will be saving a few hundred bricks from the original 1935 structure. If you would like a brick as a memento, ORMS will be accepting donations to benefit our after-school clubs. Bricks will be available in the ORMS front office shortly after the removal of the building in early May. If you would like us to reserve you a brick, feel free to contact the ORMS office at 603-868-2820. We will add you to our list!

---

### **SCHOOL BOARD NEWS – MARCH 16, 2022**

The Oyster River School Board welcomed new members Matthew Bacon and Heather Smith, elected to 3-year, at-large positions in the March 8, 2022 school district election. Voters also approved the school district operating budget for 2022-2023, contracts with ORESPA (custodians and office personnel) and ORPASS (paraeducators, school aids, school nutrition workers) unions, and adding to a reserve fund for eventual purchase of the ORMS solar array.

With the new Oyster River Middle School building open, planning is nearly complete for playground and fields to be installed this summer. Playground equipment will be on the backside of the school, basketball and foursquare area near the solar canopy, and the playing field in front of the school. Playground and field will be installed this summer. The hillside along Dennison will be regraded to provide spectator space for the field.

The school board approved contracts for replacing air handlers at Moharimet School and for construction of new tennis courts where the current ORHS athletic field parking is. These projects are expected to be completed over the summer.

ORMS is sending THREE teams to the VEX Robotics world championships. ORHS indoor track athletes just returned from competing at the New Balance Nationals and seven ORMS students are headed to the New Hampshire State MathCounts competition. Congratulations and Go Bobcats!

---

## UNH MACFARLANE RESEARCH GREENHOUSE OPEN HOUSE EVENT

Saturday, April 2<sup>nd</sup> 9am – 3pm

NH Agricultural Experiment Station, 13 Botanical Lane, Durham, NH

[CLICK HERE](#) for more information and to register for a tour

### CITY OF DOVER PROVIDES COLLECTION POINTS FOR NEEDED UKRAINE SUPPLIES

The City of Dover is providing collection points for those seeking to donate supplies to displaced people in Ukraine. The donated items will be collected and shipped overseas by NuDay, a New Hampshire-based, non-profit organization. All donations are tax-deductible.

The drop locations are City Hall, Dover Public Library and Dover Ice Arena. Items will be collected through Sunday, March 13. The items will then be shipped overseas by NuDay. Monetary donations are also accepted online at [www.nudaysyria.org](http://www.nudaysyria.org) or via mail at PO Box 4521, Windham, N.H. 03087. Information about the non-profit, including financial statements, is also available on the website.

According to NuDay, the items most in need now are food, diapers, hygiene items and emergency medical supplies, listed below. NuDay requests items to be new, unexpired and not glass. No glass items can be sent. NuDay also has a list of its most needed items on Amazon.com. The list is at <https://a.co/7TPKvHb>.

**PITCH IN FOR UKRAINE**

**DOVER'S DONATIONS CAN HELP**

DROP OFF AT THESE CITY OF DOVER LOCATIONS THROUGH MARCH 13:  
**CITY HALL, PUBLIC LIBRARY, ICE ARENA**

**WHAT'S NEEDED?**

• BACKPACKS	• THERMAL BLANKETS	• MEDICAL GLOVES
• CRUTCHES AND CANES	• THERMAL CLOTHING	• MEDICAL SCISSORS
• DIAPERS	• WHEELCHAIRS	• MULTI-TRAUMA DRESSING
• FEMININE PADS	• ACETAMINOPHEN (TYLENOL)	• PEPTO BISMOL
• HYGIENE ITEMS AND KITS	• ANTISEPTICS	• TRAUMA KITS
• SANITARY PADS	• BANDAGES	• NEEDLE AND THREAD STORED IN ALCOHOL
• SLEEPING BAGS	• BED RAILS	• PLASTIC CLING WRAP, 2" WIDE ROLL
• SOLAR CHARGERS AND LAMPS	• IBUPROFEN	• PORTABLE VENTILATORS
• TENTS	• EYE WASH	• WHITE PETROLEUM JELLY



DONATIONS WILL BE COLLECTED AND DISTRIBUTED BY NUDAY ([WWW.NUDAYSYRIA.ORG](http://WWW.NUDAYSYRIA.ORG)) AND ARE TAX DEDUCTIBLE.

#### Food and nutrition items include:

- Baby milk and infant formula
- Granola and protein bars
- Protein drinks
- Canned tuna



**Humanitarian items include:**

- Backpacks,
- Crutches, canes
- Diapers
- Feminine pads
- Generators
- Hygiene items and kits
- Sanitary pads
- Sleeping bags
- Solar charges and lamps
- Tents
- Thermal blankets, Thermal clothing
- Wheelchairs

**Medical supplies include:**

- Pain relievers (acetaminophen, aspirin, ibuprofen)
  - CPR masks
  - Eyewash
  - Antibiotic creams, ointments
  - Antiseptic wipes
  - Bandages, Gauze pads
  - Beds for children with special needs
  - Bed rails
  - Bismuth subsalicylate (Pepto-Bismol)
  - Emergency blanket
  - Medical gloves
  - Medical scissors
  - Medical adhesive tape rolls
  - First aid kits, Trauma kits
  - Burn aid (water gel burn dressing)
  - Butterfly strips
  - Abdominal pad
  - Caffeine pills
  - Central venous catheter kits
  - Elastic wrap / ACE Bandage (4 inches by 5 yards)
  - Intravenous fluids (NaCl 0.9%, Lactated Ringer's solution)
  - Gels, foams, hydrocolloids, alginates, hydrogels, polysaccharide pastes, sutures
  - Hydrocortisone cream (1%)
  - Intravenous catheters
  - Laryngeal tube
  - Loperamide (Imodium A-D)
  - Nasopharyngeal airway
  - Needle and thread stored in isopropyl alcohol
  - Plastic cling wrap, 2-inch wide roll
  - Plastic films
  - Portable ventilators
  - White petroleum jelly / Vaseline in small containers
-

## GOVERNOR & EXECUTIVE COUNCIL MEETING

Wednesday, March 23, 2022

[CLICK HERE](#) for the 3/23/2022 Minutes

Next Governor & Executive Council Meeting

Wednesday, April 6, 2022 10:00 am in Concord, NH

---



[CLICK HERE](#) for the Spring Lamprey River Wild & Scenic Newsletter

---

### **Grief, Healing, and Resilience: A Structured Program of Support for Adults Who Have Lost Children/Grandchildren, Nieces/Nephews, Spouses/Partners, or Siblings**

Mondays; April 4, 11<sup>th</sup>, 18<sup>th</sup> and 25<sup>th</sup> 5-6:30pm

Chapel, Community Church of Durham, NH

At some point, most humans suffer grief, often defined as the process by which someone experiences loss. But losing a child/grandchild, niece/nephew, spouse/partner, or a sibling is an especially devastating form of seismic trauma. While grieving is very specific—based on the individual griever, the nature of the loss, and the relationship with the one who has been lost—there are many common elements to the journey. These include an emotional roller coaster at times triggered by passing comments such as “Oh, you’ll get over it” or “You’ll have another child,” or “Don’t be in denial,” or “She’s in a better place.” This program of four 90-minute meetings is NOT clinical therapy, but it is designed to offer information and some tools for engaging with grief and healing. While spiritual in orientation, the program is non-sectarian and non-denominational. Discussion is most welcome, but no one need participate if not comfortable doing so.

**Facilitator:** Steve Hardy earned a graduate-level Grief Support Specialist Certificate from the University of Wisconsin in 2017. More important, he has personal experience in grief—shared with his wife Donna—through the loss of two sons. He retired in 2014 as Professor of Kinesiology and Affiliate Professor of History at the University of New Hampshire, where he won awards for teaching excellence. This is the third time he has offered the structured program. Since 2018, he has also facilitated informal grief support groups. And he has written blogs on resilience at: <https://onesummit.org/what-we-do/profiles-in-resilience/>

**Enrollment:** This program is for grieving adults who have lost a child/grandchild, niece/nephew, spouse/partner, or a sibling. BYO writing material—tablet (paper or digital), pencil, pen. There is no cost, but enrollment is limited to 20 people. For information or registration please contact Steve Hardy at: [stephen.hardy@unh.edu](mailto:stephen.hardy@unh.edu) or 603-781-7194.

#### **Comments from past participants:**

A spouse: “It is really hard to express one’s true feelings, but Steve made it comfortable to do. Some really helpful suggestions to help one get through the tough times.”

A parent: “The Grief Workshop provided me with information, insights and a safe and supportive environment to understand and deal with the grieving process. Steve’s knowledge, personal experience and caring created a healing circle for the participants.”

---



## BEWARE OF SMISHING CAMPAIGN

Please [CLICK HERE](#) for the New Hampshire Information & Analysis Center (NHIAC) bulletin regarding a COVID-19 themed smishing campaign being distributed to NH citizens. Smishing is the fraudulent practice of sending text messages purporting to be from a reputable company in order to induce individuals to reveal personal information. If you receive a text message like this one, please delete it immediately. If you click on the link, you will be redirected to a fraudulent website that collects personal information

---



### **The Seacoast Village Project (a nonprofit)**

*Helping seniors age in their homes and community!*

Educational Programs, Social Activities, Home Services, Resources, Friendships

Membership Information

<https://www.seacoastvillageproject.org/>

(603)-373-8429

---

### **If you are a Lee Resident in need of assistance with a Veteran's issue the Lee Memorial VFW Post 10676 may be able to help.**

This post serves the communities of Lee, Durham, Madbury and Newmarket and has Service Officers who can help folks with just about any Veteran's related issue. At the State level they have a seat on the SVAC (State Veterans Advisory Committee) and are linked with tens of other non-profit Veterans organizations that provide a host of services. Please contact **Scott Moreau**, Commander, VFW Post 10676, at [vfwpost10676@yahoo.com](mailto:vfwpost10676@yahoo.com) for assistance.

---

### **ATTENTION!**

**To receive the E-CRIER via email every week go to [www.leenh.org](http://www.leenh.org), click on the Subscribe button under the Town Resource Center section & follow the directions to subscribe.**

If you do not have the internet please come to the Town Offices for a **printed copy** or go to the Library to view it there. If you cannot leave your home please call the Assistant Town Administrator Denise Duval at 659-5414 x301 to have it mailed!