

TOWN OF LEE, NEW HAMPSHIRE
249 Calef Highway
Lee, New Hampshire 03861
(603) 659-5414

**Lee News & Upcoming
Events
April 22, 2022**

HAPPY EARTH DAY!



LEE HISTORICAL SOCIETY MUSEUM OPENING

SATURDAY, APRIL 23rd 10am – 2pm

The Museum tells the story of life in Lee over the centuries. There are numerous artifacts from every aspect of community life. A complete schoolroom from 'time gone by' is on the 2nd floor. Children love the schoolroom as well as many adults that remember those inkwells, real chalkboards and Dick and Jane readers. Please come for a visit. The Museum is located to the right of the Lee Library in a building that was once a rail depot.



LEE ENERGY COMMITTEE TO JOIN THE DURHAM ENERGY COMMITTEE

COMMEMORATION EARTH DAY EVENT ON

APRIL 23rd 10am - 2pm AT THE PETTEE BROOK PARKING LOT

This event will include a showcase of electric vehicles, information regarding Community Power Aggregation, a solar home tour, informations promoting compostng and displays supporting sustainable agriculture. Please email dec@ci.durham.nh.us with questions.

SOLAR TOUR – SATURDAY, APRIL 23rd 2pm

Bus leaves from Pettee Brook Parking Lot in Durham.

Additional transportation via electric cars will be available if needed.

Take a “Magical Mystery Tour” of installations representing a range of solutions including rooftop, trackers, free-standing fixed arrays and an evacuated tube solar water heating system. Speak with residents who have cut their carbon footprints and saved on their electric bills!

LEE HISTORICAL SOCIETY POTLUCK SUPPER & ANNUAL MEETING

FRIDAY, APRIL 29th 6:00 pm

Jeremiah Grange Hall, Lee, NH

The Grange is located in the heart of Lee at the Junction of Route 155 and Lee Hook Road. The meeting is open to the public. There will be a potluck supper at 6:00pm followed by a short business meeting and presentation at 7:00pm. It is not required, but please consider bringing a dish to share. Phyllis E White, President of the Society, will discuss her recently published book "Students Should Not Miss a Day". The book chronicles the proud history of education in Lee from the 1600's through the present. Phyllis spent years researching and writing this valuable addition to the historical record of Lee. Phyllis will use slides as part of her presentation and describe the process she used to achieve her goal of publication.

DOG LICENSES DUE APRIL 30th



Per RSA 466:13, the State of New Hampshire requires that all dogs over 4 months of age be licensed annually by **April 30th**. There is a \$25 fine for failure to license your dog by this date. If you have new dog or have just moved to town with a dog, you must present a copy of your dog's current Rabies vaccination certificate and proof that your dog has been spayed or neutered to the Town Clerk when you apply for your dog license. Renewals may be completed in person, online or by mail.

SPRING TRAIL WORK DAYS ANNOUNCED!

The Trails Committee is planning two spring trail work days: **April 30th** at Maud Jones and Little River Park and **May 14th** in the Town Forest. Both work days will run from 10am - 1pm. Last year we had over 30 volunteers re-blazing and re-routing trails, clearing brush, and making trails more user friendly. This year we will spruce up the trails to make them ready for spring and summer users.

Mark the dates on your calendar! If you are interested in helping out with either work day, email Deb Sugerman, Chair of the Trails Committee at debsugerman@gmail.com. Our motto is "Work hard and have fun!" - so join us for a great time!



NEW LEE TOWN OFFICES HOURS STARTING MAY 2ND

Town Administrator's Office

Monday 8am – 6pm

Tuesday, Wednesday, Thursday 8am – 4:30pm

Friday 8am – 12:30pm

Town Clerk's Office

Monday 8am – 6pm / Wednesday 8am – 4pm / Friday 8am – 4pm

The decision was recently made to adjust the hours back to pre-Covid hours to provide the public with access to these offices after 4pm.

SELECT BOARD MEETINGS

May 2nd, 16th, 31st Select Board Meeting 6:00pm
Public Safety Complex, 20 George Bennett Road
Subject to change, please check the website meeting calendar

Meetings can be seen on **You Tube** at [CLICK HERE](#)



LEE CEMETERY GATES OPEN
[CLICK HERE](#) for CEMETERY RULES
[CLICK HERE](#) for CEMETERY FEES

RITA LANE IS NOW OPEN

NEWS ON WHEN THE PUBLIC DOCK AT DURGIN PRESERVE WILL BE OPEN COMING SOON

TIME TO REGISTER

FOR THE 28TH ANNUAL LEE TOWN FISHING DERBY & FISH FRY
STEVENS FARM (28 TUTTLE ROAD)
SATURDAY, MAY 7th 9:00am – 12:00pm
FISH FRY TO FOLLOW AT STEVENS FIELD (next to Public Safety Complex) UNTIL 2pm
Sponsored by the Lee Recreation Commission

- No Experience Necessary
- Lots of prizes and awards
- Event open to all children and grandchildren of Lee residents
- Children must be accompanied by an adult
- Anglers do not need a fishing license, but must be under the age of 16
- Hooks hit the water at 9 AM sharp rain or shine
- Anglers may come and go throughout the morning
- Fish Fry open to all Lee Residents regardless of age

Those of you who have attended previous Derbies know that the Stevens' farm on the banks of the Little River is the perfect site for a sunny (or even rainy—the fish really bite in the rain) spring morning of dancing lines and leaping trout. This is a working farm so please remind your children to be respectful of fences and equipment. Trash is carry-in, carry-out.

There will be an award for the first catch of the day. Trophies will also be awarded for biggest and smallest single fish as well as largest weight and length combined. New Hampshire Fish and Game rules apply - your limit is five fish.

You must register for the Derby by calling Denise at the Town Offices at 603-659-5414 x301 or Cynthia at 603-659-2046. Registration automatically enters your child in a drawing for the fishing pole, tackle box and other prizes. You must be present at the Fish Fry to claim your raffle prize. Donations for the raffle may be brought to the Derby.

At noon bring your trout to the Stevens Field next to the Safety Complex where firefighters will grill it for you. There will be free hot dogs for anyone whose fish got away. You do not need to participate in the derby to come to the Fish Fry, but please RSVP for the Fish Fry. Bring your Frisbee, guitar, baseball glove, or wiffle ball and enjoy the day.

MADE IN LEE ARTISAN FAIR

Saturday, May 7, 2022 11:00am – 3:00pm

Mast Way School

Forge Work, Stained Glass, Jewelry, Quilting, Beeswax Candles,
Fishing Rods, Glass, Vinyl & Nature Art, Greenery, Musical Instruments
and so much more!

Beauty is reflected in the art of our community.

There will be **no admission fee** for this wonderful opportunity to support local artisans and crafters right here in Lee!

Donations gratefully accepted at the door for the Wilkinson Food Pantry

Sponsored by the Lee Sustainability Committee

Co-Sponsored by the Lee Public Library

LEE TOWN BOARD, COMMITTEE AND COMMISSION VACANCIES

Below is a list of the current openings that need filling! If you are interested, contact the Assistant Town Administrator Denise Duval at 603-659-5414 x301 or email dduval@leenh.org. [CLICK HERE](#) for Application.

Planning and Zoning Boards

Ag Commission, Conservation Commission, Heritage Commission and Recreation Commission

Energy Committee, Fair Committee and Sustainability Committee

The **NEW** Municipal Technology Advisory Committee and Housing Committee

E-CRIER PUBLISHING ANNOUNCEMENT

If you have a community event that you would like to publish in the E-Crier, please email Assistant Town Administrator Denise Duval at dduval@leenh.org by noon on Thursday to get published in that Friday edition.

SWAP SHOP NEWS – APRIL 2022

Hours: The Swap Shop is open on Tuesdays, Thursdays and Saturdays 8:00 am – 5:00 pm.

The Swap Shop is open, if the garage door is open. **Please do not drop off anything if the Swap Shop garage door is closed.**

The Swap Shop will close due to high winds, rain or if a volunteer is not available.

Bulky Items: The Swap Shop will be accepting large items towards the end of April.

We look forward to greeting our visitors at the Swap Shop. Seeing the free exchange of items between the folks in town brings a lot of satisfaction to the volunteers at the Swap Shop. If you would like to join in and volunteer, please let us know. Contact Forms are available at the Swap Shop or email us at swapshopleenh@gmail.com. You must be a residence of Lee and at least 18 years of age. Thank you!

Mayflower, Queen of the Vernal Bloomers

By Catherine Fisher, Lee Conservation Commission

One of the nice things about living in one place for a long time is that you become familiar with where some of the different wild communities live and learn when the time is right to pay a call. In mid-April, when everything feels fresh and new, each walk seems to take me round to any one of a number of my favorite mayflower patches. Most are off-trail drifts, but there's one very pink community that grows on a low, roadside banking, another not too far from an upland vernal pool, and a small patch grows in the woods behind my home. Wherever I walk during these next two weeks, there will be mayflowers somewhere along the way.

Also known as trailing arbutus, ground laurel, and shadflower, mayflower is a member of the large and cosmopolitan family *Ericaceae*, commonly known as the heaths. Members of this family are found on every continent save Antarctica and have

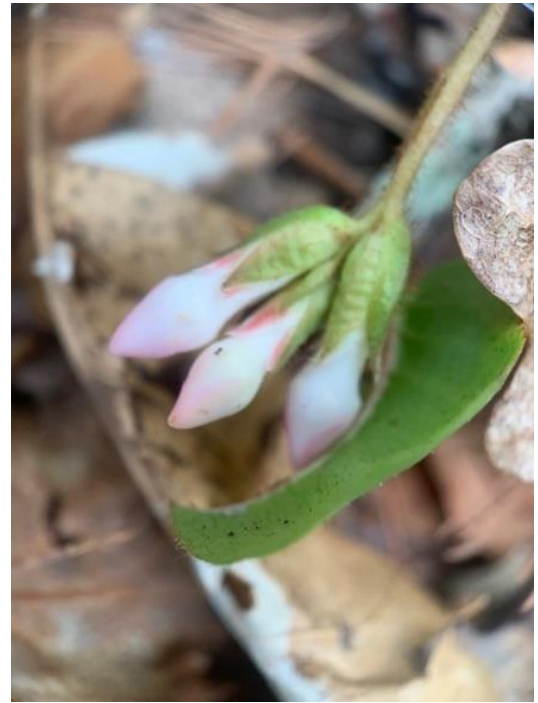


adapted to disparate habitats, although most prefer a habitat that is cool, acidic, moist and well drained. New Hampshire's woodlands fit those requirements nicely, and a walk in any of our area's forests will take you past several members of the heath family. Blueberry, huckleberry, leather leaf, shinleaf, wintergreen, ghost plant, and pipsissewa all belong to the *Ericaceae* family and all can be found growing happily in Lee. As shown in the captioned photograph, mayflower is often found growing with one or more of its *Ericaceae* cousins.

Mayflower is often counted as one of our native spring ephemerals - wildflowers that emerge quickly, bloom before most other plants, and then, after making seeds, die down to the ground and remain dormant until the following spring. Though mayflower is among the earliest to flower, that earliness coupled with a short period of bloom are the only ephemeral things about it. Unlike true ephemerals, mayflower does not disappear once its brief bloom time is over. It is a forest

floor evergreen, keeping its rough, leathery leaves throughout the year. Leaf retention means that in early spring, before the forest trees leaf out, mayflower can get a running start in the business of gathering light and making sugars.

Like most forest floor evergreens, mayflower has an array of defenses to protect them from the predations of harsh winter weather and browsing animals. Its leaves are tough and have a pebbled texture, and both leaves and stems bear a coat of stiff, rust-colored hairs. These are evident on the stem bearing three mayflower buds in the photograph to the right. In addition to this protective armor, mayflower's leaves are astringent and, like several other members of the heath family, contain arbutin, a chemical compound that can become toxic during digestion. Despite these defenses, there are caterpillars and other larvae that seem to find mayflower leaves quite palatable, as it's rare that I come across a patch whose leaves are intact. The photographs below provide examples of mayflower leaves that have been browsed by insects. One shows a bud peeking out of a leaf that looks to have been, at some point, browsed by a caterpillar; another shows skeletonized patches caused by insect larvae feeding within the thin layers of the leaf.



Mayflower is woody-stemmed and is classified as a low-lying shrub, and shrubs don't get much lower than this. Its binomial, *Epigaea repens*, reflects mayflower's ground-hugging habit. Both the genus and species name derive from the Greek: the genus name "Epigaea" means "upon the earth" and the species name "repens" means "creeping". Growing as low as it does, mayflower has a dilemma in that the entire plant, including its flowers are covered by fallen leaves. When your bloom time is measured in little more than a dozen days, that doesn't give you or your pollinators much time to locate you and do the work of fertilization. Mayflower's solution is to invest a portion of its hard-won energy stores towards the attribute for which it is most famous: production of an intoxicating scent. In this it differs from just about every other early-blooming wildflower.

Queen bumblebees, among the first bees to emerge in spring, are the mayflower's main pollinator. They are large and robust, and like the plants they visit, they are well furred against spring's often-chilly temperatures. Drawn by the mayflower's powerful scent, a queen bumblebee will work her way under the leaves and muscle into the throat of the flower. She is rewarded for her labors by the mayflower's generously filled nectaries.

We humans, too, are drawn to mayflower's wonderful perfume, but enjoying this scent requires no little effort. Smelling a mayflower requires prostration, getting on hands and knees, forearms and head to the ground and nose at flower level. It's an awkward process, folding oneself down to flower level, one that doesn't improve with age, but that glorious scent makes getting down there (and getting back up afterwards) worth the effort.

*Pink, small, and punctual,
Aromatic, low,
Covertly in April,
Candid in May,*

*Dear to the moss,
Known by the knoll,
Next to the Robin
In every human soul.*

*Bold little beauty,
Bedecked with thee,
Nature forswears
Antiquity.*

Emily Dickinson



DON'T FORGET, LEE DOES FOOD WASTE COMPOSTING!

BE PART OF THE PROGRESS AND HELP THE TOWN SAVE MONEY ON MSW!

Interested residents should e-mail the Public Works Director Steve Bullek at sbullek@leenh.org, call him at 603-659-6515 or sign up at the Transfer Station. The Town provides special compostable bags to bring your food waste in to the Transfer Station.

COMMITTEE, COMMISSION & BOARD [MEETING CALENDAR](#) [NEW LIBRARY WEBSITE](#)

LEE HERITAGE COMMISSION 2022 CALENDARS ARE STILL AVAILABLE!

Calandars may be purchased in person at the Lee Library. They are \$10 each, payable by cash or check made out to the Town of Lee. If you would like to order copies online and have them shipped go to <https://www.ebay.com/itm/133965658009>.

RECENT COVID-RELATED INFORMATION [NH COVID-19 WEBSITE](#)

NH Department of Health and Human Services [UPDATES \(including Tickborne Diseases\)](#)

WILKINSON FOOD PANTRY - Lee Church Congregational, 17 Mast Rd

The food pantry is open to any household in Lee, Durham, Madbury, Newmarket, and Nottingham. Delivery is through a walk-up window service to minimize contact during this time. The pantry is open the 1st & 3rd Monday of each month from **5:30pm - 7:00pm**. If you have an emergency need for food outside of the normal hours, please call the Church office at 659-2861 or email at leechurchucc@comcast.net. All visits to the pantry are strictly confidential.

READY RIDES

Ready Rides provides transportation at no charge for the elderly & disabled residents living in: **Barrington, Durham, Lee, Madury, Newfields, Newmarket, Northwood, Nottingham and Strafford** NH. Rides are provided by volunteer drivers using their own vehicles. **Accessible rides available.** To request information about registering as a rider or becoming a volunteer driver, please email info@readyrides.org or call (603) 244-8719. You can find an [Application](#) for riders and a [Volunteer Application](#) on this website. Email or mail it to Ready Rides P.O. Box 272 Northwood, NH 03261. For other transportation options available in the region, please visit ACT's [Community Transportation Directory](#).

WHEN SECONDS COUNT... Please take the time NOW to SAVE TIME in an EMERGENCY.



Can the Police, Fire, or Ambulance find your home when you need them for assistance with an emergency? Can they find it at night? Can they find it during a snowstorm?

Having your name and number on a mailbox is just not enough. The Lee Firemen's Association, in a joint effort with the Lee Fire Department, has a program to install reflective house number signs at driveway entrances to assist all emergency responders in locating your home in a time of need. The cost for each sign with a post is \$50.00 and it will be installed by the Lee Firemen's Association. [CLICK HERE for Reflective House Number Sign Request Form](#)

Lee Public Library

LIBRARY HOURS

Monday – Wednesday 11:00 am – 7:00 pm

Thursday & Friday 10:00 am – 5:00 pm

Saturday 9:00 am – 12:00 pm

FOR THE ADULTS

[Knitters Meet Here](#)

Wednesday, May 4th and 18th at 10:00am – Knitters: Meet on the 1ST AND 3RD Wednesday morning of the month. Bring along your knitting and enjoy some friendly company. All skill levels invited, and there is instruction!



[Crafty Creations, Monthly Adult Crafting Group – Monday, April 25th 6:00 pm](#)

Join us on the 4th Monday of every month (via zoom or in person) as we create wonderful decorations for your home or garden. Pick up your supply program kit from the library and tune in to zoom or come in to the library and create in person! Please call or email to sign up.



[Wednesday April 27th, 6:00pm – 7:30pm - The Backyard Farming Initiative is Back!](#)

Join us every 4th Wednesday until August for Backyard Farming Fun! This month we will visit Lee resident, Bambi Miller. Bambi will be talking about her own backyard farming habits, fruit trees, livestock, and we'll take a walk down the river trail! Refreshments will be provided by the Friends of the Lee Public Library and the Lee Ag Commission. Call or email the Library for further details, program location and to sign up!



Wednesday April 27th, 2:00pm – 4:00pm - Open Adult Game Time

Do you love to play games? Want some adult company? If the answer is YES, join us for board games, card games, chess, or bring a game of your choosing! No sign up necessary, just come on over to the library and have some fun!

Tuesday May 3, 5:30pm – 6:30pm – Friends Meeting

Wednesday May 4, 7:00pm – 8:00pm – Virtual Presentation by Jeremy D’Etrement “New England Lighthouses and the People Who Kept Them”



A monthly series of programs from the New Hampshire Humanities Council held on the first Wednesday of the month at 7pm through May 4, 2022. Sponsored by the Lee Public Library, the Lee Historical Society and the New Hampshire Humanities. Please call or email the library for your zoom link!

Thursday May 5, 6:00pm – 6:30pm – Health Road Show

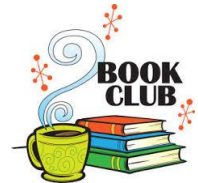
Join us via Zoom as we take a closer look at the health effects of climate change. Bob Dewey, a retired cardiologist from CMC in Manchester, and Co-Chair of the Speakers' Bureau at NH Healthcare Workers for Climate Action is invested in a mission to educate other healthcare workers and the public about the very serious health effects of climate change, hoping that as people learn about this they will be more willing to advocate for climate solutions. Call or email for zoom link and to sign up!

Adult Book Group- Meets on the 2nd Monday of the Month

May 9, 2022 6:00pm – *There There* by Tommy Orange. Stop by for your copy!

May 1st – May 31st – Community Art Show

Let's get creative and show off our artistic talents to celebrate 130 years of the Lee Public Library! Here's how to join in... pick up your kit from the library, use all resources that are provided (but feel free to embellish and add your own too), bring back your finished piece by May 31st and be sure to have a name or title for your creation, art pieces must be collected at the end of August. All ages are welcome to create a masterpiece for the art show. *“Paint what you feel, paint what you see, paint what is real to you” Robert Henri.* **We look forward to displaying your works of art in the Library for the summer... Happy Painting!**



LIBRARY CLOSURE MAY 30: We will be closed May 30th in honor of Memorial Day



FOR THE CHILDREN

Grab and Go crafts

Make sure to like the **Lee Public Library (NH)** Facebook page to see our weekly updates, and watch for info on this month's grab and go crafts. **The next kit will go out on May 3rd & May 17th.**

Preschool Story-Times

Thursdays from 10:30am – 11:30am. Stop by for our traditional story time. We will read, sing, wiggle and craft.

Sensory/Station Story time

Fridays from 10:30am – 11:30am. This is our activity based program. We will listen to a story or two, get out our rhythm sticks/maracas/boomwhackers or scarves and then have fun with assorted stations including sensory, fine/gross motor, puzzles...

Afterschool Offerings – Tuesday & Thursday – Session 5 – May-June Please Note: NO PROGRAMS MAY 17TH & 19TH!

Call the library at 603-659-2626 for information on registering for our next 6-week sessions.

[After School Story Time](#) - Tuesdays from bus drop off (3:45) until 4:45.

[After School Lego Club](#) - Thursdays from bus drop off (3:45) until 4:45.

Middle School Crafters

This fun group will only meet on the 1st Friday in May as there is no programming on May 20th. Call the library at 659-2626 for more information.

Tuesday May 10, 17 & 24, 5:30—6:30pm – Middle School Chess Group



Are you a middle schooler who has always wanted to learn chess, or do you just love to play chess? This is the program for you! Learn how to play the game, strategy, moves, how to outplay your opponent and more! Registration may be placed by phone 659-2626 or email at leelibrary@Comcast.net or, or just come along and play!

Tuesday May 31, 6:00pm – Middle School Book Club

Our middle school book club will be meeting in person in May to enjoy pizza and discuss [5 Children and It](#). Contact the library at 659-2626 if you are in grades 5-8 and would like to join us. We have a supply of the books available at the Library.



PLEASE NOTE: There are no children's story times or after school clubs from May 16th – 20th!



WOULD YOU LIKE A MEMENTO FROM THE OLD OYSTER RIVER MIDDLE SCHOOL (1935-2022)?

With the demolition and removal of the building, ORMS will be saving a few hundred bricks from the original 1935 structure. If you would like a brick as a memento, ORMS will be accepting donations to benefit our after-school clubs. Bricks will be available in the ORMS front office shortly after the removal of the building in early May. If you would like us to reserve you a brick, feel free to contact the ORMS office at 603-868-2820. We will add you to our list!

MOHARIMET SCHOOL IS LOOKING FOR COMMUNITY HELP

The Moharimet community is looking for people to lead or co-lead small groups during our ***Day of the Artist*** celebration on June 2nd. They hope to offer a wide range of artistic experiences for the students to enjoy through small-group sessions throughout the day. The goal is for children to feel what it's like to create art or express themselves artistically. The emphasis will be on fun and learning and not on the perfection of the finished product.

Past celebrations have included sessions on: coil clay pots, watercolor painting, whittling, soap carving, potato stamp making, origami, and drumming. High-level experience from group leaders is not necessary, but a desire to help children in your community learn is a definite plus. If you've ever wanted to share your love of art, here is your chance.

Interested in participating? Please contact the Moharimet front office (603)742-2900 and be prepared to give: your name, contact information, a description of the art you would like to share, grade levels most likely to benefit from your program, size of group you would be able to accommodate AND your hours of availability during the Day of the Artist.

SCHOOL BOARD NEWS – APRIL 20, 2022

124 Oyster River 8th grade students will leave Saturday morning for a trip to Washington, D.C. This opportunity is resuming after 2 years' hiatus. This is the largest group ORMS has ever had participate in this trip.

The school board will consider school day start times for fall 2022 at the May 4th meeting. The preliminarily proposed start times are 9:00am for K-4th grades and 8:15am for grades 5-12. Under this proposal, elementary students would ride separate busses from middle/high school students, and the "late bus" option for after-school activities would return for both ORMS and ORHS (currently only available to ORHS students based on activity schedules).

The summer REACH program still has limited space available in various programs. Camp information and registration uses the Durham Parks & Recreation registration system. Go to <https://durhamrec.recdesk.com/Community/Program> and select "Camps" as the category filter. REACH camps run the weeks of July 5th - August 4th and will be held at Mast Way School. Details for MTSS and Credit Recovery summer programs are still being finalized and will be announced in May. Senator Maggie Hassan and Representative Chris Pappas visited the new Oyster River Middle School building on April 20th for a ribbon cutting of the solar array at ORMS. The event featured excellent tours of the new building's sustainability features delivered by 5th grade Glacier Team students. Thanks to teachers Sara O'Brien and Kyra Dulmage and all Glacier students!

96 ORHS students are enrolled in Career & Technical Education (CTE) classes in Dover, Somersworth, and Rochester for fall 2022. This is a significant increase in the number of students taking advantage of these course offerings.

Spring Break runs April 25th – 29th with all Oyster River schools closed. Classes resume on Monday, May 2, 2022.

GOVERNOR & EXECUTIVE COUNCIL MEETING

Wednesday, April 20, 2022

[CLICK HERE](#) for the 4/20/2022 Minutes

Next Governor & Executive Council Meeting

Wednesday, May 4, 2022 10:00 am in Concord, NH



[CLICK HERE](#) for the Spring Lamprey River Wild & Scenic Newsletter

Grief, Healing, and Resilience: A Structured Program of Support for Adults Who Have Lost Children/Grandchildren, Nieces/Nephews, Spouses/Partners, or Siblings

Mondays; April 25th 5-6:30pm - Chapel, Community Church of Durham, NH

At some point, most humans suffer grief, often defined as the process by which someone experiences loss. But losing a child/grandchild, niece/nephew, spouse/partner, or a sibling is an especially devastating form of seismic trauma. While grieving is very specific—based on the individual griever, the nature of the loss, and the relationship with the one who has been lost—there are many common elements to the journey. These include an emotional roller coaster at times triggered by passing comments such as “Oh, you’ll get over it” or “You’ll have another child,” or “Don’t be in denial,” or “She’s in a better place.” This program of four 90-minute meetings is NOT clinical therapy, but it is designed to offer information and some tools for engaging with grief and healing. While spiritual in orientation, the program is non-sectarian and non-denominational. Discussion is most welcome, but no one need participate if not comfortable doing so.

Facilitator: Steve Hardy earned a graduate-level Grief Support Specialist Certificate from the University of Wisconsin in 2017. More important, he has personal experience in grief—shared with his wife Donna—through the loss of two sons. He retired in 2014 as Professor of Kinesiology and Affiliate Professor of History at the University of New Hampshire, where he won awards for teaching excellence. This is the third time he has offered the structured program. Since 2018, he has also facilitated informal grief support groups. And he has written blogs on resilience at: <https://onesummit.org/what-we-do/profiles-in-resilience/>

Enrollment: This program is for grieving adults who have lost a child/grandchild, niece/nephew, spouse/partner, or a sibling. BYO writing material— tablet (paper or digital), pencil, pen. There is no cost, but enrollment is limited to 20 people. For information or registration please contact Steve Hardy at: stephen.hardy@unh.edu or 603-781-7194.

Comments from past participants:

A spouse: “It is really hard to express one's true feelings, but Steve made it comfortable to do. Some really helpful suggestions to help one get through the tough times.”

A parent: “The Grief Workshop provided me with information, insights and a safe and supportive environment to understand and deal with the grieving process. Steve’s s knowledge, personal experience and caring created a healing circle for the participants.”

2022 Avian Influenza in the United States - What you need to know!

To date, USDA’s National Veterinary Services Laboratories has confirmed the presence of Highly Pathogenic Avian Influenza (HPAI) in commercial and backyard flocks in several states including New Hampshire. Avian influenza viruses are classified as either “low pathogenic (LPAI)” or “highly pathogenic (HPAI)” based on their genetic features and the severity of the disease they cause in poultry. Caused by an influenza type A virus, HPAI can infect poultry (such as chickens, turkeys, pheasants, quail, domestic ducks, geese, and guinea fowl) and wild birds (especially waterfowl).



The clinical signs of birds affected with all forms of Avian Influenza may show one or more of the following:

- Sudden death without clinical signs
- Decreased water consumption up to 72 hours before other clinical signs

- Lack of energy and appetite
- Decreased egg production
- Soft-shelled or misshapen eggs
- Swelling of the head, eyelids, comb, wattles, and hocks
- Purple discoloration of the wattles, combs, and legs
- Nasal discharge
- Coughing, sneezing
- Lack of coordination
- Diarrhea

In addition to the disease infecting domestic birds, it is important to know that wild birds can also be infected and show no signs of illness. They can carry the disease to new areas when migrating, potentially exposing domestic poultry to the virus. The [APHIS' wild bird surveillance program](#) provides an early warning system for the introduction and distribution of avian influenza viruses of concern in the US, allowing APHIS and the poultry industry to take timely and rapid action.

With the recent detections of avian influenza in wild birds and domestic poultry in the US, bird owners should review their biosecurity practices and stay vigilant to protect poultry and pet birds from transmission of this disease. The following bio-safety guidelines are effective methods for safeguarding commercial operations and smaller flocks:

- Backyard flock owners should practice strict biosecurity, including preventing birds from exposure and/or co-mingling with wild birds and other types of poultry.
- Shower, change clothes, and clean and disinfect footwear before entering your poultry housing areas.
- Respiratory protection such as a medical facemask would also be important and remember to always wear clean clothes when encountering healthy domestic birds.
- Carefully follow safe entry and exit procedures into your flock's clean area.
- Reduce the attractiveness for wild birds to stop at your place by cleaning up litter and spilled feed around poultry housing areas.
- If you have free range guinea fowl and waterfowl, consider bringing them into coops or flight pens under nets to prevent interaction of domesticated poultry with wild birds and their droppings.
- It is best to restrict visitors from interacting with your birds currently.
- Do not touch sick or dead wildlife and keep them away from domestic poultry
- Try not to handle sick or deceased domestic birds (if you must, use proper personal protective equipment to minimize direct contact and cautiously disinfect anything that comes into contact with the deceased and or sick bird).

As part of the existing USDA Avian Influenza response plans, Federal and State partners as well as industry are responding quickly and decisively to these outbreaks by following these five basic steps:

- **Quarantine** – restricting movement of poultry and poultry-moving equipment into and out of the control area;
- **Eradicate** – depopulate the affected flock(s);
- **Monitor region** – testing wild and domestic birds in a broad area around the quarantine area;
- **Disinfect** – kills the virus in the affected flock locations; and
- **Test** – confirming that the poultry farm is AI virus-free.

Sick or deceased domestic birds should be reported to your local veterinarian. Positive domestic cases are handled by APHIS and its partners. States that have confirmed cases of Avian Influenza should work closely with USDA-APHIS on surveillance, reporting and control efforts. Disposal methods will be evaluated on a case-by-case basis depending on a variety of factors, including the

size of the flock, space requirements, associated costs, local conditions, and applicable laws/regulations.

The United States has the strongest Avian Influenza surveillance program in the world, where we actively look for the disease and provide fair market value compensation to affected producers to encourage reporting.

If you do not raise domestic birds or have a poultry operation but you encounter sick or dead wild birds, please use bio-safety measures, and report your findings through USDA's toll-free number at 1-866-536-7593.

According to the Centers for Disease Control, this strain of Avian Influenza is a low risk to the public. While the transmission rate from animals to humans is low, it is a zoonotic disease, meaning it can be shared between species. To learn more about Avian Influenza and to remain up to date on the latest related news and information, you can visit the [USDA APHIS webpage](#).

BEWARE OF SMISHING CAMPAIGN

Please [CLICK HERE](#) for the New Hampshire Information & Analysis Center (NHIAC) bulletin regarding a COVID-19 themed smishing campaign being distributed to NH citizens. Smishing is the fraudulent practice of sending text messages purporting to be from a reputable company in order to induce individuals to reveal personal information. If you receive a text message like this one, please delete it immediately. If you click on the link, you will be redirected to a fraudulent website that collects personal information



The Seacoast Village Project (a nonprofit)

Helping seniors age in their homes and community!

Educational Programs, Social Activities, Home Services, Resources, Friendships
Membership Information

<https://www.seacoastvillageproject.org/>

(603)-373-8429

If you are a Lee Resident in need of assistance with a Veteran's issue the Lee Memorial VFW Post 10676 may be able to help.

This post serves the communities of Lee, Durham, Madbury and Newmarket and has Service Officers who can help folks with just about any Veteran's related issue. At the State level they have a seat on the SVAC (State Veterans Advisory Committee) and are linked with tens of other non-profit Veterans organizations that provide a host of services. Please contact **Scott Moreau**, Commander, VFW Post 10676, at vfwpost10676@yahoo.com for assistance.

ATTENTION!

To receive the E-CRIER via email every week go to www.leenh.org, click on the **Subscribe** button under the Town Resource Center section & follow the directions to subscribe.

If you do not have the internet please come to the Town Offices for a **printed copy** or go to the Library to view it there. If you cannot leave your home please call the Assistant Town Administrator Denise Duval at 659-5414 x301 to have it mailed!