TOWN OF LEE, NEW HAMPSHIRE

7 Mast Road Lee, New Hampshire 03861 (603) 659-5414

May 15, 2020

Lee News & Upcoming Events



MAY 29TH 1:00 – 6:00pm LEE CHURCH CONGREGATIONAL 17 MAST ROAD, ROUTE 155

There is a heightened need for blood donors as many drives have been canceled. The Red Cross has updated their Blood Drive procedures as listed below:

We are taking extra steps to provide the safest donation environment possible for our donors, sponsors, and volunteers. Here are some of the extra measures we are taking:

- Temperature checks at the door (99.5 or greater will be turned away)
- Masks required by all on site (provided by ARC if without)
- Chairs and beds spaced 6 feet apart
- Hand sanitizer required for donors using keyboards or touch screens, gloves available if preferred
- All stations sanitized in between each donor
- Sanitation of all equipment used prior to departure

It's important to make an appointment for your donation; to schedule an appointment please call 1-880-RED-CROSS (1800-733-2767) or visit www.redcrossblood.org and enter sponsor code LEECONGREGATIONAL.

Snacks will be provided by the Red Cross. No pizza during this drive. Complementary T-shirts will be mailed to donors.



Eversource Reminds Customers to Remain Vigilant Against Scams

As we continue working with you to support our customers and communities during the pandemic, we're taking a moment to remind everyone to remain vigilant and protect themselves against scams.

We work year-round to help our customers protect against scams, which is especially important today because scammers are trying to take advantage of the uncertainty and nervousness caused by the COVID-19 pandemic. The COVID-19 outbreak has led to an increase in scam activity, with sophisticated scammers finding unique and intimidating ways to exploit people and steal their money.

With this wave of scams related to the pandemic, here are a few common signs of a scam and some specific pandemic-related scams to look out for, including:

- Threats of immediate power disconnection or demands for payment: Eversource representatives never ask for instant payment, and the energy company is not disconnecting any customers for non-payment during this emergency period.
- Callers asking for personal or account information or insisting on specific, unusual
 payment methods: Eversource will never ask for personal information over the phone in
 this manner and does not accept payments via gift cards, pre-paid debit cards or other
 common tools used by scammers.
- Requests for a deposit to exchange a utility meter: Eversource has suspended all nonessential work, including routine meter changes, during the pandemic. Meters also do not suddenly expire, so be wary of calls claiming payment is necessary for a new meter to be installed because the current meter is about to expire.
- Calls, emails or texts about government stimulus checks: The IRS won't contact people with information about stimulus payments, or to ask for personal information like a Social Security number or bank account number.
- Online offers for vaccinations and test kits: There are no products proven to treat or prevent COVID-19 at this time and the only FDA-approved home test kit requires a doctor's order.

<u>CLICK HERE</u> for direct link to Eversource scam page. Eversource will never demand instant payment over the phone nor ask for personal information in an unsolicited call, text or email. For those who suspect they've been targeted by a scam, please immediately alert local law enforcement and call Eversource at (800) 662-7764. Always remember, don't panic and don't pay.



We are encouraging anyone who has questions or needs assistance to call us or utilize our online systems for access to assessing records, motor vehicle registration, etc.

The Selectmen's Office hours at Town Hall and the office hours for the Planning & Zoning/Building Inspector are Monday – Friday, 8:00am – 4:00pm. The Town Clerk/Tax Collector's office is open Monday-Wednesday-Friday 8:00am – 4:00pm.

Although you may not be able to see some of us, please be assured that we are all still hard at work to keep Town operations flowing as seamlessly as possible, even though Town Hall, the Planning & Zoning office, and the Library remain closed to the public. Employees are now working remotely on a rotating schedule with one staff member at a time working in Town Hall, the P&Z office and the Library. We monitor on a daily basis all communications from the state and federal governments and we continue to communicate with each other so that everyone is connected and staying informed and up to speed on the latest information, which, as you all know changes rapidly.

NH Department of Health and Human Services FAQ Sheet on COVID-19 CLICK HERE

Please see the Town website https://Leenh.org for more information and be sure to subscribe to "Town News" to get the latest notices emailed directly to your inbox.

Police/Fire/ Ambulance Emergencies	911
Police Business Number	659-5866
Fire Business Number	659-5411
Town Clerk/Tax Collector	659-2964
Planning & Zoning/Building Inspector	659-6783
Selectmen/Assessing/Finance Office	659-5414

Please stay safe and keep everyone else safe by following the CDC's guidelines – limit social contact – wash your hands – stay in if you are sick – clean and sanitize surfaces.

TOWN CLERK / TAX COLLECTOR OFFICE COVID-19 PROCEDURES

COVID-19 HOURS: MONDAY, WEDNESDAY AND FRIDAY 8-4

Please know that while the building is locked to the public, we are still doing everything we normally do here but in a different way.

RENEWING VEHICLE REGISTRATIONS:

- If you have a vehicle currently registered in Lee and it is not more than 6 months late, you
 can register online at www.leenh.org. The registrations and decals are then mailed to you;
 OR
- If you have your Lee renewal notice, you can renew by mail or drop it off at the Town Clerk/Tax Collector Lock Box along with a check made out in the correct amount to the Town of Lee. We will then mail you the registrations and decals.

Please note - We ALWAYS send renewal notices. If you moved recently you may not have received it.

If you are unable to do one of the above options for any reason, you can call our office at 659-2964 and we will tell you what you need to do to complete the transaction.

NEW VEHICLE OR NEW TO LEE:

If you are new to Lee, or if you have a new vehicle to register, please call our office at 659-2964 and we will tell you what you need to do to complete the transaction.

We are processing some NEW REGISTRATIONS while you wait in the Town Hall parking lot but you must call first.

If you have a temporary plate issued on or after February 26, 2020, the state has extended those until May 31, 2020.

VITAL RECORDS REQUESTS:

These can be done online at www.leenh.org. The directions will indicate that it is required to email your ID in order to complete this request. Please email your ID to estone@leenh.org.

DOG LICENSES:

- If your dog was registered for 2019-2020 and the rabies is still up-to-date, you can renew the registration online.
- If the rabies is not up-to-date, then we need proof from the vet. You can mail it, email it (estone@leenh.org) or fax it (603-659-7202) to us and then you can do it online or through the mail or drop box.
- New dogs cannot be done online. We need owner's birthday, phone number, address, dog's name, breed, and color and proof of rabies from the vet. If they are spayed or neutered we need proof. Altered dogs are \$6.50 and unaltered dogs are \$9. Puppies under 1 year are \$6.50. You can send us via mail or drop box this information with a check in the correct amount to the Town of Lee and we will mail your license.

Thank you for your patience and understanding. Stay healthy and stay safe!

THE TRANSFER STATION IS OPEN BUT PLEASE READ THE FOLLOWING

TRANSFER STATION HOURS

Tuesdays, Thursdays and Saturdays 7:00 am – 6:00 pm The Swap Shop will remain closed until further notice.

PLEASE REMEMBER TO GET A DUMP STICKER IF YOU DON'T ALREADY HAVE ONE Stickers are only good for two years!

You may have seen a Lee Police Officer at the Transfer Station over the past week, checking for stickers. The fact that many people access the Transfer Station without a valid sticker has been an



ongoing problem and we feel that it is more important than ever to ensure that only residents and those who are authorized to be there in accordance with the town's Solid Waste Ordinance are using our Transfer Station.

We are urging you to be patient and understanding at this time. Stickers will be available at the Transfer Station if you do not already have one. Proof of residency, such as a recent utility bill, lease or rental agreement, or recent tax bill, and your car registration will be required. If you have any questions

regarding documentation please contact us at Town Hall or you may refer to the Solid Waste Ordinance, available <u>HERE</u>. We are exploring the possibility of including a sticker with your car registration sometime in the near future.

CHANGES TO MIXED PAPER

Mixed paper should now be placed with Municipal Solid Waste (MSW) until further notice. We are doing this to protect our employees, as it takes a great deal of handling and sorting in order to make it recyclable. When we are no longer under the conditions brought on by the COVID-19 pandemic, we will switch to having residents separate office paper and magazines from other types of paper in order to maximize our recycling revenue.

PLEASE CONTINUE PRACTICING SOCIAL DISTANCING

Both bays remain open as we have seen an improvement in the flow of traffic, but **please try to avoid peak traffic day on Saturday**. Everyone is doing a good job of maintaining a safe distance. In order for our employees and residents to maintain the recommended safe distance of 6', employees will not be stationed on the wall during this time but will be there to answer questions.

PLEASE KEEP CHILDREN IN YOUR VEHICLE

We understand that many of you have children at home with you as the schools and daycares have closed and you may not be able to leave them at home when you come to the Transfer Station but <u>PLEASE</u> have your child(ren) stay in your vehicle while you are disposing of trash and recyclables. This is for their safety! If they have to be out of the vehicle please keep them next to you at all times and do not let them run through the Transfer Station, roadways or parking areas.

There are several important issues you must be aware of regarding your household trash and recycling disposal if you or anyone in your household has been quarantined for COVID-19 or has tested positive for COVID-19. Your trash and recycling must be handled and disposed of under different rules. Please consult Caren Rossi, Lee's Health Officer to discuss the new steps that must be taken. Email is crossi@leenh.org or phone at 659-6783. Thank you for your cooperation in keeping everyone healthy!

Bulky items are accepted at the Transfer Station, HOWEVER, payment will be by check only – there will be a drop box available. Employees will not be able to assist with removing items from your vehicle but will be available to guide you, weigh items, and answer your questions.

RAIN BARRELS FOR SALE AT THE TRANSFER STATION \$ 50 EACH

ONE ALLOWED PER HOUSEHOLD

There is only one left! First-come-first-served!





PLEASE BE ADVISED THAT WE ARE NOT WIPING DOWN PLAYGROUND EQUIPMENT, PICNIC BENCHES OR ANY OTHER SURFACES

Be smart. Do your part.

The Town of Lee urges our residents and visitors to do their part to stop the spread of COVID-19 in our community. If you go to a park or trail to exercise, use extreme caution. Maintain at least 6 feet of distance between yourself and others when outside. Do not participate in any team and contact sports, such as basketball, football, softball and soccer. Cookouts are also not permitted in Little River Park, until further notice. Avoid touching surfaces including playground equipment, benches, and other sports equipment that are handled by others.

We discourage gathering in our parks and remind everyone that groups of 10 or more are now prohibited under Governor Sununu's Emergency Order No. 16.

Our parks and trails are open, but please:

- Do not gather in groups of more than 10 or get closer than 6 feet from others
- Do not touch any surfaces that are likely to be touched by other people
- Refrain from using playground equipment
- Do not participate in activities involving physical contact or sharing of equipment

THANK YOU FOR YOUR UNDERSTANDING AND COOPERATION

THANK YOU'S FROM MCGREGOR EMS

McGregor has had much to be thankful for over these past few months and wanted to publicly acknowledge and say a big THANK YOU to those who have offered to support the organization and its members. While it is not possible to recognize all of the individuals who have offered support, we do want to recognize a few groups:

- Our Volunteers. We have a dedicated mix of community and student volunteers and both
 groups are incredibly committed in their service to the community. McGregor volunteers
 have averaged 700+ hours of weekly volunteer time since March and the majority have
 agreed to give even more of their time should call volume increase or members need to be
 quarantined. We are extremely proud of their dedication on the front lines of this
 pandemic.
- The University of New Hampshire. UNH has been an invaluable partner providing housing and meals for ambulance crews who would normally be traveling from farther away, thus increasing the resilience of our volunteer staffing. They have also provided additional space for duty crews to operate from since the cramped nature of our current station made social distancing impossible. Our ability to provide a safe place to volunteer and work would not have been possible without the University.
- Community Members & Local Businesses. We want to thank the many members and businesses in the local community who have stepped forward to support McGregor & our responders. This includes businesses such as Belknap Dental, Aroma Joes, Flag Hill Winery



(pictured), Rite-Aid, The Makery, and Citizens Bank. We are also grateful for the numerous residents who have donated handmade and industrial style masks. We are truly fortunate to serve in a community with so many generous individuals and businesses. Thank you!

 Our Financial Donors. McGregor crews are benefiting from specialized helmets known as CAPRs which provide N95

level protection without using up disposable masks. These devices also provide enhanced protection against respiratory droplets thought to be the primary vector of COVID-19 transmission. The majority of these CAPRs were purchased in 2017 with donated funds and have become integral to our effort to maintain the 'gold' standard of protective equipment for our crews. A big thank you to everyone who contributes to our annual fund drive for their part in providing this level of protection to our volunteers and staff.

Anyone who would like more information about McGregor or what we are doing to be prepared should contact us at 862-3674 or info@mcgregorems.org.



MCGREGOR'S NEW HIGH FIDELITY MANIKIN (ARES) "CATCHES" COVID-19

In mid-March, McGregor took receipt of a high fidelity training manikin, Ares, which was purchased thanks to a generous donation. Unfortunately for Ares, she was shipped from Florida (a COVID-19 hotspot) and almost immediately "contracted" the disease. This has served as a valuable training tool for crews as they get used to performing modified state protocols while wearing extensive personal protective equipment. The goal of this training is to provide crews with ample experience caring for potential COVID-19 patients prior to facing real world situations.

SMALL BUSINESS ADMINISTRATION DISASTER DECLARATION FOR NH

Based on the request of Governor Sununu, the SBA has declared a disaster declaration for the entire State of New Hampshire based on economic injury due to the novel coronavirus (COVID-19).

All the details including the joint press release, the loan application process, assistance for government contractors, and other resources can be found <u>here</u>.

Small businesses looking for assistance should reach out to one of the following partners for help with things such as filling out paperwork, questions or even advice. These partners include SCORE, NH Small Business Development Center, and the Center for Women & Enterprise (NH's Women Business Center and Veterans Business Outreach Center). You will find links to these partners at www.sba.gov/nh.

Since this is a very rapidly developing situation, to keep up to date on all activities effecting NH small businesses, please join our mailing list <u>click here</u>.



WEEKLY COVID-19 UPDATE

- Governor Sununu restricted hotels and other lodging properties, including Airbnb, to providing lodging only for essential workers and vulnerable populations through Emergency Order 27.
- The Small Business Administration (SBA) reports that its Office of Disaster Assistance expects to roll out Economic Injury Disaster Loans (EIDL) next week. Eligible applicants can receive a \$10,000 emergency grant. For more information, click here.
- Our partners at the <u>New Hampshire Small Business Development Center</u> is helping small business owners navigate the programs and resources available to them. Their comprehensive COVID-19 page explains available loans, grants and deferment programs available, as well as a link to connect with a small business advisor.
- The COVID-19 pandemic has grounded many New Hampshire companies doing business in the global marketplace. The Department of Business and Economic Affairs' Office of International Commerce invites companies experiencing a slowdown to join the free webinar, <u>Using Digital Strategies to Maximize International Sales</u>, from 11 am noon, on April 15. OIC's popular <u>Export Boot Camp</u> is now available online, for more information and to register visit the website.
- The New Hampshire Procurement Technical Assistance Center (NH PTAC) is a free resource for companies doing business with the federal government. Amid the COVID-19 pandemic, government spending, particularly defense spending, continues, as new and increasing needs posed by the coronavirus emerge daily. For free technical assistance, contact NH PTAC.

The Department of Business and Economic Affairs is working with its state and federal partners to provide resources to New Hampshire businesses affected by COVID-19. For information, visit www.nheconomy.com/covid19 or email us at info@nheconomy.com.

CLICK HERE for the SMALL BUSINESS OWNER'S GUIDE TO THE FEDERAL CARES ACT

THE LEE BACKYARD FARMING INITIATIVE SERIES scheduled for MAY 2020 have been postponed until further notice.

RECREATION COMMISSION PROGRAM UPDATE

Fishing Derby Postponed – TBD

Model Rocket Day and the Music in the Park Program – Stay Tuned

LEE HISTORICAL SOCIETY UPDATE

THE MUSEUM'S 2020 OPENING DATE TBD

The Lee Historical Society's programs for April & May will be rescheduled. Check here for updates.



During this time of social distancing and no Farmer's Markets – Please remember to shop your local farms online, by delivery or pickup

CLICK HERE for Lee Farmers Market Facebook Page

CLICK HERE for the Lee Farms and Agricultural Brochure



NEXT SELECT BOARD MEETING VIA ZOOM - Tuesday, May 26th 6:00 pm

Please check the website for Agendas and instructions on how to access Zoom meetings Subject to change, please check the website meeting calendar

Meetings can be seen on YOU Tube at CLICK HERE

Any events listed in the E-Crier are subject to change without notice, although we will do our best to keep you informed in a timely manner

NH Department of Health and Human Services Press Release 4/9/2020

NH DHHS Announces Resource Guide and Warm Line to Support Families During COVID-19

Concord, NH – The New Hampshire Department of Health and Human Services (DHHS), Division for Children, Youth and Families (DCYF) has developed two new resources to help children, youth, families and caregivers during the COVID-19 emergency.

The first is "Supporting Child and Family Wellbeing During the COVID-19 Emergency," a new resource guide with practical tips on how we can all support children and families during COVID-19. The guide also provides a list of resources available to families statewide. The second resource is the Family Support Warm Line, a partnership between DHHS and Waypoint. The Family Support Warm Line is a no-cost, confidential phone support line focused on promoting family resiliency. Residents can call 800-640-6486 and speak with family support professionals and parent partners for help with managing family challenges, coping strategies, or emotional support during COVID-19. "Our data has shown a decline in the number of calls made to DCYF from those community helpers who regularly see kids face to face, but this is continues to be a stressful time for families and our focus has to remain on prevention," said DCYF Director Joseph Ribsam. "Having resources readily available and a place where parents and caregivers can turn if they need to talk to someone can make a difference for our families and guide them to the services they need to stay strong and healthy, before they reach a tipping point that leads to abuse or neglect."

The efforts stem from Emergency Order #22, issued by Governor Chris Sununu on April 1, which authorizes emergency funding for critical child protection services to ensure that New Hampshire families continue to receive the right services at the right time during the COVID-19 emergency. In addition to the Family Support Warm Line, the funding will support domestic violence and substance use supports, expansion of the DCYF Strength to Succeed Program, and additional technology support for DCYF-involved families.

March data from the Division for Children, Youth and Families (DCYF) shows a <u>decrease in referrals</u> to DCYF's Central Intake, compared to the same time period over the past two years. New child abuse and neglect referrals are down nearly 50% each week overall.

April is National Child Abuse Prevention Month. To learn more about NH's Child Abuse Prevention Month activities, visit the <u>New Hampshire Children's Trust</u> website. To learn more about recognizing the signs of child abuse and neglect, visit <u>Know and Tell</u>, an education program offered through the Granite State Children's Alliance, the Chapter Organization for the network of New Hampshire's Child Advocacy Centers.

The Family Support Warm Line can be reached toll-free at 1-800-640-6486, Monday through Friday, 8:30 a.m. to 4:30 p.m. If you suspect child abuse or neglect, call the DCYF Central Intake line at (603) 271-6562 or toll-free (in state) at (800) 894-5533.

FOR MORE INFORMATION, STATE JOINT INFORMATON CENTER, 603-223-6169 or jic@dos.nh.gov



Notice: Change in Services Due to Social Distancing Recommendation

Ready Rides is still operating during this time. We have adjusted our services to reflect the recommendations in place and to protect both our drivers and riders while still remaining available to those most vulnerable without taking them from their homes to incur possible contact with the virus.

We are still providing rides to patients who require life sustaining services such as dialysis, blood transfusions, injections etc. We will take each request as they come in and assess the depth of the need. We are suspending all rides to counseling, physical therapy and general health and dental checkups. We recommend you utilize family friends and neighbors who you already have regular contact with to help provide rides during this short suspension.

A service we are adding to our registered riders is pharmacy pickups and food pantry and grocery pickups. If you have placed an order with Walmart.com or Hannaford.com we have volunteers who will pickup these orders and bring them to your door with minimal contact.

If you are unable to order online and you are in desperate need of help with acquiring food or some necessity here are some resources. Currently if you live in the town of Durham call 868-2324 for assistance. If you live in the town of Newfields call 772-9010 and ask for Helping hands for assistance.

Barrington, Lee, Madbury, New Market, Northwood, Barrington, Nottingham and Strafford towns do not directly have things in place yet. Call us here at 244-8719 and we will do our best to find a way to get you the help you need.

What Ready Rides Offers During Normal Operation

Ready Rides provides transportation at no charge for the elderly & disabled residents living in: Barrington, Durham, Lee, Madury, Newfields, Newmarket, Northwood, Nottingham and Strafford. Rides are provided by volunteer drivers using their own vehicles. Accessible rides available.

To request information about registering as a rider or becoming a volunteer driver, please email us at info@readyrides.org or call (603) 244-8719. You can find an Application for riders and a Volunteer Application can be printed from this website and emailed or mailed to Ready Rides P.O. Box 272 Northwood, NH 03261. Be sure to also print out our service description.

For other transportation options available in the region, please visit ACT's <u>Community</u> Transportation Directory.

LEE CONSERVATION COMMISSION

Things to See and Places to Go - May 14 - May 26, 2020

TERRESTRIAL

Check Out Our Facebook Page: https://www.facebook.com/LeeConservationCommission/ Amanda Gourgue, who maintains the Conservation Commission's Facebook page, publishes frequent posts to help folks learn about local trails, flora, fauna, and habitats. As well as posting about outdoor/indoor activities for families and how to enjoy the outdoors while keeping safe during this period of social distancing, Amanda finds things to amuse, comfort and delight. Her work makes our Facebook page a lively, fun, and informative place to visit.

Wednesday, May 20, 10:00am - Live Storytime at NH Audubon: On chilly or rainy days, or when you and your child are having a bit of quiet time, tune into the NH Audubon's Facebook page every Wednesday at 10:00 to listen to a nature-based children's story. https://www.facebook.com/nh.audubon/

Thursday, May 21, 10:00am - Live Animal Q&A, with Shelby: Every Thursday at 10:00, NH Audubon Educator, Shelby Morelli and one of Audubon's animal ambassadors will take part in a live Q&A session. Past sessions have featured a painted turtle, a barn owl, and last week, a wood turtle that had long ago lost its two front legs after a less than salutary encounter with an otter. All videos are available for viewing anytime on their FB page (link above).

Anytime: Take a Walk in the Lee Town Forest - Our cool spring continues, but that's okay, it means that this season is progressing at a pace that allows us time to savor it. The changes continue to unfold along our purple ribbon loop. On Sunday, Nature Notes #8 will be posted on our Facebook page (link above). Featured topics include beautiful more returning migrants, spring flowers in sunny habitats, shagbark hickory trees, moosewood and more lichen gardens.

Anytime: Take a Walk in the Maud Jones Memorial Forest - Don Quigley has posted a new self-guided walk through MJMF. His guide is posted on site, so you can pick up a copy at the MJMF trailhead. It is also posted on the Lee Conservation Commission's Facebook page (link above) - just scroll down, and let the page load. Don's second walk features, among other things, the importance of dead wood in supplying micro-habitats and nesting sites for both invertebrates and vertebrates; a sampling of some of the habitats found in the forest; and specific plants such as oaks, yellow birch, and wetland wildflowers. There's even a quiz you can take at the end of your Walk!

Anytime: Go for a Butterfly Walk: The first butterflies of spring are flitting about, and there's a good chance you can see a few. Just walk along the powerline right of way that runs from the Lee Community Church parking lot to the bog (you can also access it from the trail that runs behind the library, which leads straight to the powerline trail. There are little blue spring azures seen there almost daily; as Henry's elfin is frequently sighted there as well. Seen for the first time this week, a mourning cloak - the first big butterfly of the year.

Anytime: Go on a minibeast adventure: One of the things almost all children (and lots of grownups) enjoy is turning over a log or a rock to see what's underneath. Depending on where your log or rock is located, you may find the silky filaments (often ghostly white) of mycelia - the nutrient and water seeking, vegetative parts of fungi; you might also vertebrates such as red-backed salamanders; but chances are that you'll certainly find some minibeasts such as, sow bugs (a previously featured Critter Card), centipedes and millipedes (last week's Critter Card (see below)). Take pictures of the different

minibeasts you find, and/or help your child keep a minibeast journal with drawings and information about where the beast was found and what information you can gather about it.

YouTube has a sweet series of videos, Minibeast Adventures with Jess, that are gently entertaining and provide lots of information about different small critters. Here's one on millipedes and centipedes:

https://www.youtube.com/watch?v=tcQYeWDeOLg&feature=youtu.be&fbclid=IwAR2HISzyRk-CkmMWow9nSFHNDZyVFKO4ex7EEkBsvcpZWNhBu1UgwJVAbbs

Critter Cards: Mass Audubon's Joppa Flats Education Center has issued two new critter cards. Each card provides information and several activities that you and your child can do. Folks are encouraged to post their observations, drawings, paintings, photos, poems, etc.

Last week's Critter Card featured the millipede:

https://www.facebook.com/MassAudubonJoppaFlats/photos/a.257414180946/10156785058560947/type=3&theater

This week's Critter Card features the eastern cottontail rabbit:

https://www.facebook.com/MassAudubonJoppaFlats/photos/a.257414180946/10156807540035947/type=3&theater

Can't get enough of those millipedes?: As a follow up on all things millipede, Joppa Flats has set up a millipede blog with information, videos, poetry and self-designed experiments for kids: https://blogs.massaudubon.org/theflats/millipedes-march-into-critter-cards/?fbclid=lwAR2QJL6u-JglFPxc4llYC-UbDgSylpy2dU8AwAQ24Etw9fGN9v2c5Rv0190

Bird of the Week: Male Redbreasted Grosbeak (at right):

The first time I saw a rose-breasted grosbeak it took my breath away an experience that is repeated just about every time I see one. With his massive white, triangular beak; black head, throat, and back; black and white wings with pink underparts; black and white tail; and white breast with its striking crimson chevron, the male redbreasted grosbeak is a remarkably beautiful bird. The female is attractive in her own right, albeit in a more subdued way. She is a study in browns and whites, and strongly resembles a female purple finch, but her large size; necklace of



PHOTO BY ANDREA LEBLANC

creamy-yellow flecked with black; wings with yellow underparts; large triangular beak and pronounced white eyebrow set her apart.

Rose-breasted grosbeaks are more closely related to cardinals than they are to the grosbeaks that spend the winter in this part of the planet. They are Neotropical migrants - wintering in Central and South America and traveling to North America to breed. Rose-breasted grosbeaks are strong fliers - they need to be for a journey north that can cover a distance of 2000-2500 miles, including a non-

stop 500 mile crossing of the Gulf of Mexico. That's an amazing feat for a creature that weighs in at about an ounce and a half, the equivalent of 15 pennies. Each spring, when our resident rose-breasteds return, as they did this Monday, I imagine the huge effort it took them to get here and am blown away by the strength and resilience of these gorgeous birds.

With that huge, seed-cracking beak, it's a safe bet that seeds are an important part of the rose-breasted grosbeak's diet, and it does consume quantities of sunflower and other seed varieties. But this species is a generalist, consuming insects, fruits, seeds, buds, and galls - in fact, at this time of year, in their breeding grounds, grosbeaks eat more animal matter, mainly insects, than any other food.

Male and female rose-breasted grosbeaks mate for life and their devotion to one another and to the rearing of a family is truly impressive. They arrive within days of each other and courtship soon follows. Song is a big part courtship, and as is the case with their cardinal cousins, both male and female sing - a clear, pure whistle similar to the robin's "cheer-up, cheerio, cheerilee". This YouTube link shows a male singing: https://www.youtube.com/watch?v=NixrHvecZ8c

Following courtship it's time to get down to raising a family. The female, with perhaps some input from the male, choses a site in which to raise the next generation; nest locations are highly variable shrubs, trees, and vines, with tree forks favored over nests placed atop branches. While the female gathers all the materials used for constructing the nest - twigs, grass stalks, straw, rootlets, and dried leaves - the male takes part in building the often flimsy, loose, cup-shaped nest. By flimsy, I mean, really, really flimsy - often the eggs can be seen through the bottom of the nest! One to five eggs are laid. Most of the incubating is done by the female; however, during the day, the male gives his mate some time off by taking on 30% of the incubation work. Both birds sing softly to each other when they switch incubation duties, and the male often sings loudly from a nearby perch while the female sits in the nest. Once the eggs are hatched, female and male share equally in brooding their hatchlings.

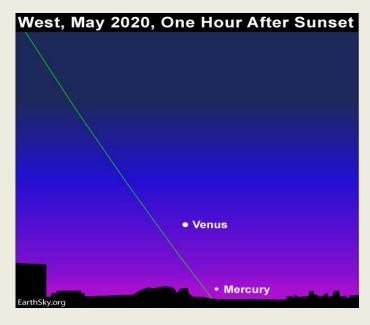
Needing fat and proteins to grow quickly, the young are strictly insectivorous. It takes a lot of insects to grow a grosbeak, and parent birds have been recorded bringing food to their nestlings at a rate of 28-58 feeding visits per hour. After six to twelve days of almost constant feeding by both parents, the young leave the nest. They remain dependent on their parents for an additional three weeks, and the family group remains together through the summer.



FEMALE ROSE-BREASTED GROSBEAK, PHOTO BY ANDREA LEBLANC

As the days begin to shorten and autumn approaches, rose-breasted grosbeaks change their diet and become almost exclusively fruit-eaters. Just as ultra-marathoners carbo-load for days prior to a race, rose-breasted grosbeaks, the ne plus ultra of marathoners, need the carbohydrates, fats, and antioxidants found in fruit, particularly berries, to make their incredible journey back to their wintering grounds. By mid-September, they've gone.

Celestial

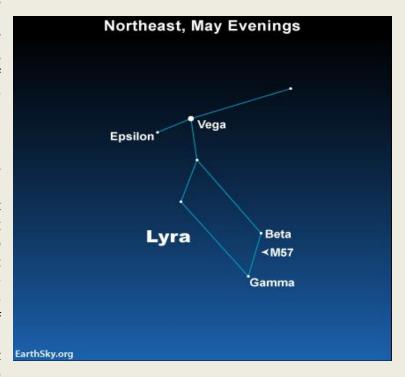


blue-white star, Vega is only 25 light years away and has a mass slightly more than twice that of our sun. It is a much younger star - whereas the sun is 4.603 billion years old, Vega has been around for a mere half billion years. You'll have to wait for the sky to grow dark, but look for lovely Vega in the northeast sky any time after 8:45.

May 17, 8:55 p.m., Looking Northeast - International Space Station Satellite Zarya: Look high and to the right of Vega at around 8:55 p.m. for ISS Zarya descending right to left. To get a preview and to help you see what you'll be looking for, visit Stellarium (link below) and change the perspective to a northeast view; use the date and time setting on the lower right of the screen to set the date as May 17 and the time to 20:55:39 - Zarya will appear at the upper right of the screen and start to drift down towards Vega.

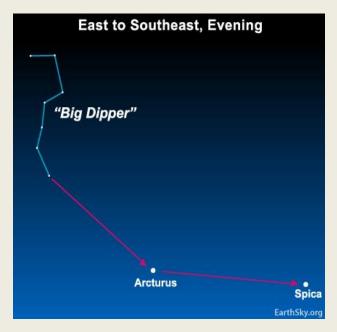
May 14, Looking West after Sunset - Venus and Mercury - You'll need an unobstructed view of the western sky to see Mercury. Venus will be very easy to find. After the Sun and the Moon, this is the sky's brightest object. If your view of the western horizon is less than ideal, don't dispair - in another ten days, Mercury will float higher in the early evening sky.

Throughout May, Looking Northeast after dark (8:45 p.m. and later): Vega - Try to become familiar with this star over the next week, because you can use it to find the satellite Zarya - the first component of the International Space Station. The brightest star in the constellation Lyra, the Harp, Vega, also known as the Harp Star, is the 5th brightest star in the night sky. A beautiful



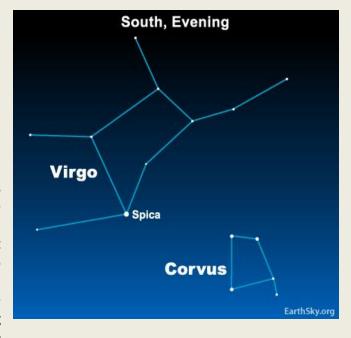
Zara was the international space station's first module, and was sent into orbit in 1998. It was used to supply power and storage to modules of the space station as its modules were assembled. Twenty-two years later, Zarya continues to be used to provide storage for the space station. That little blip you'll see crossing the sky this evening measures 42 feet long, 13 feet wide and weighs in at 21,300 tons.

Anytime in May, after 9:00 p.m., Looking South - Big Dipper to Bootes to Virgo to Corvus: If you're learning the constellations with your child, you can constellation-hop from the easily recognized Ursa



Major to the Shepherd to the Virgin to the Crow. At this time of year, the only difficulty is waiting for the sky to get dark enough.

After you've located the handle of the Big Dipper in Ursa Major, draw an angled, imaginary line from Alkaid, the last star in the Dipper's handle, angled towards the



bright star to Alkaid's lower right. That star is Arcturus, the brightest star in Bootes, The Shepherd. Once you've connected to Arcturus, draw your imaginary line at a nearly, but not quite, straight line to the right until you get to Spica, the brightest star in Virgo, the Virgin, and the 16th brightest star in the sky. The mnemonic for this particular star-hopping venture is: *Arc to Arcturus, then drive a spike to Spica*.

Once you've located Spica, you can go on to find Crovus, The Crow. Draw a spike from Spica slightly down and to the left until you reach the two stars that sit at two corners of the four-sided constellation that is Corvus.





May 21-May 26, Looking West, 45 Minutes after Sunset - Venus and Mercury: Venus is easy, Mercury not so much. The clearer your view of the western horizon the better. If your view of the west is less than perfect, wait a bit later in the month when Venus and Mercury sit higher in the sky and the Moon joins the dance.



Don't forget these two online resources to help you and your family explore the night sky:

EarthSky (https://earthsky.org/). The EarthSky website provides several weeks' worth of nightly write-ups about what's going on in the night sky, along with a brief daily feature giving more in-depth information about a particular night-sky object. They've very generously given their permission to have their graphics used in this newsletter, and I encourage you and your children to visit their website.

Stellarium (https://stellarium-web.org/), has replaced StarAtlas, but remains an interactive map of the night sky. This new incarnation will set itself to your location. You can change the time and date to coincide with when you'll be star-gazing, and the map scrolls in all directions. If, for instance, in your location the best place for viewing the night sky happens to be facing west, just scroll the map to show the stars, planets and satellites that will appear in that part of the sky. Once you have the sky set for viewing time and direction, you can click on objects in the sky and an information box will appear giving the object's name plus information about brightness, type of object, etc. This is a fantastic website.

LEE FIRE & RESCUE DEPARTMENT



Scott M. Nemet Fire Chief 20 George Bennett Road Lee, New Hampshire 03861 (P): 603.659.5411 (F): 603.659.9611



Jeffery S. Liporto Deputy Chief

TIMELY TOPICS FOR THE SPRING SEASON

We are in the midst of unprecedented times with the onset of the COVID 19 Virus. In an effort to protect our personnel and the public, the Fire Department has adjusted its operations. We are still fully staffed and operating to protect our community and respond to emergencies, but we have put a hold on or adjusted the way we provide some of our services. The Safety Complex has been closed to all visitors for the foreseeable future. All official business will be conducted by phone or email. Phone numbers and email addresses are provided on the Fire Department's web page (https://www.leenh.org/fire-department).

Burn permits are still required for all outside burning and all State burning regulations are still in effect. Burning regulations and permits can be found below.

All station tours are suspended as are all home visits for wood stove, burn permit and inspection purposes. Furnace installation inspections will be conducted on an emergency basis for emergency replacement only. All furnace replacement work shall be coordinated through the Fire Chief's office before any work is to be done.

All local bodies of water are ice free at this time. Please be cautious when recreating on the water as the water temperature is still near freezing and any exposure to the water could lead to hypothermia very quickly. Always wear a safety jacket when boating and abide by all safe boating practices.

All information regarding the Town of Lee's recommendations and response to the COVID 19 crisis will come from the Town of Lee Health Officer, Caren Rossi. All questions should be directed to her office at (603) 659-6783. Please abide by all recommendations to stay home, social distance, hand wash and protect yourself and the community. Only together can we make it through this crisis. For more information regarding COVID-19, please visit www.cdc.gov/.



LEE FIRE RESCUE DEPARTMENT SEEKING CALL FIREFIGHTERS AND EMTS

CLICK HERE for more information



CLICK HERE for NH BURN PERMIT RULES AND REGULATONS

CLICK HERE to get a Burn Permit Online

BACKYARD BURNING QUICK GUIDE
DIVISION OF FORESTS AND LANDS FIRE PERMIT BROCHURE

Please <u>CLICK HERE</u> for the Fire Department Fee Schedule

Please <u>CLICK HERE</u> for the Permitting Checklist and Reference Guide

WHEN SECONDS COUNT...



Can the Police, Fire, or Ambulance find your home when you need them for assistance with an emergency? Can they find it at night? Can they find it during a snowstorm?

Having your name and number on a mailbox is just not enough. Some mailboxes are clustered together. The numbers are small and the location may not mark the entrance to your driveway.

The Lee Firemen's Association, in a joint effort with the Lee Fire Department, has a program to install reflective house number signs at driveway entrances to assist all

emergency responders in locating your home in a time of need. The cost for each sign with a post is \$35.00 and it will be installed by the Lee Firemen's Association.

Please take the time NOW to SAVE TIME in an EMERGENCY. CLICK HERE for Reflective House Number Sign Request Form

McGregor EMS Volunteers Needed

McGregor EMS is currently seeking both Medical and Non-Medical Volunteers. Those interested may email membership@mcgregorems.org. To learn more about this great service CLICK HERE!

WILKINSON FOOD PANTRY Lee Church Congregational, 17 Mast Rd

Even though our building is closed, the food pantry is still open to any household in the towns of Lee, Durham, Madbury, Newmarket, and Nottingham. Delivery is through a walk-up window service to minimize contact during this time. The pantry is open the 1st & 3rd Monday of each month from 6 - 7:00 pm. If you have an emergency need for food outside of the normal hours, please call the Church office at 659-2861 or email at leechurchucc@comcast.net. All visits to the pantry are strictly confidential.

LEE TOWN COMMITTEE AND COMMISSION VACANCIES

The Planning Board, Energy, and Sustainability Committees have openings to be filled. If you are interested contact the Town Secretary Denise Duval at 603-659-5414 or email dduval@leenh.org. CLICK HERE for Application.

COMMITTEE, COMMISSION & BOARD MEETING CALENDAR

Go to https://www.leenh.org/calendar

LIBRARY CALENDAR

Go to https://www.leenh.org/node/14/events/month/2019-08







CURBSIDE PICKUP STARTS MONDAY, MAY 11, 2020

Calling all library lovers! The Lee Library will begin offering limited curbside pickup starting Monday, May 11, 2020. Curbside pickup will be Monday - Friday 1-4 pm, Tuesday 4-7pm and Saturday 10-2pm.

To take advantage of the new pick up service, please make your requests either by using the <u>library catalog</u> (best choice), email your requests to <u>leelibraryill@comcast.net</u> (second choice) or by calling and leaving a message 659-2626.

All requests need to be received by 12:00pm each day for same day pick up from 1 - 4pm. Any requests received after 12:00pm cannot be guaranteed to be available that same day.

For evening pickup, we are offering Tuesday evenings from 4-7 pm. Please have your request in by 4pm for same night pickup.

For curbside pickup on Saturdays from 10-2, please have your request in by 4pm on Friday.

When placing your email or call requests please provide up a phone number and approximate time you plan on picking up your requests.

NO RETURNS PLEASE

PLEASE NOTE: We are **NOT** accepting any returns at this time. Please keep the items you have until further notice. The Book drop will remain closed.



GOVERNOR & EXECUTIVE COUNCIL MEETING WEDNESDAY, May 6, 2020

CLICK HERE for the 5/6/2020 Minutes

Next Governor & Executive Council Meeting

Wednesday, May 20, 2020 10:00 a.m. at the State House in Concord, NH

STRAFFORD COUNTY COMMISSIONERS

First Quarter Budget 2020 Report Meeting Via Zoom
Friday, May 22, 2020 9:00 am
CLICK HERE for MEETING NOTICE
CLICK HERE for 1st Quarter Budget Report
CLICK HERE Executive Committee Update May 2020

Help UNH Extension map food-access resources and needs across New Hampshire during COVID-19 – CLICK HERE

FOSTER HOMES NEEDED IN STRAFFORD COUNTY

Foster children come from your town, your neighborhood, and your school. They are friends of your child, members of your church, and kids on your little league team. They are babies, toddlers, school-aged kids, and teenagers. They are brothers and sisters who need to stay together. Due to a situation beyond their control, they have to be displaced from their homes and put into a temporary home. They need support, guidance and love. They need a safe place to call home while their family works to put itself back together. Are you able to make a difference in a child's life? Are you able to open your home to a child from your community — enabling them to remain in a familiar school, with familiar friends? There is a real need for foster homes in the Merrimack and Strafford County areas for Children of all ages & sibling groups.

If you'd like to learn more about the foster care program, please contact Dawn Ghiorzi, Recruitment and Licensing Specialist, with Ascentria Care Alliance at 603-931-9582 or at dghiorzi@ascentria.org. For more information on how you may help foster children in the Lee community please call Sally Cedarholm at the Lee Church 603-659-2861 or email her at leechurchucc@comcast.net.

If you are a Lee Resident in need of assistance with a Veteran's issue the Lee Memorial VFW Post 10676 may be able to help.

This post serves the communities of Lee, Durham, Madbury and Newmarket and has Service Officers who can help folks with just about any Veteran's related issue. At the State level they have a seat on the SVAC (State Veterans Advisory Committee) and are linked with tens of other non-profit Veterans organizations that provide a host of services. Please contact Andy Corrow, Commander, VFW Post 10676, at 603-397-9267 or vfwpost10676@yahoo.com for assistance.





With Emma Erler

UNH Extension Education Center Program Coordinator (as seen on WMUR's Grow it Green) and Nate Bernitz

Mondays & Thursday, at 3:00pm

Tune into - Ask UNH Extension Facebook Page

Facebook live sessions where UNH Extension staff will discuss gardening in the Granite State. A wide variety of topics focused for the enthusiastic home gardener are covered.

May 18 - Landscaping for Wildlife with Matt Tarr

May 21 – Food Preservation: Canning, Pickling, Jams and Jellies with Ann Hamilton

May 28 – Food Preservation: Freezing, Drying and other Food Preservation Techniques with Ann

Hamilton

Two Interactive Maps to Help you Find Food



The New Hampshire Farm Products Map:

In response to the developments associated with COVID-19 and the resulting adaptations being made by farmers as they market their products, UNH Cooperative Extension has developed a statewide New Hampshire Farm Products Map. This is the only statewide map of its kind. This tool will make it easy for farmers to update their information on an interactive online map so that consumers can quickly and easily learn where and how to purchase their products in light of the changing situation associated with COVID-19.

Add your Farm to the Map **HERE**



The New Hampshire Food Map

UNH Extension worked with the public assistance community to create the New Hampshire Food Access Map, an online platform that enables organizations to offer their services and share their needs with the public.

The map shows locations where:

- free or low-cost food is offered
- volunteers are needed
- donations are accepted

https://extension.unh.edu/foodaccessmap

ATTENTION!

To receive the E-CRIER via email every week go to www.leenh.org, click on the Subscribe button under the Town Resource Center section & follow the directions to subscribe.

If you do not have the internet please come to Town Hall for a **<u>printed copy</u>** or go to the Library to view it there. If you cannot leave your home please call Town Secretay Denise Duval at 659-5414 to have it mailed!