

TOWN OF LEE, NEW HAMPSHIRE
249 Calef Highway
Lee, New Hampshire 03861
(603) 659-5414

**Lee News & Upcoming
Events
June 10, 2022**

NOTICE TO VOTERS – Declaration of Candidacy for the 2022 NH State Primary

The 2022 NH State Primary will be held on September 13, 2022. The polls will be open from 7:00 am - 7:00 pm.

Declaration of candidacy filings may be received June 1st - June 9th through the mail or hand-delivered. All filings received on the last day (**June 10th**) must be made in person by the candidate. Pursuant to RSA 652:20, the Lee Town Clerk's office will be open on the last day of the filing period until 5:00 PM to accept filings in person by the candidate. Please call the Lee Town Clerk's office at 603-659-2964 if you have any questions about the declaration of candidacy process. There are fees and forms that must be completed. Do not email declaration of candidacy forms.

Declarations of Candidacy to be filed with the NH Secretary of State at 107 N. Main Street, State House, Room 204, Concord, NH 03301:

- GOVERNOR
- UNITED STATES SENATOR
- REPRESENTATIVE IN CONGRESS
- EXECUTIVE COUNCILOR
- STATE SENATOR
- COUNTY OFFICER

Declaration of Candidacy to be filed with the Town Clerk at 249 Calef Highway, Lee, NH 03861:

- STATE REPRESENTATIVE
- DELEGATE TO THE REPUBLICAN STATE CONVENTION (ELECTION)

The last day a registered voter could change their party affiliation before Sept. 13, 2022, state primary was May 31, 2022. Per state law, voters may not change their party affiliation 90 days before a primary.

SELECT BOARD MEETINGS

June 13th and 27th Select Board Meetings 6:00pm
Public Safety Complex, 20 George Bennett Road
Subject to change, please check the website meeting calendar

Meetings can be seen on **You Tube** at [CLICK HERE](#)

**LIVE, ONLINE EVENT: MEET
NEW HAMPSHIRE'S MOTHS**
Saturday, June 10th 7:00-7:45 pm



Want to learn about some of the moths that live in New Hampshire and how to better observe them? As a lead in to the “Wonderful World of Moths” event, the UNH Cooperative Extension Forestry and Wildlife Program will air an online discussion with Sam Jaffe, Executive Director of the Caterpillar Lab. Sam will talk about New Hampshire’s moths and how to observe them. There is no fee and no registration is required. If you’re not able to make the live event on the evening of June 10, the discussion will be recorded and available for

viewing at any time. To watch the discussion, either live or recorded, visit the Coop. Ext. Forestry and Wildlife Program’s Facebook page: <https://www.facebook.com/nhwoods.org>.

THE WONDERFUL WORLD OF MOTHS AT NIGHT

SATURDAY, JUNE 25th 8:00 – 11:00 pm

Little River Park, 34 North River Rd, Lee, NH

Moths are an incredibly diverse group of insects with more than 3,000 species occurring in New Hampshire. They are important pollinators and food for a wide variety of birds, mammals and even fungi. Many moth species are nocturnal – when we are turning in for the night, they are heading out. However, with the right tools and a willingness to stay out past our bedtime we can peek into the wonderful world of moths at night.

UNH Extension and the Town of Lee Conservation Commission are thrilled to host the Caterpillar Lab for a night of “moth lighting” and an opportunity to observe the mysterious world of nocturnal insects. The Caterpillar Lab will set up sheets with special moth-attracting lights and will help us identify the hundreds of species of insects (not just moths!) we expect to attract. You will be surprised by the diversity, size, and beauty of New England’s nocturnal insects. Be prepared to see and learn new things!

We will begin the evening under the pavilion with a live caterpillar display, caterpillar-inspired crafts, and stories and photos from local “moth-ers”. Then, we’ll move into the field to monitor insect visitors at the light station.

What to Bring: The event will be held entirely outdoors, so please dress for the weather. Be prepared for mosquitoes and ticks; if you choose to use insect spray, you will be asked to wash your hands after application and prior to touching any caterpillars or other insects. Bring a flashlight for each participant, a snack, and plenty of water.

Registration: This event will be limited to 30 attendees. [Click here to register](#). **Cost:** In order to ensure this program is accessible for all, there are multiple registration fee options - \$0, \$5, \$15, or \$25. Please pay what you can.



Photo by Larry Kindberg

8th ANNUAL MODEL ROCKET DAY

Saturday, June 11th Little River Park 9:00am

Hosted by the Lee Recreation Commission

This is a free event for the children of Lee. Model rocket kits and engines will be provided on the day of the event. As in the past, the rockets will be built in the Randy Stevens Pavilion and launching will begin at 10am. Please contact Larry Kindberg, larrykindberg@comcast.net or call 603-292-5790 to register and reserve your rocket kit. Rain date is Saturday, June 25th.

DRIVE THRU COFFEE STAND / LEE CHURCH YOUTH GROUP FUNDRAISER

Saturday, June 11th 7:00 am – 10:30 am

Lee Church Congregational

The Lee Church Youth Group will be having a drive thru coffee stand to raise money for their upcoming mission trip. This group of amazing kids take time out of their summer each year to help rebuild low-income housing. Let's help them by coming on down to the church and grabbing a coffee and a goodie!! Looking forward to seeing everyone there!!



LEE CHURCH CONGREGATIONAL CHICKEN BBQ

SATURDAY, JUNE 18th 3:00pm until Sold Out

\$8 for ½ chicken OR \$12 for a Dinner

Dinner includes ½ chicken, coleslaw, baked beans, brownie and utensils



LEE VFW POST 10676 – FLAG RETIREMENT CEREMONY

Tuesday, June 14th Lee Transfer Station

The U.S. Flag Code says, "The flag, when it is in such condition that it is no longer a fitting emblem for display, should be destroyed in a dignified way, preferably by burning." When an American flag is worn beyond repair, it should be retired in a respectful manner. Please feel free to drop off your retired flags at the Transfer Station any time before June 14th.

LEE FAMILY NIGHT AT THE PARK
THURSDAY, JUNE 16th 5:00 pm – 8:00 pm Little River Park
Sponsored by the Lee Police Department and Lee Recreation Commission



LIVE MUSIC – QUANTUM STEPS DUO
BARRINGTON K9 DEMONSTRATION

FACE PAINTING

BIKE RODEO (Bring your own bike)
(Philbrick's Bike Shop will be on site for bike and helmet inspections)

FOOD - HAWAIIAN HUT

ICE CREAM NOVELTIES

OBSTACLE COURSE

3-LEGGED RACE

SACK RACE

TOUCH A TRUCK

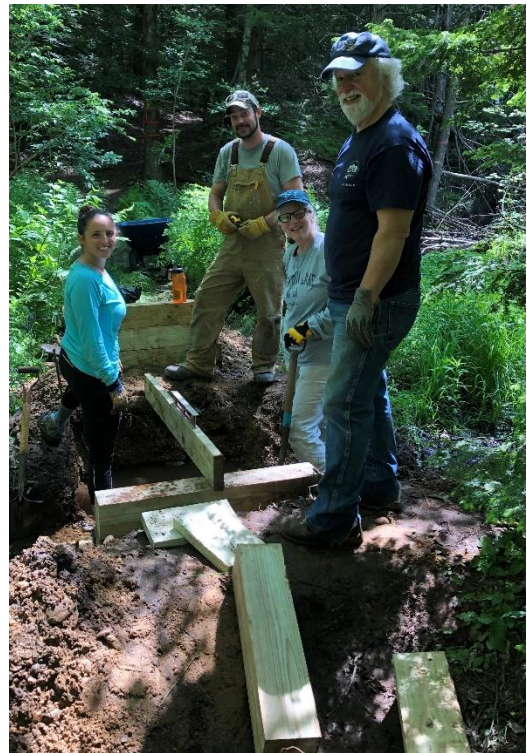


TRAILS COMMITTEE NOTICE

New Bridges at Little River Park



The Little River Trail in Little River Park has two new bridges! No more walking across a rusty culvert or through a muddy stream. Thank you Trails Committee for your hard work!



Photos by Trails Committee Members

Are you interested in helping out with the next bridge project? For more information, email Deb Sugerman at debsugerman@gmail.com.

Town Forest Bridge #4 Completion

Join us Saturday, June 25th, 9am - 12pm, to help move wood to bridge location
 June 27th-29th, 9am – 1pm, to help build the 24' bridge

CINNAMON FERN PART 1: FROM FIDDLEHEADS TO SPORE RELEASE

By Catherine Fisher, Conservation Commission

When our family moved to Lee four decades ago, we were charmed by the three stately cinnamon ferns growing beside our home's front stoop. Their graceful, vase-shaped form and feathery, bright green fronds gave a lush look to our dooryard. In October, those ferns continued to delight as their fronds turned from brilliant green to warm yellow, gold and rust. The following spring was a revelation, as furry fiddleheads punched out of the ground and slowly uncoiled. Best of all was the emergence and maturation of the fertile fronds, their pale, beaded leaflets taking on the coppery cinnamon colors for which this fern is named.



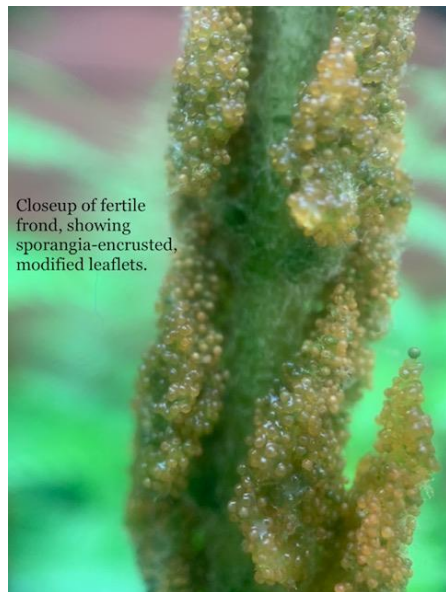
Cinnamon fern, *Osmundastrum cinnamomeum*, belongs to Osmundaceae - the royal fern family. Interrupted fern and royal fern, both of which grow on the property, are included in this family. Members of the Osmundaceae family, is characterized by growing in a clump of upright fronds that emerge from a rhizome - a horizontal, underground stem. While many ferns produce sporangia (spore-containing capsules) that are produced on the undersides of fronds in receptacles called sori, cinnamon ferns, and other members of Osmundaceae produce sporangia that grow directly on modified leaf segments. The sporangia of cinnamon ferns are produced on fertile fronds whose modified leaflets are encrusted with dozens of spore-producing sporangia.



Soon after the leafy, sterile frond fiddleheads emerge, fertile frond fiddleheads begin to appear. Like the leafy fronds, fertile fronds are well-cloaked with fur, protecting them from the often bitter temperature dips of early spring. In the photograph showing the emergence of our dooryard cinnamon fern trio, the fertile frond fiddleheads are surrounded by the taller, sterile frond, which emerged earlier.



As the sterile frond fiddleheads uncoil and their leaflets open and straighten, the fertile fronds lengthen and begin to turn cinnamon-colored. This color-change is completed as the last bit of each sterile frond uncoils. Standing erect in their nest of sterile fronds, the fertile fronds house hundreds of developing sporangia. Though the wand-shape of the fertile frond disguises the fact that it is a leaflet-covered frond, a closer examination reveals that each cinnamon-colored stalk is made up of dozens of sporangia-covered leaflets. Each leaflet (pinna) houses scores of sporangia.



Closeup of fertile frond, showing sporangia-encrusted, modified leaflets.



No other fern produces fertile fronds like these, so while the sporangia are ripening, identifying cinnamon fern is easy - if you see a fern with several, unbranched, cinnamon-colored central stalks, that's a cinnamon fern. At other times of the year, when these fertile fronds aren't present, you'll need to look a bit closer, but identification is still easy. Look at the underside of the leaf where each leaflet joins the main stem (rachis). At the junction where the two meet, you'll find little furry tufts. No other fern has hairy armpits.



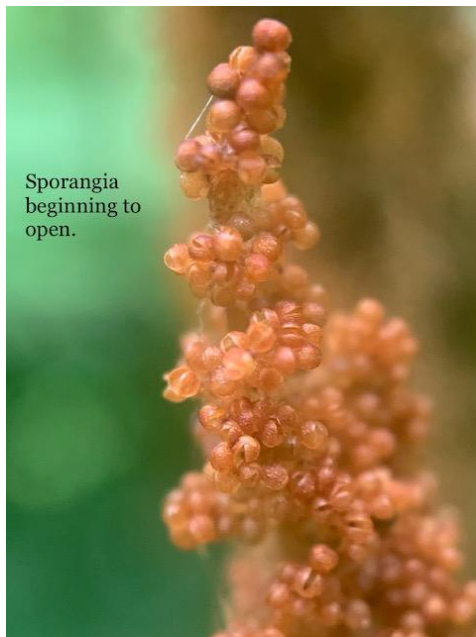
Blade underside showing wooly tufts at junction of leaflet stems and main blade stem (rachis).

Usually by late May or early June, the sporangia on our dooryard cinnamon ferns have begun to open. Conditions are optimal for spore survival at this time of year - the temperatures have warmed, and the soil is moist. One by one, each little sphere develops a crack and opens like a tiny Pac-man mouth. The process is gradual at first, with some spheres



slightly ajar, others closed tight, then a day or two will pass, and suddenly the entire aspect of the fertile frond has changed. As every sporangium releases its burden of 64 spores, the fertile frond takes on a rough appearance and exchanges its lovely cinnamon coloring for a less vibrant tan/brown. Having fulfilled its function, the fertile frond withers and becomes brittle. It is easily broken by wind or strong rains, and within weeks, it disintegrates entirely.

The spores released are different from those of many other fern species, in that they are green and contain chlorophyll. The function of these chlorophyllous spores is as yet unknown, but studies have shown that they are much shorter-lived than the spores of other fern species. If, upon their release, conditions aren't conducive to growth, their ability to survive and produce a new generation of ferns is slim. On the plus side, chlorophyllous spores germinate much more rapidly



Sporangia beginning to open.

than non-chlorophyllous spores, so if conditions are favorable, these spores quickly begin the process of creating a new generation.

Despite their fragility, cinnamon fern spores seem to have stood the species in good stead, for cinnamon ferns were alive and thriving when dinosaurs roamed the



Nearly all sporangia opened.

planet. Species have come and gone at a sobering rate on our green planet, with an average life span for multicellular creatures ranging from 5-10 million years. Cinnamon ferns have been living on Earth for over 75 million years. Their fossil remains, dating from the Jurassic Period, are identical to the trio growing outside our front door, earning today's cinnamon ferns the sobriquet of "living fossils". More recently, fossils have been discovered indicating that members of Osmundaceae have remained unchanged for a much greater time-span - perhaps as long as 180 million years. It's mind-stretching to think about while sitting on the front stoop admiring this venerable species.

NEW LEE TOWN OFFICES HOURS

Town Administrator's Office

Monday 8am – 6pm

Tuesday, Wednesday, Thursday 8am – 4:30pm

Friday 8am – 12:30pm

Town Clerk's Office

Monday 8am – 6pm / Wednesday 8am – 4pm / Friday 8am – 4pm

The decision was made to adjust the hours to pre-Covid hours to provide the public with access to these offices after 4pm.

LEE TOWN BOARD, COMMITTEE AND COMMISSION VACANCIES

See below for current openings! If you are interested, contact the Assistant Town Administrator Denise Duval at 603-659-5414 x301 or email dduval@leenh.org. [CLICK HERE](#) for Application.

The NEW Lee Municipal Technology Advisory Committee

The NEW CIP Committee

Planning and Zoning Boards

Ag Commission, Conservation Commission, Heritage Commission and Recreation Commission

Energy Committee, Fair Committee and Sustainability Committee

NH DRA's ANNUAL LOW & MODERATE HOMEOWNERS PROPERTY TAX RELIEF PROGRAM

The Low and Moderate Income Homeowners Property Tax Relief provisions are designed to lessen the economic burden of the State Education Property Tax on certain taxpayers. NH residents who own a homestead subject to the State Education Property Tax, resided in the homestead as of April 1st of the year for which the claim for relief is being made, and have a total household income of \$20,000 or less if a single person (or \$40,000 or less if married or head of household) may apply for property tax relief during the filing period - **after May 1, 2022, but no later than June 30, 2022.**

Find out more information by going to the Department of Revenue Administration's [website](#).

Form DP-8, Low and Moderate Income Homeowners Property Tax Relief:

<https://www.revenue.nh.gov/forms/low-moderate.htm>

RITA LANE IS NOW OPEN

NEWS ON WHEN THE PUBLIC DOCK AT DURGIN PRESERVE WILL BE OPEN COMING SOON

E-CRIER PUBLISHING ANNOUNCEMENT

If you have a community event that you would like to publish in the E-Crier, please email Assistant Town Administrator Denise Duval at dduval@leenh.org by noon on Thursday to get published in that Friday edition.

SWAP SHOP NEWS

Hours: The Swap Shop is open on Tuesdays, Thursdays and Saturdays 8:00 am – 5:00 pm.

The Swap Shop is open, if the garage door is open. **Please do not drop off anything if the Swap Shop garage door is closed.** The Swap Shop will close due to high winds, rain or if a volunteer is not available.

Bulky Items: The Swap Shop accepts large items.

We look forward to greeting our visitors at the Swap Shop. Seeing the free exchange of items between the folks in town brings a lot of satisfaction to the volunteers at the Swap Shop. If you would like to join in and volunteer, please let us know. Contact Forms are available at the Swap Shop or email us at swapshopleenh@gmail.com. You must be a residence of Lee and at least 18 years of age. Thank you!

DON'T FORGET, LEE DOES FOOD WASTE COMPOSTING!

BE PART OF THE PROGRESS AND HELP THE TOWN SAVE MONEY ON MSW!

Interested residents should e-mail the Public Works Director Steve Bullek at sbullek@leenh.org, call him at 603-659-6515 or sign up at the Transfer Station. The Town provides special compostable bags to bring your food waste in to the Transfer Station.

COMMITTEE, COMMISSION & BOARD [MEETING CALENDAR](#)

[NEW LIBRARY WEBSITE](#)

RECENT COVID-RELATED INFORMATION

[NH COVID-19 WEBSITE](#)

NH Department of Health and Human Services

[UPDATES \(including Tickborne Diseases\)](#)

WILKINSON FOOD PANTRY - Lee Church Congregational, 17 Mast Rd

The food pantry is open to any household in Lee, Durham, Madbury, Newmarket, and Nottingham. Delivery is through a walk-up window service to minimize contact during this time. The pantry is open the 1st & 3rd Monday of each month from **5:30pm - 7:00pm**. If you have an emergency need for food outside of the normal hours, please call the Church office at 659-2861 or email at leechurchucc@comcast.net. All visits to the pantry are strictly confidential.

READY RIDES

Ready Rides provides transportation at no charge for the elderly & disabled residents living in: **Barrington, Durham, Lee, Madury, Newfields, Newmarket, Northwood, Nottingham and Strafford** NH. Rides are provided by volunteer drivers using their own vehicles. **Accessible rides available.** To request information about registering as a rider or becoming a volunteer driver, please email info@readyrides.org or call (603) 244-8719. You can find an [Application](#) for riders and a [Volunteer Application](#) on this website. Email or mail it to Ready Rides P.O. Box 272 Northwood, NH 03261. For other transportation options available in the region, please visit ACT's [Community Transportation Directory](#).

WHEN SECONDS COUNT... Please take the time NOW to SAVE TIME in an EMERGENCY.



Can the Police, Fire, or Ambulance find your home when you need them for assistance with an emergency? Can they find it at night? Can they find it during a snowstorm?

Having your name and number on a mailbox is just not enough. The Lee Firemen's Association, in a joint effort with the Lee Fire Department, has a program to install reflective house number signs at driveway entrances to assist all emergency responders in locating your home in a time of need. The cost for each sign with a post is \$50.00 and it will be installed by the Lee Firemen's Association. [CLICK HERE for Reflective House Number Sign Request Form](#)

Lee Public Library

LIBRARY HOURS

Monday – Wednesday 11:00 am – 7:00 pm

Thursday & Friday 10:00 am – 5:00 pm

Saturday 9:00 am – 12:00 pm

FOR THE ADULTS

Community Art Show

Stop by the library to look at all of the amazing works of art produced by our very own Lee residents. These pieces will be displayed throughout August for our community to enjoy. If you would like to join in, stop by the library to pick up a canvas! Thank you all that have participated.

Knitters Meet Here

Wednesday, June 15th at 10:00am – Knitters: Meet on the 1ST AND 3RD Wednesday morning of the month. Bring along your knitting and enjoy some friendly company. All skill levels invited, and there is instruction!



Crafty Creations, Monthly Adult Crafting Group – Monday, June 27th 6:00 pm

Join us on the 4th **Monday of every month** (via zoom or in person) as we create wonderful decorations for your home or garden. Pick up your supply program kit from the library and tune in to zoom or come in to the library and create in person! Please call or email to sign up.



Wednesday June 29th, 6:00pm – 7:30pm - The Backyard Farming Initiative!

Join us every 4th Wednesday until August for Backyard Farming Fun! This month we will visit Lee resident, George Estes. George has been said to 'Plant seeds and Harvest Fellowship"! He is very proud of the committed group of keen gardeners and friends that work together to develop and grow a wonderful selection of flowers, including snapdragons and marigolds, and vegetables. Refreshments will be provided by the Friends of the Lee Public Library and the Lee Agricultural Society. Call or email Lee Public Library for further details, program location and to sign up! Thank you to all that came for Tom Lee's & Bambi Miller's events, they were so much fun!



Wednesday June 20, 5:00pm – 7:00pm - Open Adult Game Time

Do you love to play games? Want some adult company? If the answer is YES, join us for board games, card games, chess, or bring a game of your choosing! No sign up necessary, just come on over to the library and have some fun!

Adult Book Group- Meets on the 2nd Monday of the Month

June 13, 2022 6:00pm – *The Sympathizer* by Viet Thanh Nguyen. Stop by for your copy!



Saturday June 18th & June 25th, 9am – 1pm - 130 Year Library Celebrations! Stop on by the library for an information flyer! We're having a big bake sale, book sale, author visits, adult and children's crafts, On the Wing Owls Live Presentation, open mic time and much more! No sign up necessary, just come on over and have some fun with us! Adult day June 18th (kids also welcome!) Kids' day June 25th.

Monday June 20th - Adult Summer Reading Program: Stop by and sign up for our adult summer reading program! We'll be hosting weekly raffles, programs and events, movies and much more!

Wednesday June 22nd, 6:30pm: Join us for our first family movie night of summer 2022! This month we will watch 'Uncharted' (2022), with Tom Holland. This is a PG 13 rated movie, so please be advised to bring children who are approved to watch this title. Space is limited so please call or email the library to sign up!



Saturday July 9th, 9am – 1pm - First Aid Training – This is available to the public. Book your space now, they fill up fast! Visit our website to register www.leelibrarynh.org



FOR THE CHILDREN

Preschool Story-Times

Thursdays from 10:30am – 11:30am. Stop by for our traditional story time. We will read, sing, wiggle and craft.

Sensory/Station Story time

Fridays from 10:30am – 11:30am. This is our activity based program. We will listen to a story or two, get out our rhythm sticks/maracas/boomwhackers or scarves and then have fun with assorted stations including sensory, fine/gross motor, puzzles...

Afterschool Offerings – Tuesday & Thursday – Session 5 – May-June 17th

Call the library at 603-659-2626 for information on registering for our next 6-week sessions.

After School Story Time - Tuesdays from bus drop off (3:45) until 4:45.

After School Lego Club - Thursdays from bus drop off (3:45) until 4:45.



Monday June 20th – Kid's Summer Reading Program: Stop by and sign up for our summer reading program! We'll have prizes, programs and events, movies and much more! Our Calendar of events will be ready soon, so come on over in June and grab one! ***Our Summer Reading Programs runs from June 27th – August 6th!***

Tuesday June 28, 1:00pm – 2:00pm – Grab & Go/Stay & Create Summer Reading Kick Off: Join us as we create your summer reading bag! This fun craft can be enjoyed here at the library, or you can take it home. No sign up necessary, just come on over!

Wednesday June 29, 11:30am – 12:30pm – Sandwich and a Story: Bring your lunch along to Little River Park and sit with us for stories, songs and games with Miss Judy.

Wednesday June 29, 3:00pm – 4:30pm – Kids Summer Movie: Join us for an ocean themed movie. Popcorn and drinks provided, bring your own blanky or bean bag!

Thursday June 30, 10:30am – 11:30am – Music with Steve Blunt: Join us **at the Durham Library** to listen to the wonderful music of Steve Blunt! This is a show that your children will love, so come and sing and dance along with us. This is a joint program with Lee Durham & Madbury Libraries.

There are no children's programs, story times or after school clubs from June 20th – 25th... We are preparing for our Summer Reading Program!



Regional & State
News & Events

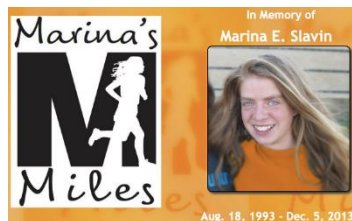
GOVERNOR & EXECUTIVE COUNCIL MEETING

Wednesday, June 1, 2022

[CLICK HERE](#) for the 6/1/2022 Minutes

Next Governor & Executive Council Meeting

Wednesday, June 16, 2022 10:00 am State House in Concord, NH



Durham, NH – Marina's Miles 5K Run/Walk will start at 9:00 am on Saturday, **June 18, 2022** at Oyster River High School in Durham. Registration is \$25 and includes a free t-shirt if your registration is received by May 22nd (\$30 on day-of-race). Registration forms are available at www.marinasmiles.org. Registrants will automatically be entered in the door prize raffle. A virtual option is available; visit www.marinasmiles.org/covid for Covid precautions.

Help remember an enthusiastically loving person and barefoot championship runner, Marina Slavin, who died in 2013 of a heart infection at the age of 20. Proceeds go to a college-bound student at Oyster River High School (Marina's alma mater).

Donations for the scholarship are accepted via Paypal at www.Marinasmiles.org/donate or a check made out to *Marina's Miles*, 10 Burnham Ave, Durham, NH 03824. We are a 501c3 charitable organization, so your donation is tax deductible as allowed by law.

A safe, fun, family-friendly, community event! Remember a treasured member of our community, support education for our youth, and have fun! Trueworthy and Associates is our major sponsor.



[CLICK HERE](#) for the Spring Lamprey River Wild & Scenic Newsletter

SCHOOL BOARD NEWS – JUNE 1, 2022

4th graders from Moharimet and Mast Way will tour Oyster River Middle School on June 10th to learn about the middle school experience and have lunch at ORMS. 8th graders who will enter ORHS next year will visit the High School on June 14th. Both visits will occur during the school day. Numerous other year-end recognition, celebration, concerts, and honors induction events happen within the last few weeks of school.

June 17th is the last day of school in Oyster River Schools for this year.

The ORMS Drama Club presents Shakespeare's *A Midsummer Night's Dream* in the ORMS concert hall this Saturday, June 4th at 7:00 pm and Sunday, June 5th at 1:00 pm.

The School Board recognized Student Representative Olivia Glass and thanked Olivia for her service on behalf of students. Olivia has continued a strong history of bringing student voice to the school board.

ORHS students Maeve Hickock, Delaney Nadeau, and Greg Caron presented the work of the ORHS Dress Code Committee. The Committee has worked to rewrite the ORHS Dress Code over the last year, with input from students, parents, staff, and other school districts.

The School Board approved the Superintendent's nomination of Rachael Blansett to be ORCSD's first DEI Coordinator. Ms. Blansett's role with the school district is expected to begin August 1st.

ORCSD practices following a positive COVID-19 Test are being updated based on CDC guidance. If a vaccinated person continues to test positive 5 days after initial diagnosis, they can test daily and return to school once a negative test is received and they have no COVID-19 symptoms. Previously, anybody who tested positive 5 days after initial diagnosis was asked to remain out of school for an additional 5 days. Individuals who return to school after a positive COVID-19 diagnosis are asked to wear masks until at least 10 days after initial diagnosis. School nurses continue to help families and staff navigate COVID-19 protocols.



WHAT IS THE PLANT A ROW PROGRAM?

During the pandemic and beyond, more Granite staters are facing food insecurity. Most significantly, access to fresh and healthy, local produce. Plant A Row is a neighbors-helping-neighbors initiative, organized through 4-H and UNH Cooperative Extension in Strafford and Rockingham County. The idea behind this effort is simple: Planting an extra row in your garden or an extra container and donating the produce from it to a participating food pantry or a neighbor in need will directly benefit local food pantries and their patrons to get access to fresh and local produce, and overall healthier choices. When people sign up to plant an extra row, they will be provided with a garden kit (fabric garden, row marker, sticker

and colorful tote bag), growing tips, activities, recipes, and other resources. Participation is open to all ages, and participants don't need to be 4-H members to sign up. Participation in this program is free.

More information about the program and how to register can be found here:

<https://extension.unh.edu/resource/plant-row-strafford-county-4-h>

<https://www.facebook.com/UNHExtSC>

[Register for **Plant A Row** today and be a Food Access Champion!](#)

[UNH Extension Strafford County Facebook](#)

[Strafford County 4-H Facebook](#)

[UNH Extension Food & Agriculture Strafford County Facebook](#)

BEWARE OF SMISHING CAMPAIGN

Please [CLICK HERE](#) for the New Hampshire Information & Analysis Center (NHIAC) bulletin regarding a COVID-19 themed smishing campaign being distributed to NH citizens. Smishing is the fraudulent practice of sending text messages purporting to be from a reputable company in order to induce individuals to reveal personal information. If you receive a text message like this one, please delete it immediately. If you click on the link, you will be redirected to a fraudulent website that collects personal information.

If you are a Lee Resident in need of assistance with a Veteran's issue the Lee Memorial VFW Post 10676 may be able to help.

This post serves the communities of Lee, Durham, Madbury and Newmarket and has Service Officers who can help folks with just about any Veteran's related issue. At the State level they have a seat on the SVAC (State Veterans Advisory Committee) and are linked with tens of other non-profit Veterans organizations that provide a host of services. Please contact **Scott Moreau**, Commander, VFW Post 10676, at vfwpost10676@yahoo.com for assistance.

The Seacoast Village Project (a nonprofit)

Helping seniors age in their homes and community!

Educational Programs, Social Activities, Home Services, Resources, Friendships

Membership Information

<https://www.seacoastvillageproject.org/>

(603)-373-8429

ATTENTION!

To receive the E-CRIER via email every week go to www.leenh.org, click on the **Subscribe** button under the Town Resource Center section & follow the directions to subscribe.

If you do not have the internet please come to the Town Offices for a **printed copy** or go to the Library to view it there. If you cannot leave your home please call the Assistant Town Administrator Denise Duval at 659-5414 x301 to have it mailed!